# OSPI CNS School Nutrition Programs Reference Sheet

## **Product Documentation**

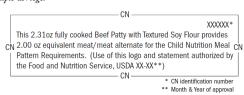
Child Nutrition program sponsors must retain product documentation that demonstrate how menu items meet meal pattern requirements.

## **Types of Product Documentation**

- ✓ Food Buying Guide
  - Items must exactly match description in Food Buying Guide

## ✓ Child Nutrition (CN) Label

- District label issued by USDA
- Only meat/meat alternates (M/MA) items or combination items that include M/MA are eligible to apply for CN labels
- Obtain label from packaging or take a photo of the label
- Watermarked copies of CN labels are not acceptable unless accompanied by a bill of lading
- CN labels have to be renewed by the manufacturer every five years *A sample CN logo:*



## ✓ Product Formulation Statement (PFS)

- Obtain from manufacturer
- Provides specific product information:
  - product name
  - manufacturer's product code / unique identifier code
  - serving or portion size
  - creditable ingredients
- Lists meal pattern contribution and shows how meal pattern crediting was obtained
- For items that contain Alternate Protein Product (APP), manufactures must provide additional documentation regarding the APP (see <u>Attachment A of the Meat/Meat Alternate PFS form</u>)
- Must be on manufacturers letterhead and signed
- ✓ USDA Nutrition Fact Sheet
  - Specific to USDA foods purchased through the USDA Food Distribution Program



Washington Office of Superintendent of **PUBLIC INSTRUCTION** 

- Available at <a href="http://www.fns.usda.gov/fdd/nslp-usda-foods-fact-sheets">http://www.fns.usda.gov/fdd/nslp-usda-foods-fact-sheets</a>
- ✓ W Code Nutrition Fact Sheets
  - Available for Washington processed items at
    <u>http://www.k12.wa.us/ChildNutrition/programs/FoodDistribution/FactSheets.aspx</u>
  - If fact sheet indicates product has CN label; obtain CN label from product package

#### ✓ Product Ingredient List

• List of ingredients in a food item, listed in order of weight

#### ✓ Nutrition Facts

- List of basic nutrition information about a product that typically includes product weight, serving size, number of servings, and nutrient composition
- Must show: Calories/Saturated Fat/Trans Fat/Sodium

#### ✓ Exhibit A

- USDA grains chart that allows product weight to determine grain ounce equivalent contribution
- Specific item must be listed to use Exhibit A

#### ✓ Standardized Recipe

- Required for any menu item that contains two or more ingredients (other than water)
- Lists all ingredients and amounts
- Includes yield and portion size
- Meal pattern contribution has been figured and listed

## **Product Documentation Needed**

#### Meat/Meat Alternates

 CN Label or Product Formulation Statement AND
 Ingredient List and Nutrition Facts OR
 Nutrition Fact Sheet (USDA or W Code)

#### **Combination Items**

(commercially prepared)

 CN Label or Product Formulation Statement AND
 Ingredient List and Nutrition Facts OR
 Nutrition Fact Sheet (USDA or W Code)

> Grain Items (commercially prepared)

Milk •Label •Nutrition Facts

**Combination Items** 

(self-prepared)

•Standardized Recipe •For each recipe ingredient provide: CN label or Product Formulation Statement **AND** Nutrition Facts **Or** USDA or W code Nutrition Fact Sheet

Grain Items (self-prepared)

## Exhibit A or Product Formulation Statement AND Ingredient List and Nutrition Facts OR

•Nutrition Fact Sheet (USDA or W Code)

#### Fruits

 Food Buying Guide or Product Formulation Statement AND
 Ingredient List (if applicable) and Nutrition Facts OR
 Nutrition Fact Sheet (USDA or W Code) -Standardized Recipe -For each recipe ingredient provide: Label, ingredient list and nutrition facts

#### Vegetables

 Food Buying Guide or Product Formulation Statement AND
 Ingredient List (if applicable) and Nutrition Facts
 OR
 Nutrition Fact Sheet (USDA or W Code)

## **Reference:**

- ✓ <u>7 CFR 210.10</u>
- ✓ <u>TA 07-2010 (v.3)</u>
- ✓ <u>SP11v2 CACFP10 SFSP12-2015</u>

## **Resources:**

- ✓ Exhibit A
- ✓ Food Buying Guide
- ✓ <u>CN Labeling Program</u>
- Product Formulation Statement Guidance Product Documentation
- ✓ USDA Nutrition Fact Sheets
- ✓ Washington State Nutrition Fact Sheets

## **Acronym Reference**

- CFR Code of Federal Regulations
- CNS Child Nutrition Services
- LEA Local Education Agency
- OSPI Office of Superintendent of Public Instruction
- USDA United States Department of Agriculture