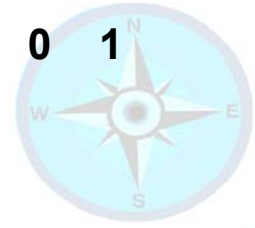

N A V I G A T I O N 1 0 1

GRADE: 7

LESSON: 5



THEME: SETTING GOALS

LESSON GOALS:

- Help students review their Citizen, Academic and Career goals.
- Help students combine these into **Annual Goals** to guide their work for the rest of the year.
- Review portfolios and add Annual Goals to portfolios.

ESSENTIAL QUESTIONS:

- What do I want to achieve this year?

MATERIALS NEEDED:

- **Annual Goal Handout** (*next page of this lesson plan – one copy for each student*)
- **Students' Citizen, Academic and Career goals** (*from earlier lessons*)
- **Portfolio video** (*from your lead advisor or the Navigation 101 web site*)

CLASSROOM ACTIVITIES:

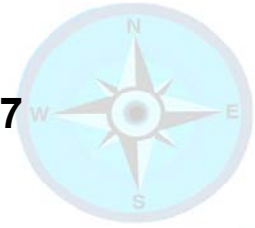
1. **Discuss students' Citizenship, Academic and Career Goals.** Over the last several lessons, your students have been asked to develop goals for (1) joining activities and volunteering at the school; (2) succeeding academically this year; and (3) following their interests to explore career pathways. Discuss these goals with them. Have they taken any steps to achieve their goals? What might help them achieve their goals? *(5-10 minutes)*
2. **Develop Annual Goals.** Distribute a copy of the **Annual Goals** handout to each student. Ask students to study the goals they have set so far this year and then decide how to combine them into a set of overall goals for the school year. You may want to have students discuss their goals in small groups or as a whole group. *(5-10 minutes)*
3. **Review portfolios.** Have students retrieve their portfolios. Ask them to file their **Annual Goals** in the Academic Development section of their portfolios. Give them the opportunity to view the **Portfolio** video. Ask if any of them have any other work samples they'd like to file in their portfolios. *(10-15 minutes)*

STUDENT PRODUCTS:

- **Annual Goals.** Each student should develop at least three goals and file them.



ANNUAL GOALS - GR 7



Name: _____ Grade: _____ Advisor: _____

WHAT DO YOU WANT TO ACCOMPLISH THIS YEAR?

So far this year, you've developed three goals for 7th grade:

- **Academic** – how you will successfully manage your classes this year
- **Career** – how you will learn more about your interests and explore a career pathway
- **Citizen** – how you will participate and volunteer in school activities

Are your goals realistic? What would help you accomplish your goals this year?

- Should you change your goals to make them more realistic?
- Should you set priorities, and organize your goals by how important they are?
- Should you rewrite your goals – in terms of small steps – that will be easier to accomplish?
- Can you think of people who can help you succeed?

Think about these questions. Then write at least three “Annual Goals” that you want to accomplish.

ANNUAL GOALS

GOAL 1 (Academic): This year I will _____

GOAL 2 (Career): This year I will _____

GOAL 3 (Citizen): This year I will _____

Additional notes:

