

High School and Beyond Planning Questions on the Healthy Youth Survey

Number of question as listed in the “Frequency Reports” for the 2018 HYS results:

<https://www.askhys.net/Reports>

*** “grades 8-12” means that those questions were only asked to students in those grades. If no grade is indicated, that means that the questions were asked to all students who took the survey.

Current support at school:

- # 160 Does your school provide a counselor, intervention specialist, or other school staff member for students to discuss problems with alcohol, tobacco, or other drugs? (grades 8-12)
- #161 In the last year, did you have any contact with a school counselor? (grades 8-12)
- #162 There are people in this school who will help me if I need it? (grades 8-12)

Looking forward to the future:

- #165 I look forward to the future (rate on a scale from 0 to 10) (grades 8-12)
- #166 Do you have goals and plans for the future? (only asked to 6th grade)

Children’s Hope Scale (*see information at the end of this document for more information on the scale*):

- #167 Children’s Hope Scale (Computed from questions 168 to 171) (grades 8-12)
- #168 I can think of many ways to get the things in life that are most important to me. (grades 8-12)
- #169 I am doing just as well as other kids my age. (grades 8-12)
- #170 When I have a problem, I can come up with lots of ways to solve it. (grade 8-12)
- #171 I think the things I have done in the past will help me in the future. (grade 8-12)

School Domain:

- #208 Putting them all together, what were your grades like last year?
- #209 Are your school grades better than the grades of most students in your class?
- #210 How often do you feel the schoolwork you are assigned is meaningful and important?
- #211 How interesting are most of your courses to you?
- #212 How important do you think the things you are learning in school are going to be for you later in life?

Think back over the past year in school. How often did you:

- #213 Enjoy being in school?
- #214 Hate being in school?
- #215 Try to do your best work in school?

- #216 During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?

Opportunities to be involved in school (prosocial involvement):

- #217 In my school, students have lots of chances to help decide things like class activities and rules. (grades 8-12)
- #218 There are lots of chances for students in my school to talk with a teacher one-on-one.
- #219 Teachers ask me to work on special classroom projects. (grades 8-12)
- #220 There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class. (grades 8-12)
- #221 I have lots of chances to be part of class discussions or activities. (grades 8-12)

Rewards for Prosocial Involvement:

- #222 My teacher(s) notices when I am doing a good job and lets me know about it.
- #223 The school lets my parents know when I have done something well.
- #225 I feel safe at my school.
- #226 My teachers praise me when I work hard in school.

Facts Sheets found here; <https://www.askhys.net/FactSheets>

**** Fact Sheets are not created for all topic areas*

School Risk Factors:

- Grades
- School work not meaningful
- Learning not important for future
- Cut school in the past

School Protective Factors:

- Help with class decisions
- Interactions with teachers
- Participation in class discussions
- Availability of school activities

Explanation of the Children's Hope Scale

The Children's Hope Scale, published in 1997 by Rick Snyder can be used to help measure hope in individuals age 8 to 16. Research has linked hope with overall physical, psychological, and social well-being. Children who can identify a means to carry out goals (pathways) and the ability to initiate and sustain action towards goals (agency) are considered more hopeful.

The full Children's Hope Scale has six questions on it. Three that measure pathways and three that measure agency. In the 2018 Healthy Youth Survey (HYS), only four questions from the survey were asked due to spacing. Consulting with researchers it was determined that the scale is still valid with just asking four of the questions instead of all six. The results for the Children's Hope Scale on the 2018 Healthy Youth Survey can be interpreted as follows.

Interpretation of Scores

The Children's Hope Scale uses a six-point response scale with "none of the time" equating to the lowest value of one, and "all of the time" equating to the highest value of six. Adding the response values for pathway questions will provide a pathway score ranging from 2-12; higher scores reflect higher pathways thinking. Adding the response values for agency questions will provide an agency score ranging from 2-12; higher scores reflect higher agency thinking. Adding pathway and agency scores will provide an overall hope score (i.e., level of hope). Scores of 4-8 indicate no to very low hope, 9-12 indicate slightly hopeful, 13-16 indicate moderately hopeful, and 17-24 indicates highly hopeful.

Pathway questions on HYS:

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child's belief in their capacity to find multiple ways to reach their goals.

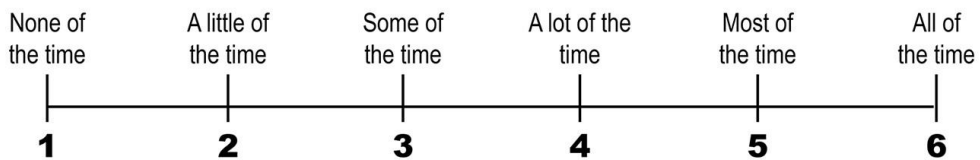
Agency questions on HYS:

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child's self-efficacy and motivation to use multiple ways to reach their goal.

THE CHILDREN'S HOPE SCALE

Directions: Read each sentence carefully. For each sentence, please think about how you are in most situations. Using the scale shown below, please select the number that best describes YOU and put that number in the blank provided. There are no right or wrong answers.



- ___ 1. I think I am doing pretty well.
- ___ 2. I can think of many ways to get the things in life that are most important to me.
- ___ 3. I am doing just as well as other kids my age.
- ___ 4. When I have a problem, I can come up with lots of ways to solve it.
- ___ 5. I think the things that I have done in the past will help me in the future.
- ___ 6. Even when others want to quit, I know that I can find ways to solve the problem.

Notes: The **Agency** subscale score is the sum of items 1, 3 & 5; the **Pathways** subscale score is the sum of items 2, 4 & 6. **Hope** is the sum of the three **Pathways** and three **Agency** items. Scores can range from a low of 6 to a high of 36.

Agency Score ___ (Add items 1,3 and 5)

Pathways Score ___ (Add items 2,4, and 6)

Total Hope Score ___ (Agency Score + Pathways Score)