

Breastfeeding Resources for Child Care Providers and Parents

Supporting Breastfeeding In Child Care Settings

Resource	Topic	Link
American Academy of Pediatrics (AAP)	AAP Policy Statement on Breastfeeding and the Use of Human Milk.	http://pediatrics.aappublications.org/content/129/3/e827.full
United States Department of Agriculture (USDA)	Infant feeding: A Guide for Use in the WIC and CSF Programs.	http://www.nal.usda.gov/wicworks/Topics/FG/Chapter3_Breastfeeding.pdf
	A Guide for Use in the Child Nutrition Programs.	Feeding Infants - Food and Nutrition Service
US Surgeon General's Call to Action to Support Breastfeeding	Lists reasons and actions to support breastfeeding in several sectors.	http://www.surgeongeneral.gov/library/calls/breastfeeding/calltoactiontosupportbreasfeeding.pdf
CDC	What to do if there is a milk mix up.	http://www.cdc.gov/breastfeeding/recommendations/other_mothers_milk.htm
The Affordable Health Care Act	A guide to insurance options and changes.	https://www.healthcare.gov/
	Breastfeeding and the Health Care Law.	http://www.nwlc.org/resource/breastfeeding-and-health-care-law
	Wage and Hour Law.	http://www.dol.gov/whd/regs/compliance/whdfs22.htm .
Business Case	Information on supporting	http://www.womenshealth.gov/breastfeeding/government-in-action/business-

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for Breastfeeding	breastfeeding in the work place for moms, their supervisors and businesses.	case.html .
Washington Laws Supporting Breastfeeding	Breastfeeding or expressing breast milk is not indecent exposure.	Wash. Rev. Code § 9A.88.010
	A mother has the right to breastfeed her child in any place and can't be discriminated against for breastfeeding or pumping.	Wash. Rev. Code § 49.60.215 and Wash. Rev. Code § 49.60.30(g) .
Secrets of Baby Behavior Blog- UC Davis	Helps parents and others understand normal baby behavior and the stresses of being a new parent and caring for infants. Great information about sleep, crying and baby cues.	http://www.secretsofbabybehavior.com/ .
Washington WIC	Find a WIC clinic and check eligibility for WIC.	www.benefitsapplication.com .
Breastfeeding Coalition of Washington (BCW)	The BCW is a network of community members and coalitions working to promote, protect, and support breastfeeding as the norm in infant feeding.	http://www.withinreachwa.org/what-we-do/healthy-communities/breastfeeding/ .

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Washington Department of Health website	Provides information on immunizations, food safety, women's health and more.	http://www.doh.wa.gov/YouandYourFamily.aspx .
Parent Help 123	A free resource matching families and pregnant women with benefits and resources. Allows people to check their eligibility for some programs and apply online for others.	http://www.parenthelp123.org/ ., or 1-800-322-2588.
Ten Steps to a Breastfeeding Friendly Child Care Center	Wisconsin publication- How to become a baby friendly child care center.	http://www.dhs.wisconsin.gov/publications/P0/P00022.pdf .



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 For persons with disabilities, this document is available on request in other formats.
 To submit a request, please call 1-800-841-1410 (TDD/TTY 1-800-833-6388).
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