

## HAVE YOU HEARD ABOUT "AT-RISK AFTERSCHOOL MEALS"?

When school is out and parents are working, children need a safe place to be with their friends, with structured activities and supportive adults. Afterschool programs that participate in the Child and Adult Care Food Program (CACFP) At-Risk Afterschool Meals program can provide children and youth through age 18 with activities that are safe, fun and filled with opportunities for learning AND nutritious food to supply their bodies with the energy and nutrition they need.

Questions? Call 360-725-6206 or visit us on the web at: <u>http://www.k12.wa.us/ChildNutrition/Programs/CACFP</u>

## HEALTHY MEALS AS PART OF AFTERSCHOOL PROGRAMS...

- Build strong bodies and minds by providing children with nutritional, balanced meals.
- Provide a much needed energy boost to fuel afterschool homework and activities.

## TO BE ELIGIBLE YOU MUST:

- Provide care for children after school.
- Provide organized, regularly scheduled activities in a structured and supervised environment.
- Provide educational or enrichment activities.
- Be located in a low income area with a qualifying school.

## **REIMBURSEMENT:**

Up to one snack and one meal per day.