

# *Comprehensive Sexual Health Education Instructional Materials Review 2022*

## Yes Means Yes

**Year Published/Revised:** 2020

**Publisher:** ETR

**Website:** <https://www.etr.org/>

**Full or Supplemental:** Supplemental

**Grade Level:** Middle School and High School (grades 7-12)

**Student Population:** General

**Duration/Number of Lessons:** One video - 6:44 min.

**Format and Features:** Video available on YouTube:  
<https://www.youtube.com/watch?app=desktop&v=2NXzbAhFjvQ>

**Available in Multiple Languages:** N/A

**Evidence-based/informed:** Not indicated

**National Standards Alignment:** Not indicated

**Consistent with WA Health Education Standards?** Yes

**Consistent with Comprehensive Sexual Health Education Law?** Yes

**Consistent with AIDS Omnibus Act?** N/A

**Inclusive Materials/Strategies:** Yes

**Bias-Free Materials:** Yes



## Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
  - HIV/AIDS Prevention
  - Pregnancy Prevention
  - STD Prevention
  - Health Care and Prevention Resources
- Healthy Relationships (general)
  - Affirmative Consent
  - Bystander Training
  - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
  - The development of meaningful relationships and avoidance of exploitative relationships
  - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

## Reviewer Comments:

### Accuracy

*Reviewer 223*

No medical/scientific concerns noted.

*Reviewer 224*

In this video, all the definitions of consent presented are correct and claims of the benefits are correct. The only modification needed is that a citation should be provided for the claims about benefits of consent such as feeling more relaxed (min 1:30-2:15). This could be included in the video description.

### Supplemental

*Reviewer 202*

Shortcomings: Boring video with poor quality audio and video. The video consists of un-engaging PowerPoint slides with very little use of images and overall lack of creativity. This video is unlike to engage the viewer or leave a lasting or thought-provoking impact on students.



Strengths: Short 6-min. YouTube video that presents the definition of affirmative consent and how to say no. Seems appropriate for all ages. Seems straight-forward and free of bias.

*Reviewer 203*

I appreciate how this material starts of comparing that we are aware of “No means No”, and how this video is about “Yes means Yes”. This supplemental material is important in how it highlights consent to require a clear enthusiastic verbal yes. Value resides in the benefits of consent, regarding safety, respect, and empowerment. I like how the video acknowledges that without a clear enthusiastic “Yes”, the initiating partner may face legal charges, arrest, and charges of rape. Also, I value how the material highlights that the initiator has a responsibility to wait for the clear enthusiastic “Yes”, and not wait for a “no” when asking for consent. This supplemental material expands on the subject of consent with recommending that students take time to know their own limits, and practice ways to talk about what they want. To me, that is the most valuable part of the video is offering the suggestion to actually practice saying the words where individuals practice stating what they want, practice saying what they are or are not ok with.

*Reviewer 205*

The Yes Means Yes video is a simple and basic way to discuss affirmative consent. The video is relatively short and provides clear examples of what affirmative consent can look like and the benefits of practicing not just consent, but affirmative consent. The video is not the most engaging tool, but the information is very valuable. The Yes Means Yes video could be a useful tool when teaching a class about affirmative consent.

*Reviewer 209*

Simplistic, it's very basic yet accurate and explains affirmative consent clearly.

*Reviewer 211*

The “Yes Means Yes” video is short and informative, but not particularly engaging as it is in a slide deck format with ongoing narration. This video describes affirmative consent as the “standard applied in some sexual consent policies” at its start, which could be interpreted as undermining the messaging. The narration does a great job of explaining the importance of clear, enthusiastic consent, and highlighting many importance aspects of affirmative consent, including: the responsibility of a person initiating sexual activity, the need for clear communication and not relying on body language or previous experience, what does and does not constitute consent, and the importance of clear boundaries. This video does not address how affirmative consent can and should be applied outside of sexual activity. This material gives a great summation of affirmative consent but may be more memorable if used in conjunction with other activities that require increased student engagement.



*Reviewer 216*

This short video on Affirmative consent helps to unpack the nuanced ideas behind affirmative consent as defined in legislation. The video is short enough to add into any lesson plan on consent or healthy relationships. It is not designed to stand alone for a whole unit and would need additional materials for activities and assessments. The video breaks down the ethics and social expectations around getting and giving consent in a method that was not strictly heteronormative and was based in respect for all involved in a sexual encounter. You should check with local legislation/policy to see if your city/state uses affirmative consent language. Support around what to do if consent is violated will need to be discussed and local providers of care for victims of sexual violence should be identified and resources made available.

*Reviewer 217*

While the content is strong, the video is very unengaging. Mostly, there are words on a screen with occasional images, which show young people of color and a gay couple.

