

## MENTAL HEALTH EXCUSED ABSENCE?

## WHAT IS THE PURPOSE?

Mental health excused absences allow students to prioritize their mental well-being. Students can take an excused absence to address their mental health needs.

## WHAT DOES EXCUSED MEAN?

An excused absence means the school or school district recognizes the absence as legitimate and the absence will not affect a student's truancy record.

WHY ARE MENTAL HEALTH EXCUSED ABSENCES IMPORTANT?

Mental health excused absences allow students to rest, recover, and prioritize healthy habits.





