

Youth Voice/Engagement and Hope Questions on the Healthy Youth Survey

Number of question as listed in the “Frequency Reports” for the 2018 HYS results:

<https://www.askhys.net/Reports>

*** “grades 8-12” means that those questions were only asked to students in those grades. If no grade is indicated, that means that the questions were asked to all students who took the survey.

People who can help at school:

- #162 There are people in this school who will help me if I need it? (grades 8-12)

Looking forward to the future:

- #165 I look forward to the future (rate on a scale from 0 to 10) (grades 8-12)
- #166 Do you have goals and plans for the future? (only asked to 6th grade)

Children’s Hope Scale (*see information at the end of this document for more information on the scale*):

- #167 Children’s Hope Scale (Computed from questions 168 to 171) (grades 8-12)
- #168 I can think of many ways to get the things in life that are most important to me. (grades 8-12)
- #169 I am doing just as well as other kids my age. (grades 8-12)
- #170 When I have a problem, I can come up with lots of ways to solve it. (grade 8-12)
- #171 I think the things I have done in the past will help me in the future. (grade 8-12)

Engagement in the community, with neighbors and parents:

Community/Neighbors:

- #183 There are adults in my neighborhood or community I could talk to about something important? (grades 8-12)
- #184-186 Which of the following activities for people your age are available in your community?
 - Sports teams and recreation
 - Scouts, Camp Fire, 4-H Clubs, or other service clubs
 - Boys and Girls Club, YWCA, or other activity clubs (grades 8-12)
- #187 My neighbors notice when I am doing a good job and let me know (only asked to 6th grade)
- #188 There are people in my neighborhood who encourage me to do my best. (only asked to 6th grade)
- #189 There are people in my neighborhood or community who are proud of me when I do something well. (only asked to 6th grade)

Parents:

- #198 If I had a personal problem, I could ask my mom or dad for help.
- #199 My parents give me lots of chances to do fun things with them.
- #200 My parents ask me what I think before most family decisions affecting me are made.

- #201 My parents notice when I am doing a good job and let me know about it. (only asked to 6th grade)
- #202 How often do your parents tell you they're proud of you for something you've done? (only asked to 6th grade)
- #203 Do you enjoy spending time with your mom? (only asked to 6th grade)
- #204 Do you enjoy spending time with your dad? (only asked to 6th grade)

Family Management

- #190 My parents ask if I've gotten my homework done. (grades 8-12)
- #191 Would your parents know if you did not come home on time? (grades 8-12)
- #192 When I am not at home, one of my parents knows where I am and who I am with. (grades 8-12)
- #193 The rules in my family are clear. (grades 8-12)
- #194 My family has clear rules about alcohol and drug use. (grades 8-12)
- #195 If you drank some beer, wine, or liquor (for example vodka, whiskey, or gin) without your parent's permission, would you be caught by them? (grades 8-12)
- #196 If you carried a handgun without your parent's permission, would you be caught by them? (grades 8-12)
- #197 If you skipped school, would you be caught by your parents? (grades 8-12)

School Domain:

- #208 Putting them all together, what were your grades like last year?
- #209 Are your school grades better than the grades of most students in your class?
- #210 How often do you feel the schoolwork you are assigned is meaningful and important?
- #211 How interesting are most of your courses to you?
- #212 How important do you think the things you are learning in school are going to be for you later in life?

Think back over the past year in school. How often did you:

- #213 Enjoy being in school?
- #214 Hate being in school?
- #215 Try to do your best work in school?

- #216 During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or "cut"?

Opportunities for Prosocial Involvement at school:

- #217 In my school, students have lots of chances to help decide things like class activities and rules (grades 8-12)
- #218 There are lots of chances for students in my school to talk with a teacher one-on-one. (grades 8-12)

- #219 Teachers ask me to work on special classroom projects. (grades 8-12)
- #220 There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class. (grades 8-12)
- #221 I have lots of chances to be part of class discussions or activities. (grades 8-12)
- #222 My teacher (s) notices when I am doing a good job and lets me know about it.
- #223 The school lets my parents know when I have done something well.
- #224 I feel safe at my school.
- #225 My teachers praise me when I work hard in school.

Facts Sheets found here; <https://www.askhys.net/FactSheets>

**** Fact Sheets are not created for all topic areas*

Community Protective Factors:

- Sports and service opportunities in the community
- Adult to talk to

School Risk Factors:

- Grades
- School work not meaningful
- Learning not important for future
- Cut school in the past

School Protective Factors:

- Can make class decisions
- Can talk to teacher
- Can be in a class discussion
- Teachers tell me when I am doing good work
- Teachers praise me for hard work

Family Protective Influences:

- Can discuss problems with parents
- Chances for fun with parents
- Involved in family decisions
- Parents talk about different substances
- Parents feelings about various substances

Explanation of the Children's Hope Scale

The Children's Hope Scale, published in 1997 by Rick Snyder can be used to help measure hope in individuals age 8 to 16. Research has linked hope with overall physical, psychological, and social well-being. Children who can identify a means to carry out goals (pathways) and the ability to initiate and sustain action towards goals (agency) are considered more hopeful.

The full Children's Hope Scale has six questions on it. Three that measure pathways and three that measure agency. In the 2018 Healthy Youth Survey (HYS), only four questions from the survey were asked due to spacing. Consulting with researchers it was determined that the scale is still valid with just asking four of the questions instead of all six. The results for the Children's Hope Scale on the 2018 Healthy Youth Survey can be interpreted as follows.

Interpretation of Scores

The Children's Hope Scale uses a six-point response scale with "none of the time" equating to the lowest value of one, and "all of the time" equating to the highest value of six. Adding the response values for pathway questions will provide a pathway score ranging from 2-12; higher scores reflect higher pathways thinking. Adding the response values for agency questions will provide an agency score ranging from 2-12; higher scores reflect higher agency thinking. Adding pathway and agency scores will provide an overall hope score (i.e., level of hope). Scores of 4-8 indicate no to very low hope, 9-12 indicate slightly hopeful, 13-16 indicate moderately hopeful, and 17-24 indicates highly hopeful.

Pathway questions on HYS:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

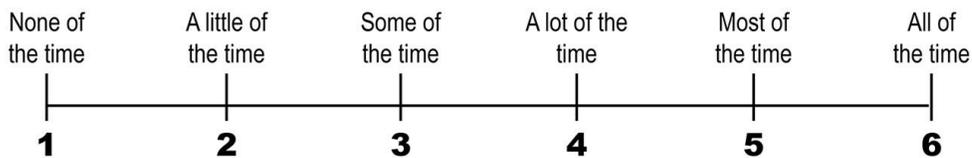
Agency questions on HYS:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

THE CHILDREN'S HOPE SCALE

Directions: Read each sentence carefully. For each sentence, please think about how you are in most situations. Using the scale shown below, please select the number that best describes YOU and put that number in the blank provided. There are no right or wrong answers.



- _____ 1. I think I am doing pretty well.
- _____ 2. I can think of many ways to get the things in life that are most important to me.
- _____ 3. I am doing just as well as other kids my age.
- _____ 4. When I have a problem, I can come up with lots of ways to solve it.
- _____ 5. I think the things that I have done in the past will help me in the future.
- _____ 6. Even when others want to quit, I know that I can find ways to solve the problem.

Notes: The **Agency** subscale score is the sum of items 1, 3 & 5; the **Pathways** subscale score is the sum of items 2, 4 & 6. **Hope** is the sum of the three **Pathways** and three **Agency** items. Scores can range from a low of 6 to a high of 36.

Agency Score _____ (Add items 1,3 and 5)

Pathways Score _____ (Add items 2,4, and 6)

Total Hope Score _____ (Agency Score + Pathways Score)