



## Local Food For Schools

# BISON

## Promotional Resources

### Fun facts

- Bison is high in vitamin B12, a rich source of protein and contain omega-6 and omega-3 fatty acids.
- Bison are the largest land mammals in North America, with mature cows weighing around 1,000 lbs. and bulls weighing up to 2,000 pounds.
- Bison meat is leaner and has a sweeter, richer flavor than beef.
- Bison have been a critical species to Northern Plains tribes for thousands of years.
- The Yakama Nation, Kalispel Tribe and Stillaguamish Tribe are members of the Intertribal Buffalo Council, working to reestablish buffalo herds on tribal lands.

### Know your rancher

#### Stangel Bison Ranch Enterprise, OR

Stangel Bison Ranch is a family owned and operated ranch that has been proudly providing the Pacific Northwest with premium bison meat for over 40 years. Stangel bison are 100% grass fed/finished and raised using regenerative, holistic and sustainable ranching practices. The Stangel's take great pride in providing the best for their land, bison, family, and customers.



## Educational Resources

Food nutrition and education activities can further reinforce Farm to School efforts made in the cafeteria. The following resources were compiled to help your school increase students' knowledge of healthy eating and where food comes from.

- [InterTribal Buffalo Council - Teacher Resource](#)
- [Oklahoma Agriculture in the Classroom – Bison Resources](#)
- [Texas Parks & Wildlife - Learning About Bison Classroom Activities](#)
- [Buffalo Field Campaign – BuffaLove Activity Book](#)
- [Montana Harvest of the Month – Bison](#)



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