CAREER AND COLLEGE DEVELOPENT

LESSON 6-8 ▲ MY BUCKET LIST OF INTERESTS

**LEARNING GOALS/OUTCOMES**

* Create a comprehensive list of things people like to do.
* Sort interests into groups with something in common.
* Create a list of activities that they find interesting.

**MATERIALS NEEDED**

* **Student Handouts:**
* Have You Ever Heard Of?
* My Bucket List

**CLASSROOM ACTIVITIES**

1. **Students examine a few unique activities.** Begin by asking the class to guess what people do in the following activities. Clarify as needed. If someone knows the activity, ask them to share their knowledge of it.
* Geo-caching (GPS scavenger hunting)
* Geneology (studying family history)
* Spelunking (exploring caves)
* Sudoku (a solitaire puzzle game)
* Calligraphy (fancy penmanship)
* Rock tumbling (stone polishing)
* Cyberphile (collects electronic devices)
* Batik (the artistic dyeing of textiles)
1. **Students learn the definition of ‘interests’.** Tell students that those activities are examples of ‘interests’ – things that people like to do. People can pursue their interests through education, work, recreation, leisure, and/or volunteer activities. The class today will expand each student’s awareness of interest-related activities.
2. **Students are introduced to a great variety of activities.** Give students the *Have you Ever Heard Of?* Handout. Put students into 14 groups of two or three students. Assign ten activities to each group (eg. group #1 has activities 1-10, group #2 has 11-20). Ask each group to discuss what they know about their ten activities and then select their collective favorite of the ten. After a few minutes, ask a spokesperson for the group to read out their ten activities and announce their group choice.
3. **Students sort activities into groups.** Tell students that activities can be sorted into groups with something in common. Ask them to identify the activities from the list that would be grouped under the title of ‘music’ (11, 41 - 46, 88, 89, 136). Ask them to identify the activities that could be grouped under the title of ‘water’ (66, 77, 83, 84, 101, 108, 110, 112).
4. **Student teams create unique groupings of activities.** Ask student teams to use the entire list of interests to create five different groups of activities with at least five activities in them. Ask each student to declare to their team which of their new groupings is their favorite.

Ask students if they know of anyone in their friends and family or of any famous person who engages in any of these activities. What do those people like about those activities?

1. **Students create a personal Bucket List.** Give students *My Bucket List*. Explain that a Bucket List is a list of things you would like to do at some point in your life. Tell students they don’t have to do them all at once, these are things that someday they might like to learn more about, take lessons or classes to understand, or join a group that is involved in that particular activity. Encourage every student to identify 20 different interests. Tell students they can list interests not included in the Handout.
2. **Students evaluate their Bucket List of interests.** Ask students to write in their Journal Page responses to the following questions about the interests in their Bucket List.
	* Group your Bucket List of interests into three groups – High Interest, Average Interest, and Mild Interest. Identify common characteristics in your high interest activities.
	* What percentage of your Bucket List of interests are you involved in today? Does this percentage seem high, low, or ‘just right’ to you? Explain.
	* Which interest that you are not involved in would you most like to pursue? What would be the first step towards becoming involved in this interest?

**STUDENT PRODUCTS**

* **Completed *My Bucket List***
* **Completed *Journal Page***

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LESON 6-8 STUDENT HANDOUT

 HAVE YOU EVER HEARD OF?

1. Geo-caching
2. Spelunking
3. Sudoku
4. Laser tag
5. Rock tumbling
6. Acting/Drama
7. Tie-dying
8. Fly-tying
9. Animal care
10. Dagger collecting
11. Karaoke
12. Sky diving
13. Environmental action
14. Architecture
15. Bird watching
16. Calligraphy
17. Candle making
18. Ceramics/Pottery
19. Crochet
20. Fashion design
21. Film Making
22. Floristry
23. Gardening
24. Jewelry making
25. Knitting
26. Foreign languages
27. Manga
28. Painting/Drawing
29. Photography
30. Quilting
31. Scrap booking
32. Screenwriting
33. Sewing
34. Sign language
35. Coffee roasting
36. Cooking
37. Making sushi
38. Inventing things
39. Pottery
40. Writing stories/poetry
41. Day Dreaming
42. Guitar
43. Harmonica
44. Piano/Keyboard
45. Singing
46. Songwriting
47. Video gaming
48. Helping children
49. Web research
50. Electronics
51. Geneology
52. Opera
53. Astrology
54. Astronomy
55. Investing
56. Stand-up comedy
57. Archery
58. World travel
59. Racquet sports
60. Boxing
61. Body building
62. Camping
63. Cartooning
64. Croquet
65. Fencing
66. Fishing
67. Golf
68. Hiking
69. Horseback riding
70. Hunting
71. Ice skating
72. Inline skating
73. Kayak/Canoe
74. Martial arts
75. Pilates
76. Running
77. Sailing
78. Landscaping
79. Snowboarding/Skiing
80. Swimming
81. Tai chi
82. Flash mobs
83. Wakeboarding
84. Waterskiing
85. Weight training
86. Yoga
87. Ballet
88. Break dancing
89. Ballroom dancing
90. Psychology
91. Reading
92. Science
93. Shopping
94. Social networking
95. Airplane flying
96. Airplane combat
97. Auto-racing
98. Base jumping
99. Go-karts
100. Hang gliding
101. Kite surfing
102. Motocross
103. Mountain biking
104. Mountain climbing
105. Mountaineering
106. Off-road driving
107. Paintball
108. Paragliding
109. River rafting
110. Skateboarding
111. Scuba diving
112. Debating
113. Surfing
114. Wingsuit flying
115. Arcade games
116. Billiards/Pool
117. Board games
118. Card games
119. Archaeological digs
120. Chess
121. Bungee jumping
122. Event volunteering
123. Magic/Card tricks
124. Meditation
125. Leadership/Politics
126. Pinball machines
127. Radio-controlled vehicles
128. Ping pong
129. Antiques
130. Coin collecting
131. Mechanics
132. Classic cars
133. Art collecting
134. Model cars
135. Watching movies
136. Movie memorabilia
137. Music memorabilia
138. Sports memorabilia
139. Sports trading cards
140. Comic book collecting
141. Stamp collecting
142. Woodwork

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LESON 6-8 STUDENT HANDOUT

 MY BUCKET LIST

**Name**

***Sometime in my life, I want to try many different things. Here are a few:***

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.
12.
13.
14.
15. **![MC900013091[1]]()**
16.
17.
18.
19.
20.

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LESON 6-8 STUDENT HANDOUT

 JOURNAL PAGE

**DATE:**

**Lesson 6-8 | *MY BUCKET LIST OF INTERESTS***

***Q1:*** Group your Bucket List of interests into three groups – High Interest, Average Interest and Mild Interest. Identify common characteristics in your high interest activities.

***Q2:*** What percentage of your Bucket List of interests are you involved in today? Does this percentage seem high, low or “just right” to you? Explain.

***Q3:*** Which interest that you are not involved in would you most like to pursue?

***Answers:***