

Comprehensive Sexual Health Education Instructional Materials Review

Consent (KCSARC)

Year Published/Revised: 2020

Publisher: King County Sexual Assault Resource Center

Website: <https://www.kcsarc.org/consent>

Full or Supplemental: Supplemental

Grade Level: Middle School & High School (6-12)

Student Population: General

Duration/Number of Lessons: One video; 2:09 min., companion resources

Format and Features: Online: Building Blocks of Consent, Consent Comics Activity, Consent – Breaking Down the Enthusiastic Yes, Consent – Breaking Down “Appropriate Age”, Understanding Consent and Power Dynamics Scenario, Understanding Consent and Power Dynamics Answer Key

Evidence-based/informed: Not indicated

National Standards Alignment: Not indicated

Consistent with WA Health Education Standards?

Consistent with Comprehensive Sexual Health Education Act? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewers Comments:

Reviewer 103

I like the worksheets. I think the Building Blocks of Consent information is easy to understand and students would get it. The Breaking Down the Enthusiastic Yes worksheet gives good examples for students to be able to see the differences in what is or is not an "enthusiastic yes." I also think the Power Dynamics Scenarios makes it clear as to when a person is in a position of power over someone else.

Reviewer 107

The analogy of COVID-19 and consent is one that many sexuality educators are making, especially those who lived through the early days of the HIV/AIDS crisis. The Prevention Coordinator's points that "Consent is important in all relationships, not just sexual ones" and "I want to consider what level of risk I'm comfortable with" are excellent and thoughtful. She talks in-depth about boundaries -determining your own, communicating them to others, and then listening to others. I do not think this video would capture the attention of developmentally younger high school students but might be thought provoking to older teens who are beginning to form their adult identity. The Building Blocks of consent is solid and self-explanatory except there is no description on "Equal Power" and someone new to this concept



could be confused about what this means. The Consent Comic is a creative and interesting idea for an activity. I would be concerned about letting high schoolers loose with this, I wonder how much inappropriate and potentially damaging content could be produced in the form of a "joke." This activity might need more structure and rules, or perhaps they could find comics to analyze instead of creating their own. Consent - Breaking Down Enthusiastic Consent This worksheet appears to be a solid introduction to consent that is interactive and could lead to fruitful discussions about communication and body language. Consent- Breaking Down Appropriate Age This is a useful tool for educators to discuss Washington State laws around age of consent. When having this conversation, I would be ready to hear disclosures of statutory rape either privately or publicly, and let youth know ahead of time that you are a mandatory reporter. This handout should also lead into a conversation about predatory and grooming behaviors by adults against youth. Understanding Consent and Power Dynamics These are excellent, realistic scenarios that will lead to important dialogue about power. I really appreciate that they added a sexting scenario. Again, as a mandatory reporter, it is also important to be clear that what is disclosed will be reported. Also, youth should be educated that creating sexual images of minors and distributing them is illegal and can have lasting consequences- even if it's just one photo of yourself and you consented. In the "answer key" this is not mentioned.

Reviewer 111

Video is short (2min) and there are multiple companion activities to choose from. There are no lesson objectives or lesson plans. The scenarios in one of the activities seems to be geared toward high school. However, I think most of the other resources and videos could also be used at the middle school level. The video is an informational monologue with some text. It focuses on how COVID had actually made general consent more present in our society as you hear people asking, "Are you comfortable with this?" more often.

Reviewer 114

The information explains affirmative consent not just from a sexual perspective but in all aspects of life. It gives timely examples. Overall, this is an excellent resource. The supplemental materials for educators include well-designed activities to allow students to demonstrate their understanding. The relationship examples and scenarios could use more diversity. Reviewer 116 The video and activities included in this supplemental consent unit are well organized, scaffolded and teacher-ready for implementation. The "building blocks" for consent offer a clear and concise definition, and the supplemental as a whole also utilizes our present moment by comparing how we set boundaries with COVID protocols and how we establish consent. Simply put, it centers building awareness of our own boundaries and how we practice respecting our friends' boundaries. I also appreciated that the activities were focused on students demonstrating their understanding of consent through writing their own examples and analyzing scenarios. One component I would change would be including 1-2 additional scenarios that were LGBTQ+-inclusive.



Reviewer 108

This was a relatable, clear, and straightforward video that would be a great supplement to begin introductory discussions and lesson about consent and relationships.

Reviewer 112

I found the video relevant and appropriate delivering the concept of consent, and like how it is demonstrated in a way beyond just sexual. The message that stands out to me with this supplemental material is that true consent allows for an acceptable and expected outcome of either a yes or no. This sounds basic, yet I feel the way the video and material relay the acceptance and respect associated with a yes or no, puts more value on a confirmed yes or no, and not just an agreement, or willingness. This material also goes into how a yes or no may not be simple, and may be complicated, involving feelings and a need for further communication, which makes me like this material even more. I was confused on a couple of the associated activities, as it seems I was missing some of the information that would be used by the teacher (breaking down the enthusiastic yes). I was not sure what the scenarios were in the activity, making it not usable for me.

Reviewer 115

The lessons that accompany the video are designed well and would be easy for any educator to use. The video is relevant (for now) as it uses COVID as an example of how consent shows up in everyday conversations during the pandemic. Reviewer 118 The KCSARC Consent activities and explanations webpage and video are digestible and demonstrated a sex positive and affirmative consent-oriented approach to normalizing having and not having, sexual experiences or behaviors for adolescents. I specifically appreciated the inclusion of the legal age brackets for youth under 16 engaging in sexual behaviors with each other. This is information I saw being positively received by teachers in classrooms when I was providing in class guest speaker services. Teachers often reported they got questions about these kinds of things over the years and have not known what to inform youth of regarding their legal rights in our state. The worksheets and activity included on the website are easy conversation starters for a wide audience that can be easily built on, it has a very thorough breakdown of consent that is accessible to English learners and speakers. I did note again as with the FLASH (grade 4,5,6) curriculum there is a lack of acknowledgement to the history of sexual health and rights in our nation. Similar to the crimes of slavery being taught in WA K-12 in 5th grade, the historic (and modern) violent withholding and refusal of access to sexual health rights and services for Black, Indigenous, and Trans+ peoples must be taught too. This is one path to restoring justice in our communities across the state and reducing violence and diseases nationally.

Reviewer 122

All activities would need to be used in order to support skills development in communication. While this video is targeted to both middle and high school, I think it might resonate better with older middle school and high school. This would be a good supplement to a more extensive lesson or unit. Reviewer 104 The video was not super engaging, though it was short and very



'current' in terms of speaking to the pandemic experience. I am not sure it is the best fit, though it does reframe consent in an 'everyday' kind of way, which can make it easier to relate to outside of sexual terms. I liked the additional companion resources as supplemental activities for use in a consent lesson. The comic activity provides a useful way to apply concepts of consent and have students demonstrate their understanding of various components of consent. The scenarios provide opportunities to explore the various ways consent can play out. The other resources are useful references for use to reflect back on learned material. These are accessible, engaging, and high quality.

Reviewer 105

Video summarizes consent culture using COVID-19 pandemic as an example (asking people for hugs, assessing own boundaries and risk, etc.). Video itself could prompt good small group discussion about consent culture. WA Health Education Standards 4 & 7 will only be met if educator uses supplemental materials provided. Supplemental materials make for good activities and exploring nuance of consent. Scenarios for assessing power dynamics is helpful and a hard discussion to have in a classroom. Students seem to want more of this content, and this is one way to provide it. KCSARC also provides an answer key for the scenarios to help the teacher guide the discussion. The comic strip activity allows for some creativity. "Breaking down the enthusiastic yes" gives solid examples of what consent can look like and would prompt good discussion. These materials could lead to good, nuanced discussions about consent!

Reviewer 106

To get the most out of this video, I would absolutely use the provided supplemental materials.

Reviewer 110

I really like the Building Blocks of Consent. I think it breaks it down nicely for students. The scenarios give students a chance to examine how consent really works.

Reviewer 101

This was a review of the consent video only. The website has many other resources that address many of the above standards/requirements. It was a good, basic video that would open dialog and help students realize that consent is not just about sex, but also includes seeking permission to hug or touch such as during Covid 19, checking in with someone about their level of comfort/safety during this pandemic.

Reviewer 119

This is a powerful curriculum, but only aligns with a few of the learning standards. Accuracy

Analysis Reviewer 124

No medical inaccuracies noted.

