Career and College Readiness and Early Warning Signs Questions on the Healthy Youth Survey

Number of question as listed in the “Frequency Reports” for the 2018 HYS results:
https://www.askhys.net/Reports

*** “grades 8-12” means that those questions were only asked to students in those grades. If no grade is indicated, that means that the questions were asked to all students who took the survey.

Looking forward to the future:

- #165 I look forward to the future (rate on a scale from 0 to 10) (grades 8-12)
- #166 Do you have goals and plans for the future? (only asked to 6th grade)

Children’s Hope Scale (see information at the end of this document for more information on the scale):

- #167 Children’s Hope Scale (Computed from questions 168 to 171) (grades 8-12)
- #168 I can think of many ways to get the things in life that are most important to me. (grades 8-12)
- #169 I am doing just as well as other kids my age. (grades 8-12)
- #170 When I have a problem, I can come up with lots of ways to solve it. (grade 8-12)
- #171 I think the things I have done in the past will help me in the future. (grade 8-12)

School Domain:

- #208 Putting them all together, what were your grades like last year?
- #209 Are your school grades better than the grades of most students in your class?
- #210 How often do you feel the schoolwork you are assigned is meaningful and important?
- #211 How interesting are most of your courses to you?
- #212 How important do you think the things you are learning in school are going to be for you later in life?

Think back over the past year in school. How often did you:

- #213 Enjoy being in school?
- #214 Hate being in school?
- #215 Try to do your best work in school?

- #216 During the LAST 4 WEEKS, how many whole days of school have you missed because you skipped or “cut”?
Facts Sheets found here; https://www.askhys.net/FactSheets

*** Fact Sheets are not created for all topic areas

School Risk Factors:
- Grades
- School work not meaningful
- Learning not important for future
- Cut school in the past
**Explanation of the Children’s Hope Scale**

The Children’s Hope Scale, published in 1997 by Rick Snyder can be used to help measure hope in individuals age 8 to 16. Research has linked hope with overall physical, psychological, and social well-being. Children who can identify a means to carry out goals (pathways) and the ability to initiate and sustain action towards goals (agency) are considered more hopeful.

The full Children’s Hope Scale has six questions on it. Three that measure pathways and three that measure agency. In the 2018 Healthy Youth Survey (HYS), only four questions from the survey were asked due to spacing. Consulting with researchers it was determined that the scale is still valid with just asking four of the questions instead of all six. The results for the Children’s Hope Scale on the 2018 Healthy Youth Survey can be interpreted as follows.

**Interpretation of Scores**

The Children’s Hope Scale uses a six-point response scale with “none of the time” equating to the lowest value of one, and “all of the time” equating to the highest value of six. Adding the response values for pathway questions will provide a pathway score ranging from 2-12; higher scores reflect higher pathways thinking. Adding the response values for agency questions will provide an agency score ranging from 2-12; higher scores reflect higher agency thinking. Adding pathway and agency scores will provide an overall hope score (i.e., level of hope). Scores of 4-8 indicate no to very low hope, 9-12 indicate slightly hopeful, 13-16 indicate moderately hopeful, and 17-24 indicates highly hopeful.

**Pathway questions on HYS:**

- I can think of many ways to get the things in life that are most important to me.
- When I have a problem, I can come up with lots of ways to solve it.

Pathways thinking is a child’s belief in their capacity to find multiple ways to reach their goals.

**Agency questions on HYS:**

- I am doing just as well as other kids my age.
- I think the things I have done in the past will help me in the future.

Agency thinking is a child’s self-efficacy and motivation to use multiple ways to reach their goal.
THE CHILDREN’S HOPE SCALE

Directions: Read each sentence carefully. For each sentence, please think about how you are in most situations. Using the scale shown below, please select the number that best describes YOU and put that number in the blank provided. There are no right or wrong answers.

![Scale Diagram]

___ 1. I think I am doing pretty well.
___ 2. I can think of many ways to get the things in life that are most important to me.
___ 3. I am doing just as well as other kids my age.
___ 4. When I have a problem, I can come up with lots of ways to solve it.
___ 5. I think the things that I have done in the past will help me in the future.
___ 6. Even when others want to quit, I know that I can find ways to solve the problem.

Notes: The Agency subscale score is the sum of items 1, 3 & 5; the Pathways subscale score is the sum of items 2, 4 & 6. Hope is the sum of the three Pathways and three Agency items. Scores can range from a low of 6 to a high of 36.

Agency Score   ___ (Add items 1,3 and 5)

Pathways Score ___ (Add items 2,4, and 6)

Total Hope Score ___ (Agency Score + Pathways Score)