WA School-based Behavioral Health Landscape

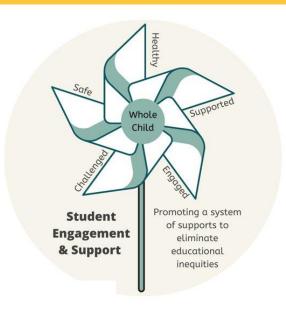
WA Office of Superintendent of Public Instruction (OSPI)

Lee Collyer | Director, School Health & Safety

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Bridget Underdahl | Mental Health Systems Lead





Roadmap for Today

Why schoolbased behavioral health?

What is the State required to do?

What are schools and school staff required to do?

How do we structure and organize SBBH supports?

Who provides SBBH supports?

How do schools pay for SBBH supports?

How well are we meeting SBBH needs?

What programming is available to support SBBH right now? (Not covering today)





Why school-based behavioral health?

Washington State Healthy Youth Survey - 10th Grade WAH-ACES Score and... 100.0% 90.0% 80.0% 70.0% 60.0% 50.0% 40.0% 4+ ACES 30.0% 3 ACES 2 ACES 20.0% 1 ACES 10.0% 0 ACES 0.0% Alcohol Made a Marijuana Vaping Depression Anxiety -Anxiety -Contempla Attempted Ever Had No Hope Use Use On Edge Worry ting Plan to Suicide Sex The new Washington HYS Suicide Attempt ACE index (WAH-ACEs) is Suicide based on decades of research ■ 0 ACES 4.8% 2.4% 0.7% 18.6% 59.6% 41.8% 6.6% 4.7% 1.7% 3.6% 5.1% about how childhood trauma 1 ACES 11.7% 8.4% 5.2% 2.7% 32.5% 68.2% 51.7% 13.4% 11.5% 2.9% 7.4% exposure amplifies risk to 2 ACES 14.4% 49.3% 74.9% 26.3% 7.8% 19.3% 11.0% 3.2% 62.6% 21.9% 11.3% short and long-term health



42.1%

62.3%

31.8%

50.7%

77.8%

88.0%

16.2%

38.3%

10.6%

20.4%

23.4%

37.7%



14.0%

23.3%

16.9%

23.2%

4.5%

16.9%

62.1%

80.5%

86.1%

92.5%

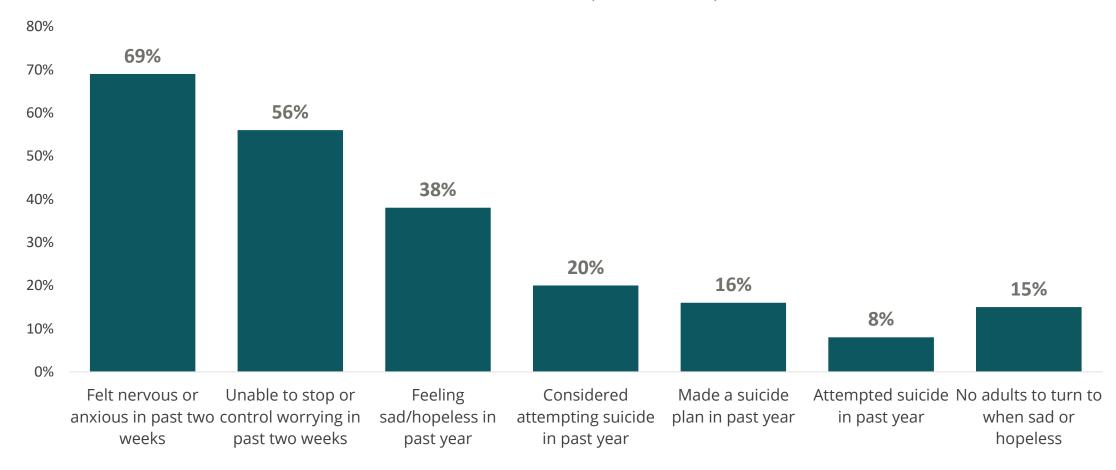
3 ACES

4+ ACES

and wellbeing.

What Washington Youth are saying

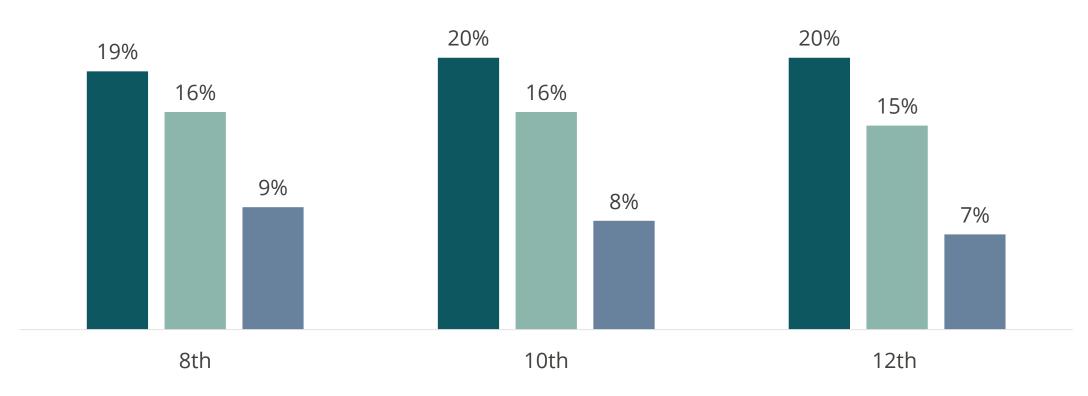
Mental Health Indicators, Grade 10, HYS 2021



What Washington Youth are saying

Suicidal Feelings & Actions – Healthy Youth Survey (HYS) 2021

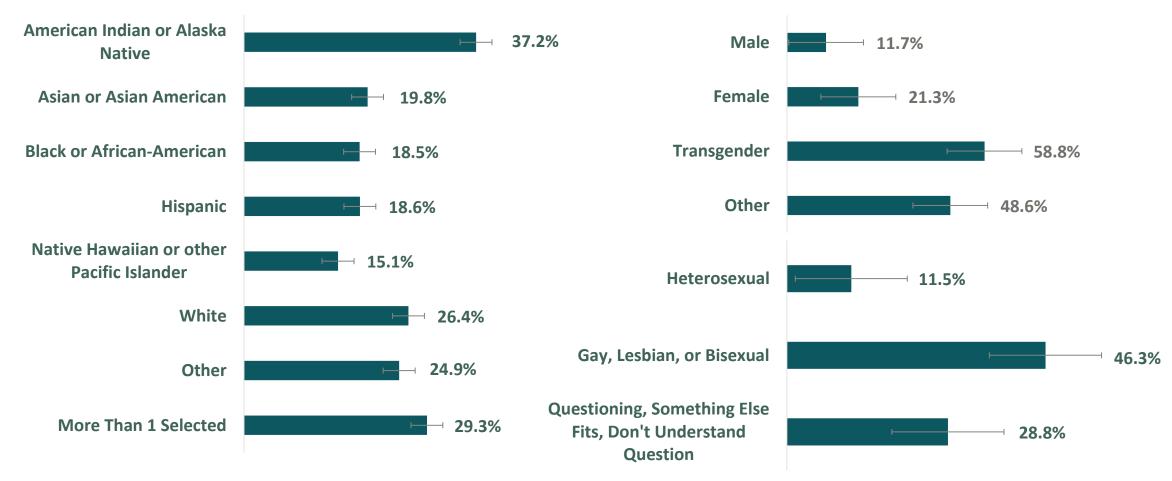
■ Considered suicide ■ Made a plan ■ Attempted





Contemplation of Suicide – 10th Grade

Healthy Youth Survey (HYS) 2021



The Case for School Mental Health (SMH)

SMH is associated with positive mental health outcomes for children & youth

Research shows that schools are the most common place young people seek and receive mental health services

School-based socialemotional learning and strong systems to promote a positive culture improve academic outcomes

School mental health services are essential to assuring our schools are safe





What is the State required to do?

Office of Superintendent of Public Instruction (OSPI)

State Education Agency (SEA)



Recognition, Screening & Response

<u>RCW 28A.320.127</u> – As of the 2014-15 SY, districts must adopt a plan for recognition, screening, and response to emotional or behavioral distress in students. The requirements of this plan include considerations for substance abuse, violence, suicide, and sexual abuse.

Model Plan Template

- Created by OSPI in partnership with the UW SMART Center and UW Forefront
- Provide guidance to districts on effective screening, response, and referral

Statewide Data Collection (part of HB 1214, 2021)

- 2022-23, OSPI surveyed all school districts to determine compliance
- Shared data with BHNs to guide statewide consolidation



Behavioral Health Navigator Program

Promote Access to Supports

 Navigators conducted district interviews about existing barriers and specific needs in accessing equitable behavioral health supports for students in each region

Network Success

• Navigators **meet bi-weekly** to collaborate and share resources, engage in technical assistance and trainings with regional & state partners and subject matter experts.

Suicide Prevention Trainings

 Navigators conduct suicide prevention trainings for districts across their regions and connect districts to external training opportunities

School Plan Support

 Navigators support schools with their plans for recognition, screening, and response as required by <u>RCW</u>. 28A.320.127 using the Model District Template



Notes on OSPI Authority

OSPI **does** provide guidance and technical assistance & support programming related to SBBH

OSPI does not:

- Provide funding to districts (outside of basic education dollars) for SBBH
- Have regulatory authority over how, and to what extent, districts develop SBBH supports
- 'Oversee' behavioral health services in K12 education
- Provide districts with strategic direction on the minimum level of support schools are expected to provide students, **nor**, oversight to ensure it takes place

More on this later...



Health Care Authority (HCA)

State Medicaid Agency



HCA Requirements

Administer Apple Health (Medicaid) program

Provide information about Medicaid and school-based billing options





What are schools and school staff required to do?

Recognition, Screening & Response

<u>RCW 28A.320.127</u> – Districts must adopt a plan for recognition, screening, and response to emotional or behavioral distress in students that includes:

- Identification of staff training opportunities
- Using the expertise of trained staff
- Staff response to signs of emotional/behavioral stress in students
- Partnerships with CBOs, including at least one MOU
- Protocols and procedures for communication with parents
- Staff crisis response
- Post-incident supports
- Response to allegations of sexual misconduct
- Mandatory reporter responsibilities

Important Notes:

- The RCW does not provide funding for districts to meet this requirement
- Many districts report that they **do not have a local community-based organization** they can partner with to provide behavioral health services, especially in rural and remote districts



SBBH Training Requirements Training for Education Staff Associates (ESAs)

ESA Suicide Prevention Requirements:

• Every five years, school nurses, school counselors, school psychologists, and school social workers are required to complete a minimum of three hours of suicide prevention training for certificate renewal. Training must be completed through a PESB-approved suicide prevention course or a Department of Health (DOH) approved program.



SBBH Training Requirements Staff Professional Learning

RCW <u>28A.150.415</u>: The state must provide funding for a minimum of **three** professional learning (PL) days for certified instructional staff.

One of three PL days each school year must be dedicated to a state-directed topic:

- Even-Odd years (i.e. 2020-21): Social emotional learning
- Odd-Even years (i.e. 2021-22): Cultural competency, diversity, equity, or inclusion (CCDEI)



SBBH Training Requirements Staff Professional Learning

Social Emotional Learning (SEL) topics can include:

- Social emotional learning
- Trauma-informed practices
- Using the model plan for recognition & response to emotional or behavioral district
- Consideration of adverse childhood experiences (ACEs)
- Mental health literacy
- Anti-bullying strategies
- Or, culturally sustaining practices

Cultural competency, diversity, equity, or inclusion (CCDEI) training:

 must be aligned with CCDEI standards developed by the Professional Educator Standards Board (PESB) under RCW 28A.410.260

One day of training on each topic **every-other year**



SBBH Training Requirements Educator Prep Programs

<u>RCW 28A.410.035</u>: To receive initial certification as a teacher in Washington after August 31, 2014, an applicant must complete a course on issues of abuse. This course must include information regarding recognition, initial screening, and response to emotional or behavioral distress in students, including youth suicide.



SBBH Training Requirements

Other Staff Training

There are **no** other state requirements for staff training in behavioral health & suicide prevention for ongoing teacher certification

153 (70%) districts said they provide mental health & substance use training to staff

Type of Training	# of Districts	% of Districts Surveyed	
Youth Mental Health First Aid	42	19%	
Adverse Childhood Experiences (ACEs)	36	16%	
Safe Schools Mental Health	35	16%	
Trauma Informed Practices	35	16%	
Mental health training (unspecified)	21	10%	
Suicide Prevention (unspecified)	20	9%	
Other - Unspecified training	13	6%	
Staff Wellness	11	5%	
Substance Abuse Prevention	8	4%	
QPR (suicide prevention)	8	4%	
Pos. Bx Interventions & Supports (PBIS)	8	4%	
Transition to Independence Process (TIP)	6	3%	
Character Strong (SEL)	6	3%	
Social Emotional Learning (SEL)	6	3%	
Restorative Practices	6	3%	



SBBH Training Requirements Instruction for Students

RCW 28A.230.095: Essential academic learning requirements and assessments

(1) By the end of the 2008-09 school year, school districts shall have in place in elementary schools, middle schools, and high schools assessments or other strategies chosen by the district to assure that students have an opportunity to learn the essential academic learning requirements in social studies, the arts, and health and fitness. Social studies includes history, geography, civics, economics, and social studies skills. **Health and fitness includes, but is not limited to, mental health and suicide prevention education.** Beginning with the 2008-09 school year, school districts shall annually submit an implementation verification report to the office of the superintendent of public instruction. The **OSPI may not require school districts to use a classroom-based assessment** in social studies, the arts, and health and fitness to meet the requirements of this section and shall **clearly communicate to districts their option to use other strategies chosen by the district.**



SBBH Training Requirements Instruction for Students

Behavioral Health Navigator Survey, 2019-21

68% of districts surveyed said their students receive some sort of mental health and substance use instruction

What districts said there were using →

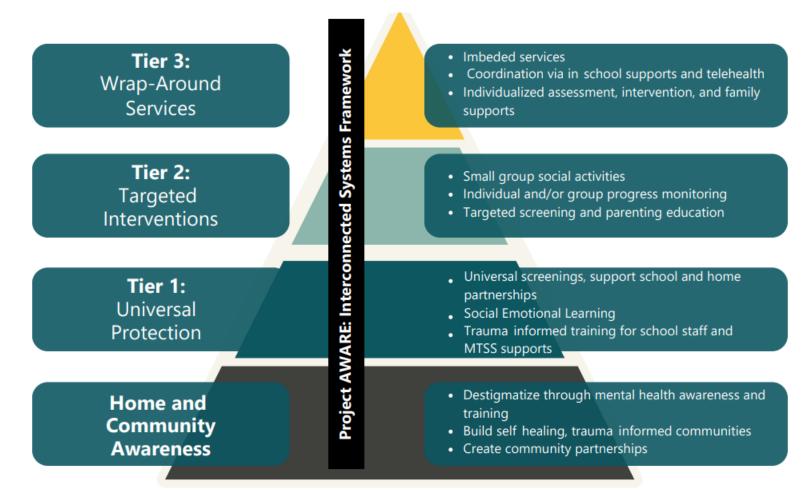
Category	# of Districts	% of Districts Surveyed	
SEL Curriculum	79	36%	
Health Class	76	35%	
Mental Health Curriculum	33	15%	
Suicide Prevention	28	13%	
Substance Abuse	27	12%	
Unspecified	11	5%	
Health Curriculum (not necessarily in health class)	8	5%	
Peer/Community Support Programs	6	4%	



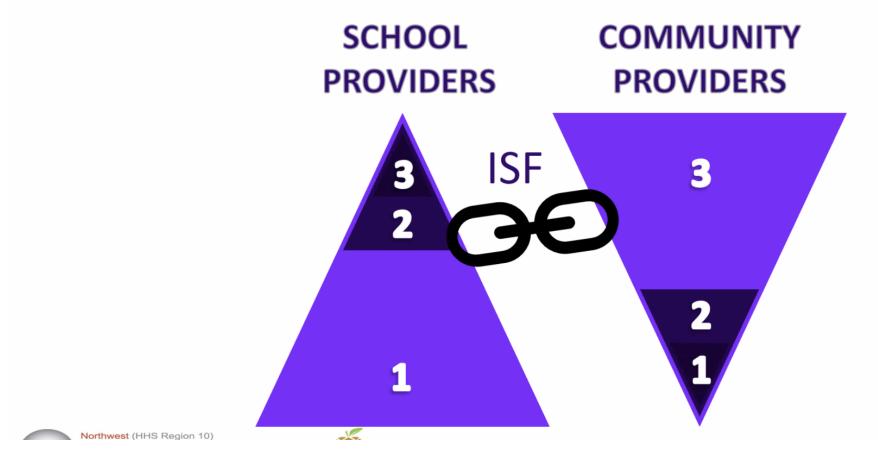


How do we structure and organize SBBH supports?

Interconnected Systems Framework (ISF) Providing Supports in a Tiered Framework



FULL MTSS MODEL IS MORE LIKELY TO HAPPEN WHEN SCHOOLS AND COMMUNITIES ARE IN PARTNERSHIP — CO-LOCATED TO INTEGRATED







SEL is the process through which individuals build awareness and skills in managing emotions, setting goals, establishing relationships, and making responsible decisions that support success in school and life.

Research Confirms Social and emotional learning improves student well-being.

Students participating in SEL at school had:

- decreased emotional distress
- fewer externalizing behaviors
- improved prosocial behaviors

Cipriano et. al, 2023

Social and emotional learning can also **reduce symptoms of depression and anxiety** in the short term.

Early Intervention Foundation, 2021



SEL & Comprehensive Sexual Health Education (CSHE)

- CSHE is: Recurring instruction in human development and reproduction that is age-appropriate and inclusive of all students. (RCW 28A.300.475)
- Schools must provide CSHE to all students:
 - K-3 SEL only (at least once)
 - Grades 4-5 Human Growth/Dev, Healthy Relationships & Boundaries, HIV prevention (at least one unit)
 - Grades 6-12 Healthy Relationships, Affirmative Consent, A&P, Reproduction, STD/HIV/Pregnancy prevention, Abstinence, BCMs, Accessing Health Services (at least 2 units in Grades 6-8, at least 2 units in Grades 9-12)





Who provides SBBH supports?

Providing Supports in a Tiered Framework *But, Who?*

Tier 3:

Wrap-Around Services

Tier 2:

Targeted Interventions

Tier 1:

Universal Protection

Home and Community Awareness

· Imbeded services

- Coordination via in school supports and telehealth
- Individualized assessment, intervention, and family supports
- Small group social activities
- Individual and/or group progress monitoring
- Targeted screening and parenting education
- Universal screenings, support school and home partnerships
- Social Emotional Learning
- Trauma informed training for school staff and MTSS supports
- Destigmatize through mental health awareness and training
- Build self healing, trauma informed communities
- Create community partnerships

Tier 3: Professional Experts

- Community-based providers
 - School-embedded, in-clinic, &/or telehealth
- Licensed district staff (include ESA staff)

Tier 2: With training, all staff

- ESA staff
- Student Assistance Professionals (SAPs)
- Paraeducators
- Integrated CBO staff
- Interventionists
- Teachers

Tier 1: All staff

- ESA staff
- Student Assistance Professionals (SAPs)
- Paraeducators
- Integrated CBO staff
- Interventionists
- Teachers
- Family Liaisons







How do schools pay for SBBH supports?

Funding Sources for Behavioral Health Services*

- Medicaid billing
- State basic education dollars
- CBO partnership(s)
- District general fund
- County funds
- Private insurance billing
- No district funding
- State Learning Assistance Program (LAP) dollars
- Local levy dollars
- Unspecified grant funding
- Federal Title I funding
- No detail/not specified
- Federal Title IV funding
- Federal ESSER dollars

- Special education dollars
- Local govt 1/10th of 1% funding
- ESD grant
- Unspecified state funding
- HCA funding
- CPWI grant
- CBO grant
- McKinney-Vento grant + funding
- Unspecified local govt funding
- Unspecified ESD funding
- Tribe/tribal organization funding
- Migrant education funding
- ESD partnership
- Private donation dollars
- Federal Impact Aid dollars
- Project AWARE grant
- OSSI School Improvement grant

- State timber dollars
- Local health district funding
- Unspecified city funding
- County partnership
- Community coalition funding
- Kaiser
- School building budget
- District special services funding
- STN grant
- GEAR UP grant
- Project Prevent grant
- COIIN grant
- Unspecified Federal funding
- Career & Tech Education funding
- Marijuana tax fund dollars
- OSPI Suicide Prevention grant
- State Readiness to Learn funding



State Basic Education Dollars

Elementary	2021-22	Students per 1 FTE	
Staff Position	Per 400 students		
School Nurses	0.076	5,256	
School Social Workers	0.042	9,524	
School Psychologists	0.017	23,530	
School Counselors	0.493	812	

Middle	2021-22	Students per 1 FTE	
Staff Position	Per 432 students		
School Nurses	0.060	7,200	
School Social Workers	0.006	72,000	
School Psychologists	0.002	216,000	
School Counselors	1.216	356	

High	2021-22	Students per 1 FTE	
Staff Position	Per 600 students		
School Nurses	0.096	6,250	
School Social Workers	0.015	40,000	
School Psychologists	0.007	85,715	
School Counselors	2.539	237	



Funding Formula Increases (HB 1664, 2022)

<u>2SHB 1664</u> (2022) provided additional funding to school districts by increasing minimum allocations for the following roles in the prototypical school funding model over three years starting in the 2022-23 school year:

- School nurses
- School social workers
- School psychologists
- School counselors

Requires districts to maintain a minimum staffing ratio across a list of physical, social, and emotional support staff (PSES) positions

• Includes more than just the four roles included above

Table 4: 2SHB 1664 Fiscal Impacts						
School Year	2021-22	2022-23	2023-24	2024-25	2025-2026	2026-27
District & Tribal School Allocation	\$0	\$113,047,000	\$231,302,000	\$353,783,000	\$360,858,660	\$368,075,833



Funding Formula Increases from HB 1664

Elementary	2021- 22	2022- 23	2023 -24	2024 -25
Staff Position	Per 400 students			
School Nurses	0.076	0.246	0.416	0.585
School Social Workers	0.042	0.132	0.222	0.311
School Psychologists	0.017	0.046	0.075	0.104
School Counselors	0.493	0.660	0.827	0.993

Middle	2021- 22	2022- 23	2023 -24	2024 -25
Staff Position	Per 432 students			
School Nurses	0.060	0.336	0.612	0.888
School Social Workers	0.006	0.033	0.060	0.088
School Psychologists	0.002	0.009	0.016	0.024
School Counselors	1.216	1.383	1.550	1.716

High	2021- 22	2022- 23	2023 -24	2024 -25
Staff Position	Per 600 students			
School Nurses	0.096	0.339	0.582	0.824
School Social Workers	0.015	0.052	0.089	0.127
School Psychologists	0.007	0.021	0.035	0.049
School Counselors	2.539	2.706	2.882	3.039



Funding Increases - In Practice

2021-22 SY 2024-25 SY • 1.6 nurses • 13.73 nurses District A • 0.25 social workers • 2.12 social workers • 0.12 psychologists • 0.82 psychologists **10,000** HS students • 42.32 counselors • 50.65 counselors • 0.02 nurses • 0.14 nurses District B • 0.003 social workers • 0.02 social workers 0.001 psychologists 0.01 psychologists **100** HS students • 0.42 counselors • 0.51 counselors



First Year Impact (2022-23)

Year over Year Comparison - Actual Staff FTE as reported in personnel staffing				
Job Title / Position	SY 2022-23	SY 2021-22	Variance	% Change
Orientation & Mobility Specialist	4.428	1.743	2.685	60.64%
Counselor	2,410.290	2,294.060	116.230	4.82%
Occupational Therapist	145.490	134.786	10.704	7.36%
Social Worker	173.883	114.268	59.615	34.28%
Speech, Language Pathway/Audio	373.653	360.695	12.958	3.47%
Psychologist	285.740	252.659	33.081	11.58%
Nurse	582.952	537.207	45.745	7.85%
Physical Therapist	51.985	47.264	4.721	9.08%
Behavior Analyst	23.462	8.771	14.691	62.62%
Contractor ESA	47.861	39.206	8.655	18.08%
Total Certificated Staff	4,099.744	3,790.659	309.085	7.54%
Family Engagement Coordinator	105.644	83.597	22.047	20.87%
Pupil Management & Safety	1,562.784	1,435.685	127.099	8.13%
Health/Related Services	828.014	775.618	52.396	6.33%
Total Classified Staff	2,496.442	2,294.900	201.895	8.09%
ALL PSES Staff	6,596.186	6,085.559	510.980	7.75%





How well are we meeting SBBH needs?

School-based Medicaid Reimbursement

School-based Health Services (SBHS) program

• Fee-for-service Medicaid reimbursement for **special education health related services** as outlined in a student's individualized education program (IEP) or individualized family service plan (IFSP).

Medicaid Administrative Claiming (MAC) program

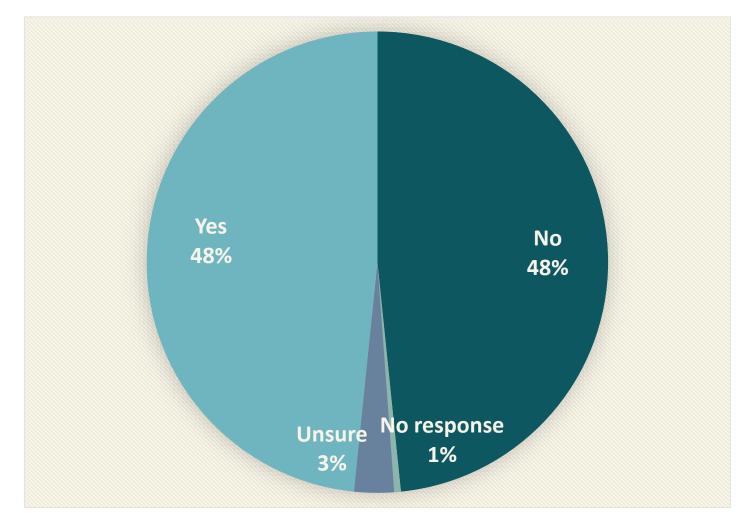
• Medicaid reimbursement for **administrative activities** performed by school staff that support the goals of Washington's Medicaid State Plan.

Managed Care Organizations (MCOs) billing

- Medicaid reimbursement for Medicaid-covered services which are not included in a student's IEP.
- ESDs and SDs with Medicaid-eligible providers who provide Medicaid-eligible services in the school setting may contract with MCOs to receive payment for these services.

Washington Office of Superintendent of PUBLIC INSTRUCTION

Do all students in your school have access to behavioral health services?





School staff shortages

- Not enough mental health staff to meet need
- Lack of funding for staff

School service capacity doesn't match nature of needs

- Needs are especially high
- Staff qualifications don't match nature of student BH need

Lack of community provider capacity

- Community MH providers are at capacity
- Lack of community providers at all



Do all students in your school have access to behavioral health services?

107 districts said **no** – 91 offered some detail about the barriers they face

Barrier

School staffing shortages (27)

School service capacity doesn't match nature of needs (27)

Lack of community provider capacity (26)

Physical Assess/Transportation (21)

Insurance/Cost barriers (19)

Stigma (14)

Ineffective coordination of services within schools (13)

Inconsistent access to services across districts (13)

Language /Cultural Barriers (12)

Lack of trust between school and families (6)

Provider incompatibility with school system (5)

Physical Space (4)

Issues coordinating care with parents (3)

Overly Complicated Processes (3)

Lack of BH program clarity (1)



Physical access + transportation

- Lack of student access to transportation to get to services
- Location of school compared to location of available community providers

Insurance + cost barriers

- Difficulty serving students without insurance
- Access to clinical mental health services is Medicaid only
- Lack of community providers to serve students with Medicaid

Language + cultural barriers

- Concerns about cultural relevancy of services
- Language barriers between students and services



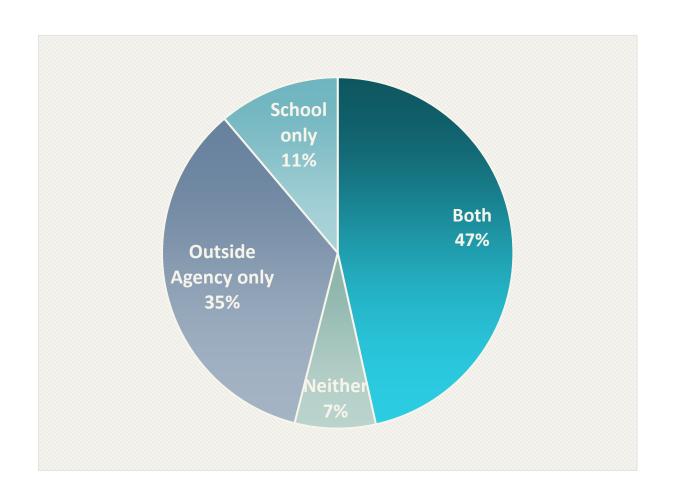
Inconsistent access to services across districts

- Inconsistent access across different school buildings
- Not enough MH staff in all school building across a district

Stigma

- Stigma around access mental health care
- Stigma around reporting mental health concerns in others





Who provides these services (school staff or outside agency)?



K-12 Behavioral Health Audit

District barriers:

- Limited # of nearby and available mental health providers
 - Two-thirds noted this as a significant or very significant barrier
- Transportation to & from services
 - Half noted this as a significant or very significant barrier
- Reluctance from parents
 - Half noted that parent's reluctance to access services for their child was a significant or very significant concern

System barriers:

- State's current approach is fragmented and lacks sufficient resources
 - Relies on districts to develop behavioral health plans without oversight
 - ESDs can provide only limited supports to districts in the development of their plans
 - Fragmented and decentralized system relies heavily on districts and ESDs to develop, fund, and provide these services themselves
- State law doesn't designate a state agency to oversee BH services in K-12 education
- The State lacks a strategic, comprehensive direction on the minimum level of support schools are expected to provide students, and oversight to ensure it takes place



What programming is available to support SBBH right now?

Project AWARE:

Advancing Wellness and Resilience in Education



Tier 3:

Wrap-Around Services

Tier 2:

Targeted Interventions

Tier 1:

Universal Protection

Home and Community Awareness

• Imbeded services

- Coordination via in school supports and telehealth
- Individualized assessment, intervention, and family supports
- Small group social activities
- Individual and/or group progress monitoring
- Targeted screening and parenting education
- Universal screenings, support school and home partnerships
- Social Emotional Learning
- Trauma informed training for school staff and MTSS supports
- Destigmatize through mental health awareness and training
- Build self healing, trauma informed communities
- Create community partnerships

Project AWARE Across Washington

Beyond Co-Location:

Integrating and Embedding Education and Mental Health Systems



Help is Down the Hall:

A Sustainable School-based Mental Health

Model



External (LEA

Lead) Project

AWARE

2020-2025

Yakima, Sunnyside and Wahluke SD with partnership from ESD 105

2022-2026 ESD 112, ESD 105, Spokane SD

2022-2026 Seattle and ESD 101



Innovation Grants



2014-2019 Regional Approach

Systems Framework

Statewide key partnerships to prioritize support and policy

2020-2025

ESD becomes licensed mental health agency

Billing structure

Grow your own program

2022-2026

Tier 2 to fidelity

Sustainability

Equitably scale up



No one really learns well when teachers are stressed and burned out, which is why I say a stressed and burned out teaching force is an equity issue. If we believe in equity and if we want our students to do well, we have to ensure our educators are doing well too.



Educator Wellness

What we're doing:

Why we're doing it:

OSPI, Kaiser & Healthier Generation partnership for MTSS Workforce Wellness Community of Practice with 10 districts.

Highly attended
Graduations Equity
Webinar
Presentations

Student's learning environments is educator's and staff vorking environment.

It has a direct impact between staff retention and mobility.

Workforce Secondary
Traumatic Stress
Advisory Council
continues the work
even after meeting
legislative
requirement to HB
1363.

Resources, newsletters and video creations.

Staff wellness corelates to educational equity.

"No one really learns well when teachers are stressed and burned out, which is why I say a stressed and burned out teaching force is an equity issue. If we believe in equity and if we want our students to do well, we have to ensure our educators are doing well too." – Dena Simmons.



School-Based Health Centers Defined

What is a school-based health center (SBHC)?

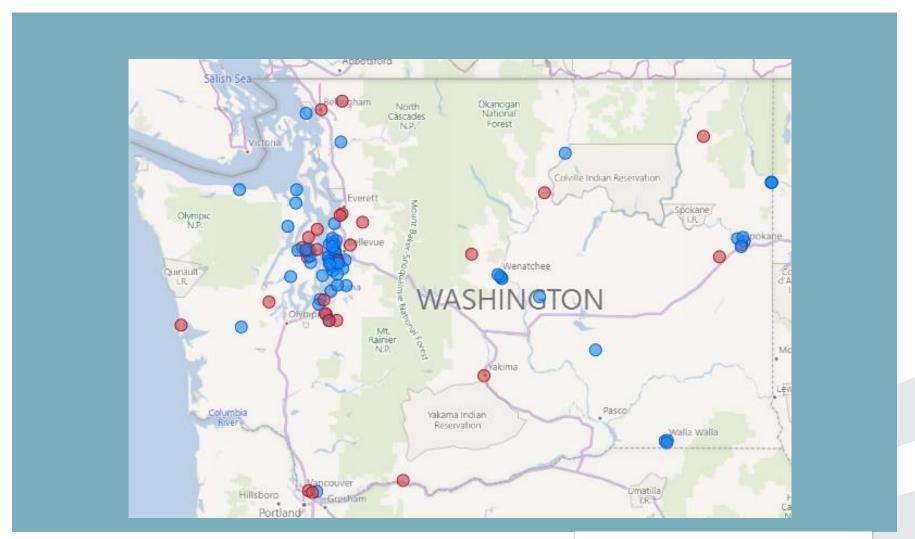
- A SBHC is a **student-focused health center** located in or adjacent to a school where students can receive **integrated medical, behavioral health, and other healthcare services**.
- A SBHC is a collaboration between the community, the school and a healthcare sponsor.
- The healthcare sponsor can be a community clinic or healthcare system, hospital, public health department, or tribal program. The sponsor staffs and manages operations of the SBHC.
- A SBHC serves all students in a school regardless of insurance status or ability to pay.





Map of SBHCs in WA

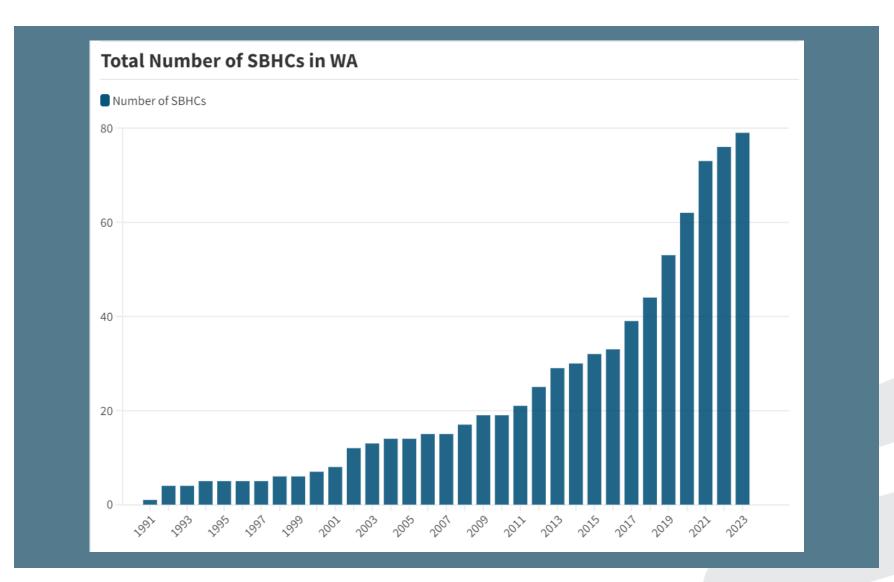
blue=operational, red=planning



2023: 70+ SBHCs in WA



Growth of SBHCs in WA





Recent Advances in SBHC Policy and Funding

State level:

- **2021:** SHB 1225 passed in 2021 establishing SBHC state program office at the WA State Department of Health (RCW 43.70.825)
- **FY23:** \$2.07M for SBHC grants
- **FY24-25:** \$2.97M annually for SBHC grants

Federal level:

- **FY21:** \$5M for FQHC-sponsored SBHCs
- FY22: \$30M for FQHC-sponsored SBHCs (5 sites funded in WA)
- **FY23:** \$50M for FQHC-sponsored SBHCs
- **FY24:** \$200M being requested (\$100M for FQHC-sponsored and \$100M for non-FQHC sponsored SBHCs)

State Tele-behavioral Health Funding

\$500,000/year for FY24/25 for ESDs to provide students in rural areas with access to telemental health services with priority to districts where MH services are inadequate or nonexistent due to geographic constraints

Project Overview:

- 4 ESD's as telehealth hub launch sites \$125k per site (ESD 101, ESD 105, ESD 112, ESD 113)
- All ESD's will have completed MCO contracting necessary for billing in each of the ESD's counties and be ready to bill Medicaid by no later than **October 1, 2023**.
- ESD's will work together to identify programmatic implementation that will need to occur, including electronic signature platforms, curriculums, MOU's, BSA's etc.
- Additional ESD's may be added to year two who are licensed, contracted to bill MCO's and that are able to deploy
 telehealth services.
 - For ESD's that do not want to provide telehealth for their region, we will work to expand services to those regions using the ESD telehealth hub sites that have been established.
- Creating a solid infrastructure during year 1, the model can then be replicated by the additional ESD's who are ready to provide services in year 2.



60

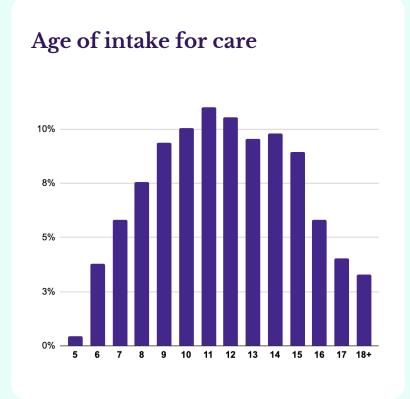
~13% of students eligible

Hazel Health in Washington by the numbers

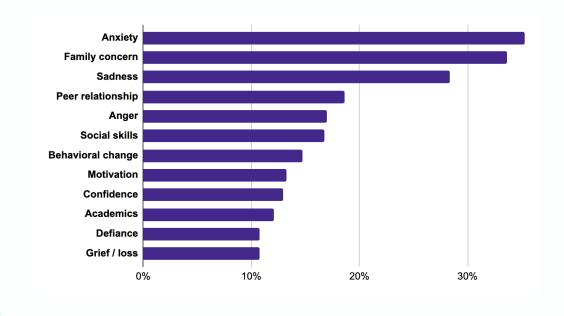
15 school districts

3,366 students referred for care

12,317 hours of therapy and counting



Top reasons for referral





ESD Student Assistance Program (SAP)

Substance Use Prevention only

100 school sites across the state

Student Use Prevention & Mental Health

- 51 school sites, funded by ESSER COVID BH Project (see below)
- Looking to add 10 more sites using State ESSER carryover funds

COVID Behavioral Health Project Background & Context Summer 2021 in ception

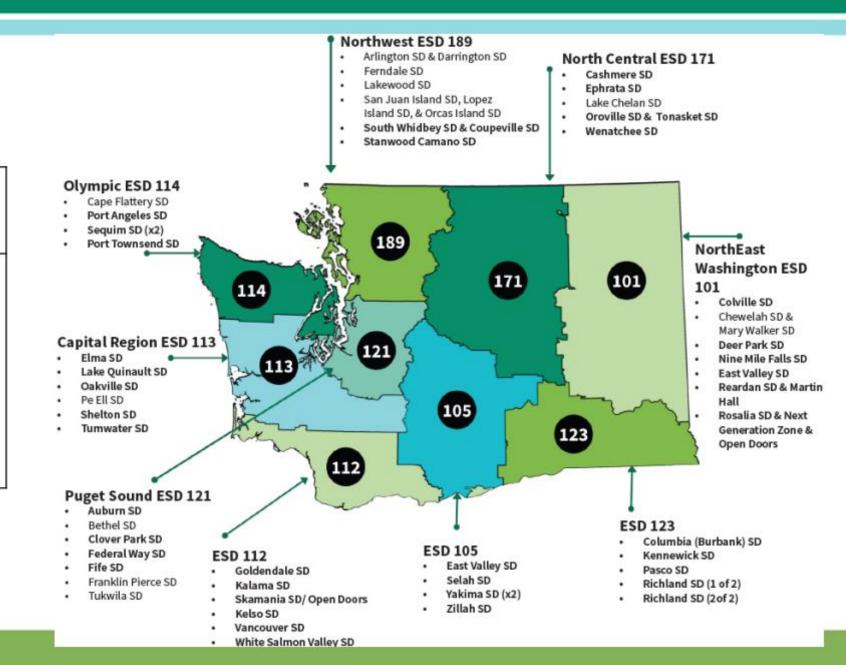
- Student behavioral and mental health at center of school reopening efforts
 - ESSER III (COVID recovery) funds coming to states
 - OSPI outreach to AESD Network to explore statewide expansion of student behavioral and mental health services (as part of 10% state set-aside)



51 Participating Sites Statewide

Site Selection Considerations

- ✓ School / district demographics
- ✓ School / district <u>need</u> (databased)
- ✓ School / district <u>readiness</u>



School Social Work Proviso Funding

\$643,000 per year for FY 24/25

Funding for ESDs 101 (Spokane region) and 121 (Puget Sound) to:

- Coordinate with local mental health agencies and school districts to arrange for inschool placements of licensed social workers and MSW candidates who commit to working as school social workers
- Coordinate clinical supervision for social workers placed in schools



WA Workforce for Student Wellness Initiative

















Washington Office of Superintendent of PUBLIC INSTRUCTION

The Problem	The WA-SMHSP Solution
Too few SMH providers	 100 condition scholarships 2 years minimum employment in a high-need school
Few schools adopt effective SMH practices	 Specialized training and a Community of Practice on effective SMH that complements SSW curriculum Targeted specialized practicum in high-need school district
Too few practitioners of color; language/cultural barriers to using services	 Prioritize MSW students with financial need, first generation, and culturally diverse students for conditional scholarships

Washington DoE School-Based Mental Health Service Providers (SMHSP) Grantees















PAL in Schools program





The Partnership Access Line (PAL) for Schools was a legislative, provisofunded pilot project that expanded and adapted the Partnership Access Line model to the school context.

- Provided designated school personnel at middle, junior, and high schools in two Washington school districts (Medical Lake & Sumner-Bonney Lake) with access to psychologists via telephone and televideo consultations.
- School staff received support in determining the services and supports needed for their students and accessing this care if outside of the school system, and professional development trainings in school mental health topics.
- The funded pilot duration was during the 2019-2020 and 2020-2021 school years; however, core components of the PAL for Schools model will be extended for a third year and continue through the 2021-2022 school year.

As of yet, unable to pursue expansion of the program due to workforce demands.







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