





Meet your Farmer

CAIRNSPRING MILLS



In 2016 a group of Skagit Valley farmers, economic development leaders and bakers started Cairnspring Mills. Cairnspring Mills provides freshly stone-ground flours from identity-preserved grains that are grown, harvested and milled locally for superior flavors, nutrition profiles and baking properties. By building trusted relationships and championing sustainable business practices that add value to the land, the food and the people, Cairnspring Mills creates a new model for regional food economies.















This institution is an equal opportunity provider.