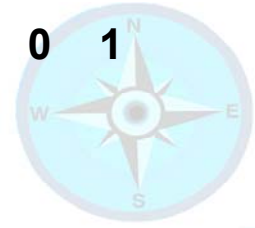

N A V I G A T I O N 1 0 1

GRADE: 7

LESSON: 9

THEME: EXPLORING CAREERS



LESSON GOALS:

- Help students continue to explore their interests.
- Discuss the connections between student's interests and career opportunities.
- Help students start the process of researching educational requirements for different careers.

ESSENTIAL QUESTIONS:

- What are my interests?
- What should I do?

MATERIALS NEEDED:

- **Career Interests Worksheet** (*located on next page of this lesson plan*)

CLASSROOM ACTIVITIES:

1. **Discuss students' interests.** Distribute the **Career Interest Worksheets**. Remind students of the interest assessment they took recently. Then ask them to answer the first several questions on the worksheet, either individually or in small groups. They will describe what they learned about themselves and whether they were surprised by this information. They will also have the opportunity to say if they thought the assessment got them wrong. *(5-10 minutes)*
2. **Next discuss career possibilities.** Did their interest assessments give students any career ideas? Discuss these ideas with your students. What did they learn about careers that might be interesting to them? What do they know about these careers? Ask students to complete the next two questions on their worksheets. Each student should list three career ideas and select the one that is most interesting. *(10-15 minutes)*
3. **Finally, discuss what education different careers require.** Have your students learned anything yet about the education that is required for different careers? It is possible that they haven't – and you can give them ideas if you know the answer to the last question on the worksheet. Ask each student to complete this question as well as they can. *(5 minutes)*

STUDENT PRODUCTS:

- **Career Interests Worksheet.** Each student should complete and file a worksheet.





CAREER INTERESTS WORKSHEET

Name: _____ Grade: _____ Advisor: _____

WHAT IS YOUR PERSONALITY TYPE?

What type of personality did the test you took say you have?

Did this surprise you? Why or why not?

- No, I was not surprised. This sounds just like me.
- Yes, I was surprised because _____

Do you think the test was accurate? Why or why not?

- Yes, the test results described me as I see myself.
- No, I don't see myself that way. Instead, I am: _____

WHAT CAREERS INTEREST YOU?

Did the test you took suggest any careers? List three possible careers suggested, and check the box next to the one you're most interested in.

- Career Idea #1: _____
- Career Idea #2: _____
- Career Idea #3: _____

Why does this career sound interesting?

What type of education does this career require? If you don't know, how can you find out?

- A high school education
- A 2-year degree (Associate's Degree) from a community or technical college
- An apprenticeship (get on-the-job training for a skilled job)
- A 4-year degree (Bachelor's Degree) from a 4-year college or university
- Post-graduate education (such as a medical or law degree)

