October Care Package

Restorative Practices



Bite (5-10 minutes)

Option 1: Review <u>Restorative Practices: Explained by the International</u> Institute for Restorative Practices (IIRP)

Self-Reflect:



- How could implementing Restorative Practices positively transform your building climate and culture?
- Will implementing Restorative Practices require a paradigm shift in your current behavior response policies or practices?
- What is the first step your team will need to take to implementing or improving restorative justice in your building?

Option 2: Read Getting Out in Front of Behaviors

Discuss with Your Team:

- What forms of preventative discipline do you currently implement in classrooms? Are they common expectations for all staff and supported with professional development?
- What supports are provided for staff to ease the impact of behavioral challenges?
- Consider: Restorative Practices are built around SEL foundations what social emotional supports are your staff provided? Consider resources by OSPI's <u>Workforce Secondary Traumatic Stress</u> team.

Option 3: Read <u>Restorative Practices Help Reduce Student Suspensions</u>

Discuss with Your Team:

- Were you surprised by any of the findings?
- Which of the 11 Elements within the Whole-School Change Program do you currently implement with staff?
- Is intentional training needed to introduce or improve any elements in your building?

Snack (30 minutes +)

Option 1: Review <u>The Starts and Stumbles of Restorative Justice in</u> Education: Where Do We Go From Here?

Discuss with Your Team:

- Which research-based recommendation will positively push your current practices?
- How can you ensure you consistently review data as part of a strategic rollout plan?



Option 2: Review <u>12 Indicators of Restorative Practice Implementation:</u> Checklist for Administrators

Discuss with Your Team:

- Based on the checklist, are you currently utilizing more punitive-based approaches to student discipline, and what level of policy reform will it take to revise current practices towards a restorative model?
- What systemic and external supports will your team need to fully implement systemwide restorative practices with staff buy-in?
- What do the self-assessment tools highlight as areas of support needs?

Option 3: Read <u>Fostering Belonging</u>, <u>Transforming Schools: The Impact</u> of Restorative Practices

Discuss with Your Team:

- What will it take for your team to shift from a culture of exclusion to a relational culture?
- Are you currently receiving/providing continuous and sustained training for staff? How could trainings be expanded to include students, families, and community members?
- What funding or financial supports will your team need to make restorative practices a long-term investment? What current funding resources are available?

Meal (60 minutes +)

Option 1: Watch & Discuss the October Graduation Equity Webinar

Restorative Practices – Dr. Lori Lynass, Executive Director of Sound Supports



Restorative Practices, which focus on resolving conflict, repairing ham, and healing relationships through a foundation of integrated and preventative SEL strategies, have shown to prevent bullying and reduce disciplinary incidents in school. Presented by Briana Kelly, the Assistant Director of Restorative Practices and Student Discipline, we are bringing you Dr. Lori Lynass, the Executive Director of Sound Supports, to talk about the advice

she shares with schools and staff about implementing restorative practices. She will be joined by our practitioner panel from the Franklin Pierce School District to talk about their experiences as restorative justice facilitators. Register for live content on October 11 or watch the recording.

Discuss with Your Team:

- Where can we better implement and/or improve restorative justice practices within our current multi-tiered systems of support?
- What resources and supports will our staff need to buy-into and implement Restorative Practices with fidelity?



Option 2: Watch <u>Demystifying Systemic Social and Emotional Learning:</u> <u>Supportive Discipline</u>

Discuss with Your Team:

- Are there any areas of your current discipline practices that might get flagged as not culturally responsive, developmentally appropriate, or centered around student learning? Based on recommendations, why will this be important to review and fix?
- How many current discipline processes are reactionary & responsive punishments versus preventative & proactive relational responses?

Option 3: Read <u>IIRP - Restorative Practices in the Classroom</u>

Discuss with Your Team:



- How could this chapter be utilized to spark staff discussions on currently used restorative practices during professional development trainings?
- Which element within the Restorative Practices Continuum does your school climate and discipline data highlight as the most important to reinforce within current building practices?

Buffet (180 minutes +)

Option 1: Review OSPI's Behavior Menu of Best Practices and Strategies

This report contains best practices for behavior, foundational content describing Washington state's approach to school discipline, and initiatives designed to improve social-emotional learning for all students through a Multi-Tiered System of Supports (MTSS) framework.

Option 2: Review Resources that <u>Honor the Indigenous Roots of</u> Restorative Practices

This collection of resources centers restorative justice around its historical roots of Indigenous cultural practices, which emphasize that respect, empathy, and accountability are at the heart of changing behavior, repairing harm, and cultivating a culture of belonging.



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All students prepared for postsecondary pathways, careers, and civic engagement.

