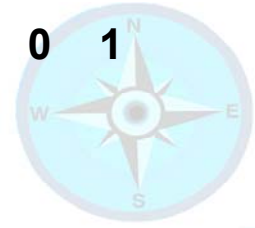

N A V I G A T I O N 1 0 1

GRADE: 6

LESSON: 3

THEME: IMPROVING ACADEMICALLY



LESSON GOALS:

- Help students reflect on their classes this year and on assessments they've taken.
- Help students develop an **Academic Goal** (leads to Annual Goals).

ESSENTIAL QUESTIONS:

- How am I doing?
- How can I do better?

MATERIALS NEEDED:

- **Academic Goal Worksheet** (*next page of this lesson plan – one copy for each student*)
- **Information about online student grades or records programs** (*from your lead advisor*)
- **Students' WASL or other assessment scores or early grade records** (*if desired*)

CLASSROOM ACTIVITIES:

1. **Discuss students' academic performance.** How are your students doing so far in middle school? Are they managing their classes? What about their homework? How have they done on any assessments they've had so far? Discuss how they feel the year is going. (*5-10 minutes*)
2. **Introduce opportunities for students to keep track of their work.** Does your school district offer a way for students and parents to access their school records electronically? With paper printouts? If so, help your students learn to use it, and provide information to parents. Explain that it's important for students to have a good sense of how they're doing in school. That way they won't risk falling too far behind without realizing it. (*5-10 minutes*)
3. **Have students develop an Academic Goal.** Distribute a copy of the **Academic Goal Worksheet** to each student. Ask each student to complete the goal statement by indicating at least one academic achievement they would like to accomplish this year. These goals should be based on how they are doing so far this year. These goals are meant to help them transition into middle school and succeed. *Please collect these.* (*5-10 minutes*)

STUDENT PRODUCTS:

- **Academic Goal.** Each student should develop an academic goal. Save for Lesson 5.



ACADEMIC GOAL WORKSHEET – Gr 6



Name: _____ Grade: _____ Advisor: _____

WHAT DO YOU WANT TO ACHIEVE THIS YEAR?

You're new to middle school, and you're probably finding your courses challenging. How are you doing? What do you want to achieve this year?

You've had the opportunity to talk about your progress in your classes so far. How are you doing?

Based on that information, think of your biggest academic goal for this year. Do you want to...

- Get a certain GPA (say, 3.0)?
- Pass all your classes?
- Do all your homework?
- Meet standard on all sections of the WASL next spring?
- Get into an honors class?
- Learn another language?

What do you want to do? Please write at least one goal below for your academic achievements this year.

Make sure your goal is "SMART," that is:

- **Specific** rather than general (*Such as: "I want to get a 3.0 GPA this year"*).
- **Measurable** by what you will do during the year (*by grades or test scores, for instance*).
- **Achievable** or realistic for 6th grade.
- **Rewarding** so that you will feel you've accomplished something.
- **Time-oriented** and able to be finished by the end of the school year.

ACADEMIC GOAL:

While I am in 6th grade, I want to _____ . This will help me succeed academically because _____

_____ .

