

WA Sexual Health Education Academic Learning Standards, Grades 3-5

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| <b>Curriculum:</b> |  | <b>Reviewer:</b> |  | <b>Date:</b> |  |
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|---|---|--|-----|----|---|---|----|
| Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.   |   |  | N/A | SD | D | A | SA |
| <p><b>Grade 3<sup>1</sup></b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Recognize medically accurate names for body parts, including internal and external reproductive anatomy.</li> <li><input type="checkbox"/> Understand puberty is part of the process of growth and development.</li> <li><input type="checkbox"/> Understand humans can reproduce.</li> <li><input type="checkbox"/> Explain that gender roles can vary considerably.</li> <li><input type="checkbox"/> Understand importance of treating others with respect regarding gender identity.</li> <li><input type="checkbox"/> List characteristics of healthy and unhealthy friendships.</li> <li><input type="checkbox"/> Understand that a child is not at fault if an unwanted touch occurs.</li> </ul> | <p><b>Grade 4</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Label medically accurate names for body parts, including internal and external reproductive anatomy.</li> <li><input type="checkbox"/> Understand physical, social, and emotional changes occur during puberty.</li> <li><input type="checkbox"/> Recognize puberty and physical development can vary considerably.</li> <li><input type="checkbox"/> Understand reproductive organs allow living things to reproduce.</li> <li><input type="checkbox"/> Understand how communicable diseases are transmitted.</li> <li><input type="checkbox"/> Define sexual orientation.</li> <li><input type="checkbox"/> Describe characteristics of healthy friendships and other relationships.</li> </ul> | <p><b>Grade 5</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Understand functions of reproductive systems.</li> <li><input type="checkbox"/> Describe how puberty and physical development can vary considerably.</li> <li><input type="checkbox"/> Recognize puberty prepares the body for reproduction.</li> <li><input type="checkbox"/> Define human immunodeficiency virus (HIV).</li> <li><input type="checkbox"/> Identify methods of transmission and prevention of HIV.</li> <li><input type="checkbox"/> Differentiate between healthy and unhealthy relationships.</li> <li><input type="checkbox"/> Explain importance of using social media safely, legally, and respectfully.</li> <li><input type="checkbox"/> Define sexual abuse.</li> </ul> |     |    |   |   |    |

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| Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.   |  |  | N/A | SD | D | A | SA |
| <p><b>Grade 3</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.</li> </ul> | <p><b>Grade 4</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Identify how friends and family can influence ideas regarding gender roles, identity, and expression.</li> <li><input type="checkbox"/> Explain importance of communicating with trusted adults about relationships.</li> <li><input type="checkbox"/> Understand ways family, friends, and peers can have a positive or negative influence on relationships.</li> </ul> | <p><b>Grade 5</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Describe how media, society, and culture can influence ideas regarding gender roles, identity, and expression.</li> <li><input type="checkbox"/> Identify trusted adults to ask questions about gender identity and sexual orientation.</li> </ul> |     |    |   |   |    |

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| Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health. |  |  | N/A | SD | D | A | SA |
| There are no WA state grade level outcomes for this standard in this grade band.   |  |  |     |    |   |   |    |

<sup>1</sup> There is no sexual health content required for grades K-3 in Washington state. The Grade 3 outcomes are provided for reference if using a comprehensive program. Circle one response (N/A= Not applicable, SD=Strongly Disagree, D=Disagree, A=Agree, SA=Strongly Agree) for each of the standards. Example sexual health ed outcomes are included as a reference but are not required to be taught. Further, if districts use the example outcomes, they may be taught at different grade levels than presented in this rubric. Revised 3/4/2021.

WA Sexual Health Education Academic Learning Standards, Grades 3-5

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|---|---|--|-----|----|---|---|----|
| Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.   |   |  | N/A | SD | D | A | SA |
| <b>Grade 3</b>  | <b>Grade 4</b>  | <b>Grade 5</b>   |     |    |   |   |    |
| <input type="checkbox"/> Identify trusted adults to communicate with about relationships.<br><input type="checkbox"/> Identify positive ways to communicate differences of opinion while maintaining relationships. | <input type="checkbox"/> Demonstrate ways to show respect for all people.<br><input type="checkbox"/> Demonstrate positive ways to communicate differences of opinion and feelings while maintaining relationships. | <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade. |     |    |   |   |    |

|  |  |  |     |    |   |   |    |
|--|--|--|-----|----|---|---|----|
| Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health. |  |  | N/A | SD | D | A | SA |
| There are no WA state grade level outcomes for this standard in this grade band.                   |  |  |     |    |   |   |    |

|   |  |  |     |    |   |   |    |
|---|--|--|-----|----|---|---|----|
| Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health. |  |  | N/A | SD | D | A | SA |
| There are no WA state grade level outcomes for this standard in this grade band.                |  |  |     |    |   |   |    |

|  |  |   |     |    |   |   |    |
|--|--|---|-----|----|---|---|----|
| Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks. |  |   | N/A | SD | D | A | SA |
| <b>Grade 3</b>   | <b>Grade 4</b>   | <b>Grade 5</b>  |     |    |   |   |    |
| <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.                       | <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade. | <input type="checkbox"/> Identify ways to manage physical, social, and emotional changes that occur during puberty. |     |    |   |   |    |

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| Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health. |  |  | N/A | SD | D | A | SA |
| <b>Grade 3</b>  | <b>Grade 4</b>   | <b>Grade 5</b>   |     |    |   |   |    |
| <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade.      | <input type="checkbox"/> There are no WA state grade level outcomes for this standard in this grade. | <input type="checkbox"/> Promote ways to show respect for all people.<br><input type="checkbox"/> Understand how to support a peer to recognize healthy and unhealthy relationships. |     |    |   |   |    |