Graduation Equity Webinar

# **Organizational Wellness for Equity**

# Resources

# December 13, 2023

#### Funding

Unlocking Federal & State Program Funds to Support Student Success

#### Websites

- Ancestral Tribal Lands Map
- Alliance for a Healthier Generation
- Central Kitsap Employee Wellness site

# Tools & Videos

- Top 5 Things to Know About Organizational Wellness
- School Workload Reduction Toolkit
- <u>Read & Subscribe to the Engage Newsletter</u>
- <u>E-Therapy</u>
- Graduation Equity Webinar YouTube Channel

# Books & Articles

- <u>What is Fully Inclusive Wellness in the Workplace?</u> By Bridget Underdahl
- December Care Package
- Substitute House Bill (SHB) 1363 Addressing secondary trauma in the K-12 workforce
- Down With Toxic Positivity! For Teachers and Students, Healing Isn't Blind Optimism
- <u>Schools, Not Teachers, Must Reduce Stress and Burnout-Here's How</u>
- <u>RCW 28A.300.825</u> Secondary Traumatic Stress Resources
- Engage Newsletter Archive

# People

- Andrea Bowman, Asst. Director of Student Services, Central Kitsap School District
- Jeanne Beckon, Asst. Superintendent of Human Resources, Central Kitsap School District
- Bridget Underdahl, Mental Health Systems Program Supervisor Lead, OSPI
- Shane Baguyo, Wellness Manager, Seattle Public Schools
- Julee Christianson, Project AWARE Program Supervisor, OSPI
- Kefi Andersen, System Improvement Program Supervisor & Team Lead, OSPI
- Jocelyn Núñez S., MPA, MSW, Student Engagement & Support Admin Program Specialist, OSPI
- Connect with OSPI Staff



View past Graduation Equity Webinars on our <u>OSPI YouTube Channel</u> e-subscribe for alerts when new videos are posted!

Free Clock Hours are available to you for attending this webinar by registering for them on pdEnroller using this link: <u>December Clock Hours</u>

Any questions about Graduation Equity webinar clock hours, email Ronnie Larson

#### Feedback Survey

We care about continuous improvement. A lot of our best ideas came from our amazing audience. How can we improve our webinars? You can tell us what you thought of our latest webinar, who we should have present next, and the times and topics that work best for you: <u>Webinar Feedback Survey</u>.

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