**HEALTH LESSON PLAN** Educator: Unit: Grade:

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| **Standard(s)**Circle all that apply1. Concepts/ knowledge
2. Analyze influence
3. Access Valid Information
4. Interpersonal communication
5. Decision-making
6. Goal-Setting
7. Practice behaviors
8. Advocate for others
 | **Lesson Title:** |
| **Grade Level Outcomes: W**ellness, **Sa**fety, **N**utrition, **Se**xual health, **So**cial-emotional, **Su**bstance use/abuse (core ideas) |
| **CCSS:** |
| **Other subject standards/ outcomes** **(PE, Science)** |  |
| **Success Criteria** |  |
| **Essential Question** |  |

**LESSON INSTRUCTIONAL STRATEGIES**

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| **Lesson Introduction:**  |
| **(circle all that apply): Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity**  |
| **Content Focus:** |
| **(circle all that apply): Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity**  |
| **Closure:** |
| **(circle all that apply): Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity**  |

**LESSON SUPPORT**

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| **Equipment / Set-Up** |  |
|  **Safety Considerations** |  |
| **Assessment:**(circle below)* **Formative**
* **Summative**
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| **Differentiating Instruction** |  |
| **Student Vocabulary** |  |
| **Helpful Hints?** |  |
| **Resources** |  |
| **Reflection** |  |