

Sexual Health Education Instructional Materials Review

Teen Talk HS Refresher

Year Published: 2015

Publisher: Health Connected

Website: www.http://www.health-connected.org

Full or Supplemental: Full

Grade Level: High School (11-12)

Student Population: General

Duration/Number of Lessons: Seven (7) Lessons totaling five (5) hours. Intended for use as a weeklong follow-up to Teen Talk High School.

Format and Features: PDFs available online; all activities available in English and Spanish

Evidence-based/informed: Yes, evidence-informed

National Standards Alignment: Yes (National Sexuality Education Standards)

Consistent with Healthy Youth Act? Yes (also complies with California Healthy Youth Act)

Consistent with AIDS Omnibus Act? With modification (see reviewer scores and comments)

Bias-Free Materials: Yes

Primary Topical Areas (Check all that apply)

- ☑ Abortion
 ☑ Abstinence
 ☑ Access to Services
 □ Anatomy and Physiology
 ☑ Communication/Decision-making
 ☑ Condom Use
 ☑ Consent
 ☑ Contraception
 ☑ Healthy relationships
 Reviewer Comments:
- HIV Prevention
 Identity/Orientation
 Online Safety
 Pregnancy & Reproduction
 Puberty/Adolescent Development
 Refusal Skills
 STD Prevention
 Other

Reviewer 11

The program allows for teachers to select among several lesson choices for each topic, thereby providing tangible support for differentiation. The program begins with a pre-test to determine sexual health knowledge at the beginning of the unit, and ends with a post-test. Teen Talk includes an effective values clarification lesson, detailed guidelines on how to answer student questions, and embedded inclusion of diverse cultures. The program is primarily based on one expert in the sexual health education field, and is geographically based in California. Many of the lessons are in-depth, sophisticated, explore alternatives honestly and without bias (such as the one on pregnancy choices), and include detailed but not overwhelming information. Overall, the program is a very comprehensive treatment of sexual health education. Teacher materials, lesson plan structure, and student handouts are of high quality. Effort is obvious in calibrating lessons to increase student relevance and engagement (e.g., Sex, Love, Rock & Roll lesson) and are offered in a variety of manners (including games). The program is divided into two sections, one primary (intended for grades 9 and 10) and one supplemental (a shorter "refresher" for grades 11 and 12). Some of the lessons are supplemented with, introduced with, or centered on short videos; these are sometimes humorous but always informative and audience-appropriate. The program includes an alignment guide clearly matching lessons with the standards they intend to meet.

Languages: English and Spanish only.

Reviewer 14

This curriculum makes reference to a number of laws that apply to the state of California and may not be valid in Washington State. This does not affect the medical/scientific accuracy but a teacher using these materials in Washington would need to be aware of state specific laws.

Reviewer 16

It is important to note that some lessons build on previous activities from Teen Talk Middle School curriculum. When this is the case, it is clearly noted for the teacher. Example from page 270: "Note to instructor: Prior to this activity, the class should have had at least 1 communication-based discussion activity (e.g. What Would You Say?), should have had Teen Talk previously, or should be an advanced class."

Spanish language curriculum materials are provided along with the English. The suggested supplemental documentary "I'm positive" did not come with Spanish subtitles, but this was clearly noted for the teacher.

The preface includes useful instructor resources. It is important to understand that the Teen Talk HS Refresher does not just include review material but also additional materials required to meet Standards. This curriculum would be best suited to a teacher with experience/knowledge in teaching Sexual Health curriculum. When asked to "facilitate

brainstorming" or "facilitate discussion" there are questions given to the teacher, but no answers. This makes the assumption that the teacher has a knowledge base. As the Teen Talk HS curriculum is from California, many of the resources given are for California. (e.g. Family PACT; California's approach to provide comprehensive family planning services to eligible lowincome men and women.) A teacher using this curriculum would have to do some research in advance into their own State and local resources.

Reviewer 17

Resource materials/"who to contact" information is all based on CA resources. Not applicable to other states. When referencing Laws, it is all based on California as well, not necessarily relevant to other states. Spanish translation worksheets are fully incorporated into curriculum materials. Time frames are broken down per section in the lesson; this gives the teacher a better idea for lesson pacing. STI flow chart is a good way to help students process the complexity of decisions made, especially in regards to the transmission of STIs. The lesson on analyzing songs was powerful, an enlightening opportunity for students to dissect the music in their life. No real scoring criteria/rubrics, mostly subjective/experiential/participatory activities/lessons for students, answers keys are available for pre/post-tests.

Reviewer 22

In general, the content and student activities were good; however, the overall program fell short in Standard 1.