Thinking Symbolically

Choice Board

Ask your child to choose one or more of the activities show below. Making a choice and following through are important skills for cognitive and social emotional development.

Questions to Ask:

- "What materials might you need to get started?"
- "What part are you going to draw first?"
- "Tell me about what you drew here."
- "What's your favorite part?"
- "What other details could you add?"
- "What else was around you?"

Draw and Tell It: Have your child draw a picture and then tell you what they drew.	Act It Out: Play a game where your child acts out something and try to guess what they are acting out. Take turns doing it several times.	Build It: Collect cardboard, paperclips, rocks or other materials to build something with. Ask your child to draw a picture of what they are going to build and then let them construct their drawing.
Walk and Draw It: Go on a walk outside. Talk about things you see. Cars, houses, trees, etc. When you get home, ask your child to draw something they saw on the walk.	Read and Act It: Read a book together. After reading ask your child to act out a part or all of the story.	Remember and Draw It: Ask your child about one of their favorite memories, ask them to draw or act it out for you.



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