

Substance Use Questions on the Healthy Youth Survey

Number of question as listed in the “Frequency Reports” for the 2018 HYS results:

<https://www.askhys.net/Reports>

*** “grades 8-12” means that those questions were only asked to students in those grades. If no grade is indicated, that means that the questions were asked to all students who took the survey.

30 Day Use:

- During the past 30 days, on how many days did you:
 - #32 Smoke Cigarettes?
 - #33 use chewing tobacco, snuff, or dip?
 - #34 Smoke cigars, cigarillos, or little cigars? (grades 8-12)
 - #35 Use and electronic cigarette, also called e-cigs, or vape pens?
 - #36 Smoke tobacco or flavored tobacco in a hookah, even just a puff? (grades 8-12)
 - #37 Smoke tobacco in a pipe? (grades 8-12)
 - #38 Drink a glass, can or bottle of alcohol (beer, wine, wine coolers, hard liquor)?
 - #39 Use marijuana or hashish (weed, hash, pot)?
 - #40 Not counting alcohol, tobacco, or marijuana, use another illegal drug?
 - #41 Use any illegal drug, including marijuana?
 - #42 use a pain killer TO GET HIGH, like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)? (grades 8-12)
 - #43 Use prescription drugs not prescribed to you? (grades 8-12)
 - #44 During the past 30 days, which of the following have you used for non-medical reasons? Select all that apply. (grades 8-12)
 - a) I did not take any of these for non-medical reasons
 - b) I used a stimulant, like Adderall or Ritalin
 - c) I used a painkiller, like Vicodin, OxyContin, or Percocet
 - d) I used a tranquilizer, like Valium or Xanax
 - e) I used another kind of prescription drug
 - f) I used an over-the-counter drug, like cough syrup or cold medicine

Frequency of substance use:

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- # 60 Think back over the last 2 weeks. How many times have you had five or more drinks in a row? (A drink is a glass of wine, a bottle of beer, a shot glass of liquor, or a mixed drink.)

Types of substances:

- Other Tobacco-Related Questions: #45-59 (various grades depending on the question)
- Other Alcohol- Related Questions: #60-69 (various grades depending on the question)
- Other Marijuana- Related Questions: #70- 75 (various grades depending on the question)
- Other Alcohol-and Drug-Related Questions: #76-78 (various grades depending on the question)

Access to trusted adult:

- #149 When you feel sad or hopeless, are there adults that you can turn to for help?
- #150 If you feel sad or hopeless almost every day for two weeks or more in a row, to whom would you most likely turn for help? (check all that apply) ; sibling, teacher, friend, parent/guardian, adult friend (grades 8-12)
- #160 Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs? (grades 8-12)
- #161 In the last year, did you have any contact with a school counselor? (grades 8-12)
- #162 There are people in this school who will help me if I need it? (grades 8-12)
- #183 There are adults in my neighborhood or community I could talk to about something important. (grades 8-12)
- #187 My neighbors notice when I am doing a good job and let me know. (only asked to 6th grade)
- #188 There are people in my neighborhood who encourage me to do my best. (only asked to 6th grade)
- #189 There are people in my neighborhood or community who are proud of me when I do something well. (only asked to 6th grade)
- #198 If I had a personal problem, I could ask my mom or dad for help.
- #201 My parents notice when I am doing a good job and let me know about it. (only asked to 6th grade)
- #202 How often do your parents tell you they're proud of you for something you've done? (only asked to 6th grade)
- #203 Do you enjoy spending time with your mom? (only asked to 6th grade)
- #204 Do you enjoy spending time with your dad? (only asked to 6th grade)

E-Cigarette/Vaping Use:

- #56 How old were you the first time you used an electronic cigarette, also called e-cigs or vape pens? (grades 8-12)
- #57 During the past 30 days, what type of substances did you use in an electronic cigarette, also called e-cigs, or vape pens? (grades 8-12)
- #58 During the past 30 days, how did you usually get your own electronic vapor products? (grades 8-12)
- #59 How much do you think people risk harming themselves if they use electronic cigarettes, also called e-cigs or vape pens regularly (almost daily)? (grades 8-12)

Student perception of harm for substances:

- How much do you think people risk harming themselves if they:
 - #226 Smoke one or more packs of cigarettes per day?
 - #227 Try marijuana once or twice
 - #228 Use marijuana regularly (at least once or twice a week)?
 - #229 Take one or two drinks of an alcoholic beverage (wine, beer, a shot, liquor) nearly every day?

- How wrong do YOU think it is for someone your age to:
 - #234 Drink beer, wine, or hard liquor (for example vodka, whiskey, or gin) regularly?
 - #235 Smoke cigarettes?
 - #236 Use marijuana?
 - #237 Use LSD, cocaine, amphetamines, or another illegal drug?

Facts Sheets found here; <https://www.askhys.net/FactSheets>

30 Day Use:

- Current Substance Use

Substance Use Fact Sheets:

- Alcohol Use
- Marijuana Use
- Prescription Medication Use
- Current Substance Use
- Alcohol Use
- Tobacco Use
- Tobacco & Vapor Product Use
- Marijuana Use
- Polysubstance Use

E-Cigarette/Vaping Use:

- Tobacco & Vapor Product Use

Student perception of harm for substances:

- Peer-Individual Risk Factors

Access to trusted adult:

- Family Protective Influences
- Depression & Suicide
- Depressive Feelings, Anxiety & Suicide