
N A V I G A T I O N 1 0 1

GRADE: 7

LESSON: 4

THEME: EXPLORING CAREERS



LESSON GOALS:

- Help students reflect on their goals and dreams for the future.
- Review the connections between student's interests and career ideas.
- Help students develop a **Career Goal** (leads to Annual Goals).

ESSENTIAL QUESTIONS:

- What are my interests?
- What should I do?

MATERIALS NEEDED:

- **Career Goal Worksheet** (*next page of this lesson plan – one copy for each student*)

CLASSROOM ACTIVITIES:

1. **Discuss students' Academic and Citizenship Goals.** Over the last several lessons, your students have been asked to develop goals for participating and volunteering at school and for succeeding academically this year. Discuss these goals with them. What is different from last year? How can you help students contribute to life at school? What about academics? *(5-10 minutes)*
2. **Discuss future dreams and goals.** What do your students want to do when they grow up? What are their goals for ten years from now? Lead a discussion on this topic. Some of your students may have very clear ideas; others may not have any ideas. You may want to have students talk in small groups, or you may want to direct the discussion by asking students about their interests and how those interests might translate to future goals. Build on the career exploration work students did during 6th grade. What did they learn about themselves? *(5-10 minutes)*
3. **Have students develop Career Goals.** Distribute a copy of the **Career Goal Worksheet** to each student. Help students answer the questions and then ask each student to complete the goal statement by indicating a career pathway they would like to explore this year. Remind them that these goals should be based on their dreams for the future. ***Please collect these.*** *(5-10 minutes)*

STUDENT PRODUCTS:

- **Career Goal.** Each student should develop a career exploration goal. Save them for Lesson 5.



CAREER GOAL WORKSHEET - Gr 7



Name: _____ Grade: _____ Advisor: _____

WHAT ARE YOU INTERESTED IN DOING?

What activities do you participate in at school? Why? What do these activities say about you and who you are? What do you want to do when you grow up?

Look at the chart below. Which of the Career Pathways sounds the most interesting to you? Circle the pathway that you think is the most interesting.

Do you like expressing yourself creatively or performing?	Do you like organizing things or persuading people?	Do you like working on a team to solve problems?	Do you like helping other people?	Do you like working outdoors or solving problems?
PATHWAY: Arts, Media, Communications & Design	PATHWAY: Business, Management & Finance	PATHWAY: Engineering, Science & Technology	PATHWAY: Education, Social & Health Services	PATHWAY: Agriculture, Science & Natural Resources

Based on that information, how can you learn more about careers this year? Do you want to...

- Learn what kinds of jobs or careers are in the pathway you selected?
- Find out how much education you'll need for different careers?
- Learn what you should do to prepare for high school?

What do you want to do? Please write at least one goal below for your career exploration this year.

CAREER GOAL:

Based on my interests I think I might like the career pathway: _____.

Here is what I would like to learn about this pathway during 7th grade:

