
N A V I G A T I O N 1 0 1

GRADE: 7

LESSON: 11



THEME: PLANNING FOR LIFE AFTER HIGH SCHOOL

LESSON GOALS:

- Help students explore several different postsecondary options.
- Discuss the connections between student's interests and postsecondary options.

ESSENTIAL QUESTIONS:

- What will I do after high school?
- How can I plan?

MATERIALS NEEDED:

- **Career Interests Worksheet** (*from Lesson 9, in students' portfolios*)
- **Postsecondary Worksheet** (*located on the next page of this lesson plan*)
- **Program information from one or two local colleges** (*from your lead advisor*)

CLASSROOM ACTIVITIES:

1. **Discuss students' career interests.** Several lessons ago, students had the opportunity to use their interest assessments to think of three careers that might be interesting. Have students retrieve their **Career Interests Worksheets** from their portfolios. Discuss the careers they have selected. Why do these careers sound interesting? Any changes from last year? Why? (*5-10 minutes*)
2. **Review program offerings at one or two local colleges.** As your students have heard you say by now, nearly any career they choose will require postsecondary education. How will they get that education? Continue that discussion today by exploring a few options: a local community college and/or a local four-year college. Provide information about one or both of these. (*5-10 minutes*)
3. **Discuss what students could study at one of these schools.** Using the careers they've selected – and the information you have available – what would your students study to prepare for their dream jobs? Work as a whole group or in small groups to identify majors that would help students prepare for one of their dream jobs. Distribute the **Postsecondary Worksheet** and ask students to complete it. (*10-15 minutes*)

STUDENT PRODUCTS:

- **Postsecondary Worksheet.** Students should complete and file in their portfolios.





POSTSECONDARY WORKSHEET – Gr 7

Name: _____ Grade: _____ Advisor: _____

WHAT DO YOU WANT TO DO AFTER HIGH SCHOOL?

List one career that is interesting to you, from the list of three careers you made on your **Career Interests Worksheet** that is in your portfolio.

A career that sounds interesting is: _____

WHAT EDUCATION WILL THAT CAREER REQUIRE?

Using the information your advisor gave you from a local college, choose a program of study (a major) and a degree that will help you get the career you listed.

(For instance, if you want to be a computer technician, you might decide to get a Bachelor of Science degree in Computing & Software Systems or an Associate degree in Computer Technology.)

If I attended (name of college): _____

I could major in (name of program): _____

and get the following degree: _____

This education would help me prepare because (list information from the college about what you would learn in this program):
