

**Standing Order for the Administration of School Supplied Stock Epinephrine Auto-Injectors for Potentially Life-Threatening Allergic Reactions (Anaphylaxis) in Individuals Pursuant to RCW 28A.210.383**

**ISSUED TO:**

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NAME OF SCHOOL DISTRICT OR SCHOOL

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STREET ADDRESS

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CITY, ZIP CODE

**Stock epinephrine can be administered in the school setting following district policy and procedure for the following two situations:**

**1. STANDING ORDER FOR STUDENTS WITHOUT A CURRENT EPINEPHRINE ORDER:**

If a student does not have a prescription for epinephrine on file in the school, then **only a school nurse** may administer the school supply of stock epinephrine per auto-injector in the event of a previously unknown life-threatening allergic reaction. Unlicensed school staff should immediately call 911.

**2. STANDING ORDER FOR STUDENTS WITH CURRENT EPINEPHRINE ORDER:**

For a student who **has** a prescription for epinephrine on file in the school, the care plan including the student's licensed healthcare provider's medication orders must be followed. In this situation **ANY** school nurse or designated school staff/Unlicensed Assistive Personnel (UAP) working within the Washington State school system may administer epinephrine using the school supply of stock epinephrine auto-injector in the event the student's prescribed epinephrine auto-injector is not available. (The school's supply of stock epinephrine does not negate parent/guardian responsibility to provide emergency medication).

## **STANDING ORDER PROTOCOL:**

**Emergency Treatment Procedures:** The following Standing Order Protocol will be utilized to manage anaphylactic reactions. In the event of a serious adverse allergic reaction, including anaphylaxis, demonstrated by a student presenting with:

- sudden onset of diffuse and progressive hives,
- respiratory distress,
- oral swelling,
- abdominal cramping,
- nausea/vomiting **AND/OR**
- hypotension

**OR**

- if previously diagnosed student reports exposure to an allergen, the following shall be done:

### **Epinephrine Administration:**

- a. **Administer Epinephrine USP, 1 mg/mL, (1:1000) per auto-injector, intramuscularly**

Adapted from Illinois State

**into the antero-lateral aspect of the thigh (through clothing if necessary) according to the manufacturer's recommendation.**

The **school nurse** will ask or estimate the student's body weight and administer:

- **0.15 mg** epinephrine per auto-injector for body weight **less than 66 lbs** (30 kg) or
  - **0.3 mg** epinephrine per auto-injector for body weight **greater than 66 lbs** (30 kg).
- The time of injection and the anatomical site of the injection will be noted and reported to emergency services personnel
- b. **The School Nurse and UAP** will administer **Epinephrine by auto-injector** to students with diagnosed anaphylaxis:
    - per established Medication Authorization/Medication Orders and
    - follow the established student health plans
    - following district procedures for students with life threatening conditions.
2. **Activate Emergency Medical Services (EMS) by calling 911**, and then contact student's parent/guardian.
  3. **Monitoring:**
    - a. Closely monitor the student until EMS arrives.
    - b. Perform CPR and maintain airway, if necessary.
    - c. Keep the student in a supine or recovery position unless he/she is having difficulty breathing or is vomiting.
    - d. If having difficulty breathing the student's head may be elevated, provided blood pressure is adequate to prevent loss of consciousness.
    - e. The school nurse (if present) will monitor vital signs every 5 – 10 minutes until EMS arrives.
  4. **Frequency of Epinephrine Administration:** If within 5-20minutes symptoms persist or are worsening, **repeat the same dose** of epinephrine as with first dose.
    - a. **If EMS is not on site, 911 is to be called and updated.**
  5. **Emergency services personnel:**
    - a. Shall be advised of
      - symptoms that required the use of epinephrine, dose of epinephrine,
      - anatomical site of the injection, time administered,
      - any change in the symptoms or condition of the student.
    - b. The used epinephrine auto-injector(s) will be given to the emergency services personnel.
  6. **Referral:** The student must be referred to a licensed health care provider for medical evaluation, even if symptoms resolve completely.
    - a. Symptoms may recur after the Epinephrine wears off, as much as 24 hours later.
    - b. The student without a previous prescription for Epinephrine on file must present a medication and/or treatment order from a licensed health care provider on or before their return date to school. ***RCW 28A.210.320 Children with life-threatening health conditions-Medication or treatment orders-Rules.***
  7. **Documentation:**

- a. The school nurse or UAP will complete a written report detailing the name of the student, all of his/her observations, physical assessments, interventions (together with the results of such interventions), the number and dosage of epinephrine administrations, the anatomical injection sites, and times for each.
  - b. The completed written report shall be signed and submitted to the health care provider signing this order and the student's primary care health care provider, if known, within 48 hours.
  - c. A copy of the report shall be kept with the student's health file.
8. **Notification:** As soon as practical, the school shall notify the student's licensed health care provider (if known) and the prescribing LHP who signed this order, of the anaphylactic reaction.

*Note: Epinephrine Auto-Injectors are available in 0.3mg dose and 0.15mg dose. Using two 0.15 doses to obtain 0.3mg dose is permissible.*

**In every case when epinephrine is administered, emergency medical services (EMS) must be activated!**

***EXPIRATION AND DISPOSAL OF UNUSED AUTO-INJECTORS:***

1. The school nurse shall check the expiration date located on the undesignated epinephrine auto-injectors monthly and obtain a new prescription for a replacement auto-injector prior to that expiration date.
2. School Staff shall dispose of an expired unused epinephrine auto-injector in a manner consistent with current school medication policies.
3. Written documentation is required of all stock epinephrine autoinjectors at the time of receipt by a school.
  - a. Any Epinephrine used for a student from the stock supply, will be documented as to date of administration and disposal procedures per district standards.

**This Standing Order is to be in effect for the \_\_\_\_\_ school year.**

*LICENSED HEALTHCARE PROVIDER SIGNATURE:*

*DATE:* \_\_\_\_\_

\_\_\_\_\_

*LICENSED HEALTHCARE PROVIDER NAME (Printed):*

\_\_\_\_\_

*LICENSED HEALTHCARE PROVIDER CONTACT NUMBER:*

\_\_\_\_\_

*LICENSED HEALTHCARE PROVIDER LICENSE NUMBER:*

\_\_\_\_\_

*FAX NUMBER:*

\_\_\_\_\_

Adapted from Illinois State

**Prescription for School Supplied Stock Epinephrine Auto-Injectors for School Use  
Pursuant to RCW 28A.210.383**

**LICENSED HEALTHCARE PROVIDER:**

**DATE:** \_\_\_\_\_

\_\_\_\_\_  
NAME

\_\_\_\_\_  
STREET ADDRESS

\_\_\_\_\_  
CITY, ZIP CODE

\_\_\_\_\_  
PHONE NUMBER

\_\_\_\_\_  
DEA NUMBER

**ISSUED TO:**

\_\_\_\_\_  
NAME OF SCHOOL DISTRICT OR SCHOOL

\_\_\_\_\_  
NAME OF DISTRICT OR SCHOOL REPRESENTATIVE

\_\_\_\_\_  
STREET ADDRESS

\_\_\_\_\_  
CITY, ZIP CODE

#	Dosage
	0.15 mg (<66 lbs) Epinephrine Auto-Injector(s)
	0.30 mg (>66 lbs) Epinephrine Auto-Injector(s)

QUANTITY

**INSTRUCTIONS:**

To be administered, as needed, to a student exhibiting symptoms of anaphylaxis in accordance with the "Standing Order for the Administration of School Supplied Stock Epinephrine Auto-Injectors for Potentially Life-Threatening Allergic Reactions (Anaphylaxis) in Individuals Pursuant to RCW 28A.210.383."

\_\_\_\_\_  
Substitution Permitted

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Dispense as Written

Adapted from Illinois State