



Sexual Health Education Instructional Materials Review

Curriculum Title: Teen Safety Matters

Year Published:

Publisher: Monique Burr Foundation

Website: www.mbfpreventioneducation.org/why-use-our-programs/mbf-teen-safety-matters

Full or Supplemental: Supplemental

Grade Level: Middle School (High School version available Fall 2019)

Student Population: General

Duration/Number of Lessons: Three 45-minute lessons

Format and Features: Curriculum book with facilitator manual and scripted presentations, PowerPoints, parent materials in multiple languages

Evidence-based/informed: Not evident

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: With modification (see reviewer comments and scores)

Primary Topical Areas (Check all that apply)

- | | |
|---|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input checked="" type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Consent | <input checked="" type="checkbox"/> Other (Social Emotional skills, Sex Trafficking) |
| <input type="checkbox"/> Contraception | |
| <input checked="" type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 109

The curriculum is comprehensive to child abuse and keeping teens safe. Some of the topics it covers are safe people, culture, peer pressure, sex trafficking, physical abuse, emotional abuse, sexual abuse, and making sure the teens know they are not to blame for any abuse. It teaches teens what healthy and unhealthy relationships look like. The curriculum uses scenarios to help students process the information. At the beginning of each lesson there is a review of the lesson before it. The facilitators manual is very comprehensive and thorough in training the facilitator in implementing the lessons. There is also a script for the facilitator to go along with the PowerPoint presentation. It will take significant time to read through the manual and get prepared to facilitate the curriculum.

The only suggestion would be to have more diversity in relationships other than just heterosexual couples.

Reviewer 204

There are separate curricula for grades 6,7,8. This review is of the 6th grade version. Classes are designed for one 45-minute (total 3 classes) or two 25-minute (total 6 classes) sessions. Because of the wealth of information in each class, I would recommend having six 30-45-minute sessions. This would allow for deeper discussion of material and more chances for students to think about information and ask questions.

Reviewer 205

Facilitators complete an online training and are provided all materials and resources need to conduct the curriculum. The program includes resources to conduct a parent presentation, teacher trainings, and other school-wide activities. There are also information sheets and safety briefs to share with parents, teachers, and school staff.

The content of the curriculum is very good! The topics are discussed in an age-appropriate, relevant, and engaging manner. It addresses the complexity of the issues. For example, the curriculum discusses how peer pressure can be bad, when it encourages people to participate in unhealthy or unsafe behaviors, or good, when it encourages people to participate in healthy and safe behaviors.

Most of the videos are good quality, and represent age-similar, diverse peers promoting the messages. A few of the videos are slightly older, mainly shown by the quality of the recording, but the information is still good. There is one video in the 8th grade curriculum titled "Two Kinds of Stupid". I would remove this video and the associated slide, as the language in the title is offensive.

The materials do primarily focus on heterosexual relationships. The materials for each grade are adapted to be more relevant to the age, such as incorporating a variety of topics and using different videos. This means that the curriculum could be used with the same participants for three years to reinforce the message, while also not being repetitive.