## **Chicken Popcorn**



### **Product Information**

	W code:	W220
	Pilgrim's	#110452
	Pride:	
A CONTRACTOR	Serving/case:	104
	Net Weight:	30lb

### Crediting Information per Serving:

	Serving Size.	4.502
	Meat or M/A:	2oz
	Grain:	1oz
	Vegetables:	-
	Fruit:	-
	CN Label:	Yes*
*O	btain from produc	t package

Nutrition Facts	
Serving Size: 10 Pieces (122g)	
Amount Per Serving	
Calories 270	
Total Fat 13g	
Sat. Fat 3g	
Trans Fat Og	
Cholesterol 70mg	
Sodium 610mg	
Carbohydrates 17g	
Dietary Fiber 3g	
Sugars Og	
Protein 19g	
Vitamin D 09	6
Calcium 29	6
Iron 89	6
Potassium 99	6

# **Preparation Instructions:** Appliances vary, adjust heat times accordingly. Conventional Oven: From frozen, preheat to 375 degree F, bake uncovered for 11 minutes. Microwave (1000 W): From frozen, on high for 2 minutes.

### Ingredients:

Chicken, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates,
Breaded With: Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate,
Riboflavin, Folic Acid), Disodium Inosinate and Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar,
Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives of Paprika, Yeast Extract.
Battered With: Water, Whole Wheat Flour,
Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate and Disodium Guanylate.
Predusted With: Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive.

CONTAINS: MILK, SOY, WHEAT