



Sexual Health Education Instructional Materials Review

Understanding Gender: Identity, Biology & Expression

Year Published: Unknown

Publisher: Human Relations Media

Website: <https://www.hrmvideo.com/catalog/Understanding-Gender-Identity-Biology-Expression>

Full or Supplemental: Supplemental

Grade Level: 7 – college

Student Population: General

Duration/Number of Lessons: 20 minutes

Format and Features: DVD plus teacher resource book and student handouts

Evidence-based/informed: No

National Standards Alignment: No

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? N/A

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Abortion | <input checked="" type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Consent | <input type="checkbox"/> Other |
| <input type="checkbox"/> Contraception | |
| <input type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 103: Grades 6-8, 9-12

What a gift to students, particularly those who identify as transgender. This well-done video shares three different perspectives of how students engage with their identity experience. It beautifully outlines a father's struggle with his daughter's identity and how he is able to engage with his own prejudices. This video offers great "take aways" for any student questioning, transitioning, or engaging peers as an ally. It is wonderful to see a narrative of hope for transgender students and the spectrum of gender identity.

Reviewer 105: Grades 6-8, 9-12

This would be a great supplement to address the gender identity issue only. In my district, I would probably get a lot of push back from parents. However, my colleagues and I are working toward getting more of these types of lessons taught in our schools. I am hopeful that we will be able to use this type of material soon. It might be a great resource to use with staff as a starting point.

Reviewer 107: Grades 6-8, 9-12

I would definitely use this resource in my high school classroom. It addresses gender concepts in depth. Having individuals share their personal stories makes the video authentic. Having a parent discuss their struggles learning to accept a transgender child demonstrates what a loving and healthy relationship can be like. The video is easy to follow with lots of factual information. Having taught numerous students who are struggling with gender identity, I wish I had this video to use in my classroom.

Reviewer 109: Grades 6-8, 9-12

This DVD was very clearly organized and well done. I think it would be an excellent resource to use for teaching school staff about this subject. Many adults are confused between the different terms and this video does a great job identifying the terms and explaining them. It would also teach students well.

Reviewer 111: Grades 6-8, 9-12

I prefer this kind of supplemental video because it interviews actual individuals from groups being talked about. I would use this in my classroom for both freshmen/sophomore health class as well as junior/senior advanced health class.

Reviewer 112: Grades 6-8, 9-12

The personal story used is positive and I think would promote understanding and empathy regarding gender identity. The cast of characters/spokespeople are diverse, video is well done. May be too advanced for some 7th grade classes without some good preparation. Probably more generally useful for high school, but I think it could be effectively used in middle school depending on the comfort of the teacher, culture of the classroom, and norms of district.

Reviewer 113: Grades 9-12

This DVD would be more efficient, effective, and less time-consuming way of conveying information about gender identify because of the clarity it lends to the topic, as well as the way in which it is portrayed.

Reviewer 115: Grades 6-8, 9-12

This video is very well done, high quality, concise, and engaging. There is clear defining of terms and student/teacher materials are included with the DVD. I was impressed and would use this video in my classroom.

Reviewer 116: Grades 6-8, 9-12

Understanding Gender would make a nice complement to a sexual health unit on gender, reproductive anatomy, or puberty—perhaps even a lesson directed toward bullying prevention. It is youth focused, with modern and multicultural perspectives. The film includes clear definitions of gender related terms (identity, expression, assigned sex, etc.,) and accompanying examples. Viewers may appreciate the pacing of the film and the balance between illustrations and interviews.

Reviewer 117: Grades 6-8, 9-12

Well done video on understanding gender with genuine individual stories.

Reviewer 108: Grades 6-8, 9-12

This supplemental material is narrowly focused on gender and understanding gender. For the focus it is intended it is a well done supplemental additional material. The teacher's resources are well done and well connected to the video. Vocabulary and Myth/Facts portions of the teacher materials should be noted as exceptionally well done. I would recommend this a district or individual school is looking for gender specific supplemental material.

Accuracy Analysis Reviewer 101

I would definitely use this as supplemental material when discussing gender identity and sexual orientation. The use of personal stories and interviews drives home the personal thoughts and feelings around this topic. This has nothing to do with disease prevention, so not applicable for HIV/STI instruction on transmission, treatment, and /or prevention. Should be primarily used for self-identity lessons.