



# Sexual Health Education Instructional Materials Review

## Curriculum Title: Commit to Kids

Year Published: 2015

Publisher: Canadian Centre for Child Protection

Website: [commit2kids.ca](http://commit2kids.ca)

Full or Supplemental: Supplemental

Grade Level: K-12

Student Population: Intended for adults who work with K-12 students; companion to Kids in the Know curriculum

Duration/Number of Lessons: Flexible online training, single or multiple sessions

Format and Features: Online training, toolkit and resources for organizations

Evidence-based/informed: Not evident

National Standards Alignment: N/A

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes

### Primary Topical Areas (Check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Abortion                         | <input type="checkbox"/> Identity/Orientation           |
| <input type="checkbox"/> Abstinence                       | <input type="checkbox"/> Online Safety                  |
| <input type="checkbox"/> Access to Services               | <input type="checkbox"/> Pregnancy & Reproduction       |
| <input type="checkbox"/> Anatomy and Physiology           | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making    | <input type="checkbox"/> Refusal Skills                 |
| <input type="checkbox"/> Condom Use                       | <input type="checkbox"/> STD Prevention                 |
| <input checked="" type="checkbox"/> Consent               | <input type="checkbox"/> Other                          |
| <input type="checkbox"/> Contraception                    |   |
| <input checked="" type="checkbox"/> Healthy relationships |   |
| <input type="checkbox"/> HIV Prevention                   |   |

## **Reviewer Comments:**

### Reviewer 201

Commit to Kids is not designed for use in the classroom. It is not a curriculum for teaching K-12 students.

It is a program to teach adults who work with children. Helping organizations prevent child sexual abuse.

Topics for adults include grooming, disclosure, impact of child sexual abuse, code of conduct and reporting.

### Reviewer 108

this is based on Canadian child protection laws which would be confusing.

### Reviewer 210

This is a supplemental facilitator/teacher's training and is meant to be used in conjunction with the Kids in The Know curriculum. It is useful overall, but not as a stand-alone. It is also a Canadian curriculum, so there are many laws referenced that are not relevant to WA educators/youth workers.

### Reviewer 104

This was put out by Canadian Centre for Child Protection. I felt that Kids in the Know also produced by them was a much better product all the way around. This one wasn't nearly as engaging or appropriate for the age/gender/nationality. There was a quote about Lucy Berliner and Jon Conte from a long time ago. Also, one from another researcher from a number of years ago.