

SEL Advisory Committee

Meeting Notes

9:00 AM – 12:00 PM
 August 22, 2023
[Via Zoom](#)

Attendee List

Members

- Farheen Al-Mishari
- Laura Allen
- Tammy Bolen
- Carola Brenes
- Xyzlora Brownell
- Sarah Butcher
- Laurie Dils
- Danielle Eidenberg
- Mary Fertakis
- Laree Foster
- Brian Freeman
- Danielle Harvey
- Mona Johnson
- Josh Lane
- Lauren Macdonald
- Susan Mosby

- Caryn Park
- Monika Schuller
- Terique Scott
- Leiani Sherwin
- Maria Siguenza
- Rayann Silva
- Michelle Sorenson
- Debbie Tully
- Maddy Vonhoff

- Tessa McIlraith
- Liz Pray

OSPI Staff attending

- Leonard Alvarez – OSPI
- Mona Halcomb – OSPI
- Kylie Massey – OSPI
- Debra Parker – OSPI
- Heather Rhees – OSPI
- Emme Williamson – OSPI

Alternates

- Kristi Greenaway
- Cirignano (Alt)
- Andrew Estep –
- WSPTA
- Suzie Henning
- Jennifer Karls

Guests attending

- Lauren Mendez (WSCA)
- Jisu Ryu – PESB

Facilitator

- Nick Yoder – AIR

Reflect and Re-Anchor Our Collective Work

Tammy Bolen

[SELAC In-Person Meeting Poll](#)

[SEL Advisory Webpage](#)

[2023 SELAC Legislative Report](#)

- Mona Johnson introduction (AESD): grateful to be back.
- Andrew Estep (WSPTA) introduction: filling in, looking for someone who can come and be a regular SELAC member.
- Farheen Ali-Mishari introduction: new member, learned of SELAC through district members in Snoqualmie Public Schools.
- Meeting Poll: SELAC In-Person Meetings for all members
 - Preliminary results: 76.5% yes, 23.5% unsure
 - Will send out report to all members and discuss more next meeting

- Review the purpose of SELAC
- OSPI (and PESB) Happenings Across Divisions (not comprehensive)
 - Updating the Standards: Charge by Supt. Reykdal to ensure that SEL is embedded in the updating of the standards (guidance, example lessons, verbiage around the standards). ELA, Science, and Math standards (2023 update)
 - Adding SEL Guidance across many divisions: comprehensive counselor plans – SEL requirement, Title programs encouraging SEL in plans, Open Education Resources – projects across content areas, ONE Tribal Consultation including SEL, Early Learning updating SEL Pathways document, Behavioral Health & Suicide Prevention, PE & Health
 - Integrating SEL into Programs: academic integration project, Bridge to College Math, Outdoor Education, Healthy Youth Survey
 - Professional Development: SEL online module moving to Canvas, Project AWARE, GATE webinars
 - Communications: working on SEL promotional videos
 - Teams working to integrate SEL: Braiding Team Essential Practice Project, Mental and Behavioral Health Collaboration Team
 - SEL Team will offer: monthly coaching/office hours and professional development, CASEL Exchange conference presentations, SEL website updates, SEL online module moved to Canvas and updated, continued work with Office of Native Education, SEL Week activities (and Governor’s Proclamation), district and school staff testimony collection
- SEL Recommendations Summary:
 - Building Statewide Infrastructure for Equitable SEL
 - Increasing Cross-community and Cross-agency alignment in SEL efforts
 - Building adult SEL capacity
 - Developing partnerships with families and communities to create safe and supportive learning environments

SEL Advisory Committee Priority Areas

Sarah Butcher, Caryn Park, Xyzlora Brownell, Tammy Bolen & Nick Yoder

Three Priority Areas Jamboard

- Assessment (Caryn): In the breakout rooms we will discuss any member ideas, bring back or emphasize from our subcommittee work/assessment. There is a separate group for implementation evaluation.
- Implementation (Tammy): looking at adult SEL implementation
- Family/Community Engagement (Sarah & Xyzlora): Reflecting on the report

- Conversations in breakout rooms, notes collected on the Jamboard
- Key takeaways (page 4 on the Jamboard):
 - Farheen: first time here at SELAC, given a lot of hope. Focused on funding and timeline of any of these plans so they can come to fruition.
 - Terique: in the Implementation group, spoke of teacher (and administrator) burnout and turnover since the pandemic; how SEL adult capacity can affect students' learning as well.
 - Tammy: in all three breakout rooms, there was a concern expressed around how to evaluate SEL implementation. The difficulty is how to evaluate such different methods of SEL implementation when some districts are using SEL programs, and some are embedding it into content areas. Appreciated Mona Johnson's comment on embedding SEL on the OSPI level in school improvement; looking at the federal requirements for school improvement with SEL. Mona Halcomb spoke on the consultation process and how to share SEL in that work.

SEL Exchange Recap

Debra Parker & Tammy Bolen

[Meeting Reflections Jamboard](#)

[AIR Brief \(Instructional Practices that Integrate Equity-Centered Social, Emotional, and academic Learning\)](#)

- June 27, 2023 we held our SEL Network Exchange event at Highline College. Close to 100 educational professionals and community members attended.
- Key topics discussed at SEL Network Exchange:
 - Current SEL practices (panel discussion): school nurse, classroom teacher, and SEL facilitator. Richland School District talked about building community; formed a committee, looking at MTSS, identifying goals/priorities. Classroom teacher: looked at anchor texts.
 - Leiani Sherwin: Attending the event gave me a lot of hope. There are districts and a lot of folks out there working on this.
 - Indigenous Social Emotional Developmental Perspectives & Education Practice: Arlie Neskahi presented on intergenerational traumas past/present, culturally sustaining practices that families and communities and culture can bring to social emotional development.
 - Leiani Sherwin: Really enjoyed this. Hope that what Arlie spoke about can be a resource for districts. Could we create a recording?

- Lauren Macdonald: Agreed with Leiani. Second time hearing Arlie present. Really think building/district could benefit from hearing this. Would love a recording/resource.
- Tammy Bolen: We have asked for Indigenous Indicators. Districts have gone back to look at their practices (standards and benchmarks). We will circle back to those teams to see how that is progressing. Something that came out of the 6/27 discussion was how to embed CCDI Standards.
- Academic Learning is Social & Emotional: Resources to Support Washington Educators in Integrating Equity-Centered Social, Emotional, and Academic Learning: We will cover this more in-depth next month. Ken Turner led an interactive portion where we got to get up and practice an SEL activity. There is a release of some new training; the materials will be ready for us soon.
 - Laurie Dils: So excited about the package of tools, a team from OPSI and AIR, put together. We are shifting to a new platform for OSPI with some of our professional development materials. We will let you know when they are available. Helping educators understand how closely SEL is aligned with already established standards.
- SEL Peer Exchange: work in the Professional Learning Network highlighted importance of being able to share and learn from their peers. There were 7 topic areas around the room (including SELAC sharing around the legislative report; Arlie Neskahi and Sarah Pierce on Indigenous Practices, Leiani and Debra on adult capacity, SEL curriculum, Mental Health and Suicide Prevention, School and District Climate, etc.)
- State-Wide Collaboration: Culturally Responsive SEL for Educators: Jisu Ryu, Leiani Sherwin, and Debbie Tully looked at responding to SEL in the classroom, moving beyond curriculum, how we prepare and support the educators. Connecting this to the burnout/turn over that Terique mentioned earlier.
 - Leiani: shared a vision of working with higher education, K–12, and the community to incorporate SEL. We shared how higher education is working to prepare teachers and how those teachers are then going into districts. SEL as a lens, more than the curriculum, that teachers use as they go through their whole day.
- SELAC Advisory Reflections/Next Steps from SEL Network Exchange (Tammy Bolen) had some recurring themes:
 - Gathering stories of SEL is important and that they reach families

- Not everyone is using Washington SEL standards
- Seeing pockets of district changing systems (training bus drivers, embedding it in MTSS, policies and procedures)
- Heard a lot about SEL happening in elementary but we didn't hear as much about it happening in high school
 - Lots of requests asking how we can help support high school in SEL. What does embedding SEL in high school look like?
- Lots of struggles around SEL "buy in" and a focus on capacity.
- Family Engagement and co-creation is crucial to holding schools accountable
 - Sarah Butcher: there's a lot of work happening in schools which is exciting and overwhelming (system change). Partnering/co-creating helps hold everyone accountable. Shared understanding and definition of success is needed.
 - Lauren Macdonald: when we talk about teacher capacity and self-efficacy: SEL is embedded in every part of the school day, no matter where you're at. Educators seemed excited about the resources shared.
- Answers to these questions captured on the Meeting Reflection Jamboard:
 - How can this information inform our work?
 - Does this bring to mind any needed legislative recommendations? (Policy changes, creation, or removing of policies)

Announcements

Tammy Bolen

[SELAC webpage](#)

[Subscribe to the SEL Newsletter](#)

- SELAC openings have been announced in the SEL newsletter; vacancies are also posted on the SELAC webpage. Anyone can participate in sub-committee work.
- SEL Network Exchange Data Review on 8/24/23, 9:00-11:00am
- Upcoming meeting with Representative Thai on 8/30. We will share our SEL Legislative report recommendations.
- Sub-committee Capacity: SEL Assessment, Evaluation/Implementation, and Family and Community Engagement.
 - Sarah Butcher: we discussed the new family engagement center in the breakout groups.
- Is there appetite to provide time during the SELAC meeting (1 hour) to do subcommittee work?

- People interested: 8
- Debbie Tully: interested during in-person meeting, not necessarily in remote meetings.
- Xyzlora Brownell introduction: new SELAC co-chair, Early Childhood Intervention and Prevention Services for Department of Children, Youth, and Families. Parent of two adult children, one had an IEP. As a former Head Start teacher, opened a therapeutic classroom, using SEL strategies to help kids be more successful. The goal was to integrate kids back into their original classroom.
- Caryn Park introduction: SELAC co-chair, represent Commission for Asian Pacific American Affairs, faculty member at Antioch University – Seattle in the School of Education, teacher preparation program. Has a background in early childhood education. Belief that SEL should continue K-12 and is super important to adults as well. Has noticed a huge sense of relief for beginning teachers that they will be supported in SEL for children and adult capacity building.

Public Comment

Tammy Bolen

There was no public comment.

Next Steps

Nick Yoder

Three Priority Areas Jamboard

- Continue adding to any of the planning meeting documents.
- Next meeting is September 26, 2023, 9:00am-12:00pm.
- Caryn Park: We always welcome comments beyond these three priority areas as well.

Additional Materials

[SEL Advisory 2023–2024 Priorities](#)

[SEL Recs 23TB edits 4.18.23 – Google Docs](#)

[Intro to SEL Report 2023 – Google Docs](#)

[SEL Legislative Report Recommendations](#)

[PowerPoint Slide deck for 8.22.2023 Meeting](#)

[Advisory 2023–2024 Schedule](#)