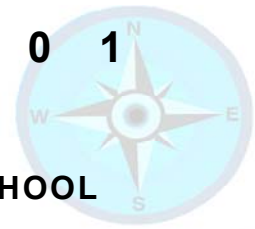

N A V I G A T I O N 1 0 1

GRADE: 7

LESSON: 15



THEME: PLANNING FOR LIFE AFTER HIGH SCHOOL

LESSON GOALS:

- Help students review their Annual Goals.
- Incorporate these Annual Goals and students' career and postsecondary explorations into an updated draft **High School & Beyond Plan Worksheet**.

ESSENTIAL QUESTIONS:

- What do I want to do in the future?
- How can I plan?

MATERIALS NEEDED:

- **Annual Goals Handout** (*completed – from students' portfolios*)
- **High School & Beyond Plan Worksheet** (*last page of this lesson plan*)

CLASSROOM ACTIVITIES:

1. **Discuss students' goals for the year.** Have students retrieve the Annual Goals they developed during Lesson 5 from their portfolios. Lead students in a discussion about their goals. What did they hope to achieve this year? Have they succeeded? What kind of help do they need to achieve their goals? (*5 minutes*)
2. **Review the High School & Beyond Plan.** Students graduating from high school in 2008 and after are required by OSPI to complete a **High School & Beyond Plan**. The format of that plan is up to the individual district, but it must include information on: students' personal stories, their learning styles and plans, their goals for high school, and their goals for life after high school. Explain that students will have the opportunity to begin work on that plan now so that when they are in high school it will be easy to complete it. (*5 minutes*)
3. **Complete a DRAFT High School & Beyond Plan Worksheet.** Distribute copies of the **High School & Beyond Plan Worksheets**. Ask students to answer the questions on the handout. Tell them to use the work they've done this year in advisory to help them. (*10-15 minutes*)

STUDENT PRODUCTS:

- **High School & Beyond Plan Worksheet.** Each student should complete a worksheet and file it in his or her portfolio.



HIGH SCHOOL & BEYOND PLAN - GR 7



Name: _____ Grade: _____ Advisor: _____

WHAT ARE YOUR GOALS FOR THIS YEAR?

Using the *Annual Goals Worksheet* you filed in your portfolio, please think about the goals you developed for 7th grade, and then copy them here. You can update them or change them if you want.

GOAL 1 (Academic): This year I will _____

GOAL 2 (Career): This year I will _____

GOAL 3 (Citizen): This year I will _____

WHO ARE YOU?

What you do after high school will depend on what you're interested in. What do you like to do?

I am interested in _____ . When I grow up, I want to _____

HOW DO YOU LEARN BEST?

You are in your second year of middle school. How are you doing? What can you do to improve?

To do better in school, I can _____

WHAT DO YOU WANT TO DO IN HIGH SCHOOL?

What do you hope to accomplish when you are in high school? Check all that apply.

- | | | |
|---|--|---|
| <input type="checkbox"/> Join a sports team | <input type="checkbox"/> Join other clubs and activities | <input type="checkbox"/> Play a musical instrument |
| <input type="checkbox"/> Get a _____ GPA | <input type="checkbox"/> Take honors classes | <input type="checkbox"/> Take four years of math |
| <input type="checkbox"/> Take four years of science | <input type="checkbox"/> Take a foreign language | <input type="checkbox"/> Get a part-time job |
| <input type="checkbox"/> Be in school government | <input type="checkbox"/> Be a mentor to other students | <input type="checkbox"/> Volunteer in the community |
| <input type="checkbox"/> Learn more about careers | <input type="checkbox"/> Learn more about postsecondary | <input type="checkbox"/> Graduate on time |

WHAT DO YOU WANT TO DO AFTER HIGH SCHOOL?

Based on what you know today, what do you think you'll do after high school? Check all that apply.

- | | | |
|---|---|--|
| <input type="checkbox"/> Get a job right away | <input type="checkbox"/> Find an apprenticeship | <input type="checkbox"/> Get a 2-year degree |
| <input type="checkbox"/> Get a 4-year degree | <input type="checkbox"/> Go to graduate school | <input type="checkbox"/> Join the military |

My ideal job is: _____

