

**Washington State Department of Health
2004 School Health Profiles Report
Teacher Results**

1. Health education course is required for students in any of grades 6 through 12 .

	Number	Response	Percent	95% Confidence
Yes				
High School	89	78	87	81 - 92
Middle School	100	77	76	69 - 84
Junior/Senior Combined	39	34	86	78 - 94
Overall	228	189	82	78 - 86

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2. Teachers are required to use each of the following materials in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
The National Health Education Standards				
High School	71	27	37	28 - 46
Middle School	72	28	38	28 - 48
Junior/Senior Combined	31	4	13	2 - 23
Overall	174	59	33	27 - 38
Your state's curriculum, set of guidelines, or framework				
High School	71	55	77	69 - 85
Middle School	74	54	72	63 - 81
Junior/Senior Combined	32	23	72	59 - 85
Overall	177	132	74	68 - 80
Your district's curriculum, set of guidelines, or framework				
High School	74	67	91	85 - 97
Middle School	74	65	87	80 - 94
Junior/Senior Combined	32	24	75	62 - 88
Overall	180	156	86	82 - 91
Your school's curriculum, set of guidelines, or framework				
High School	73	62	85	78 - 91
Middle School	71	52	73	63 - 82
Junior/Senior Combined	29	19	66	49 - 82
Overall	173	133	76	70 - 82
Any materials from health organizations, such as the American Red Cross or the American Cancer Society				
High School	71	32	43	34 - 52
Middle School	72	22	31	21 - 41
Junior/Senior Combined	30	6	20	7 - 33
Overall	173	60	34	28 - 40
A commercially-developed student textbook				
High School	72	42	58	47 - 68
Middle School	71	39	55	45 - 65
Junior/Senior Combined	31	14	46	29 - 62
Overall	174	95	54	47 - 61
A commercially-developed teacher's guide				
High School	72	42	58	47 - 68
Middle School	72	41	57	47 - 67
Junior/Senior Combined	31	11	37	22 - 51
Overall	175	94	53	47 - 60

*Among those schools that required a health education course for students in any of grades 6 through 12.

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3. Teachers tried to increase student knowledge on each of the following topics in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Accident or injury prevention				
High School	77	67	87	81 - 93
Middle School	76	60	78	70 - 87
Junior/Senior Combined	32	22	68	55 - 81
Overall	185	149	80	75 - 85
Alcohol or other drug use prevention				
High School	77	76	99	97 - 100
Middle School	75	74	99	97 - 100
Junior/Senior Combined	34	32	94	88 - 100
Overall	186	182	98	96 - 100
Consumer health				
High School	76	63	83	76 - 90
Middle School	76	52	68	59 - 77
Junior/Senior Combined	33	23	68	55 - 81
Overall	185	138	74	69 - 80
CPR (cardiopulmonary resuscitation)				
High School	77	50	65	56 - 73
Middle School	75	41	53	44 - 63
Junior/Senior Combined	32	19	60	46 - 73
Overall	184	110	59	53 - 65
Death and dying				
High School	74	39	53	44 - 61
Middle School	74	28	37	28 - 46
Junior/Senior Combined	33	12	35	20 - 49
Overall	181	79	43	37 - 48
Dental and oral health				
High School	75	38	50	39 - 60
Middle School	75	38	50	40 - 60
Junior/Senior Combined	33	20	60	45 - 75
Overall	183	96	52	45 - 59
Emotional and mental health				
High School	77	73	95	91 - 99
Middle School	76	62	81	74 - 88
Junior/Senior Combined	33	29	88	78 - 97
Overall	186	164	88	84 - 92
Environmental health				
High School	74	54	74	64 - 83
Middle School	75	41	54	45 - 63
Junior/Senior Combined	32	22	67	53 - 81
Overall	181	117	64	58 - 70

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3. Teachers tried to increase student knowledge on each of the following topics in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
First Aid				
High School	77	56	73	64 - 82
Middle School	76	49	65	55 - 74
Junior/Senior Combined	32	25	79	66 - 91
Overall	185	130	71	65 - 76
Growth and development				
High School	75	62	83	76 - 90
Middle School	75	68	90	84 - 96
Junior/Senior Combined	33	27	81	70 - 93
Overall	183	157	86	81 - 90
HIV (human immunodeficiency virus) prevention				
High School	76	74	98	95 - 100
Middle School	72	71	99	96 - 100
Junior/Senior Combined	34	31	91	83 - 100
Overall	182	176	97	94 - 99
Human sexuality				
High School	76	72	95	91 - 98
Middle School	74	67	90	84 - 96
Junior/Senior Combined	34	30	88	78 - 98
Overall	184	169	92	88 - 95
Immunization and vaccinations				
High School	74	33	45	35 - 55
Middle School	74	34	46	36 - 55
Junior/Senior Combined	31	15	48	30 - 65
Overall	179	82	46	40 - 52
Nutrition and dietary behavior				
High School	73	71	97	94 - 100
Middle School	72	71	99	96 - 100
Junior/Senior Combined	31	30	98	93 - 100
Overall	176	172	98	96 - 100
Personal hygiene				
High School	76	55	72	63 - 82
Middle School	76	63	83	77 - 90
Junior/Senior Combined	32	26	82	70 - 94
Overall	184	144	79	74 - 84
Physical activity and fitness				
High School	72	70	97	94 - 100
Middle School	71	71	100	100 - 100
Junior/Senior Combined	32	31	98	94 - 100
Overall	175	172	99	97 - 100

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3. Teachers tried to increase student knowledge on each of the following topics in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Pregnancy prevention				
High School	75	71	95	90 - 99
Middle School	73	53	72	63 - 81
Junior/Senior Combined	33	26	78	66 - 91
Overall	181	150	82	77 - 87
STD (sexually transmitted disease) prevention				
High School	77	75	98	95 - 100
Middle School	75	69	91	86 - 96
Junior/Senior Combined	34	28	82	73 - 91
Overall	186	172	92	89 - 95
Suicide prevention				
High School	76	64	85	78 - 91
Middle School	75	49	64	55 - 73
Junior/Senior Combined	33	25	76	65 - 87
Overall	184	138	74	69 - 80
Sun safety or skin cancer prevention				
High School	75	43	57	48 - 65
Middle School	74	46	61	52 - 70
Junior/Senior Combined	31	13	42	26 - 57
Overall	180	102	56	50 - 62
Tobacco use prevention				
High School	74	72	97	94 - 100
Middle School	75	73	97	94 - 100
Junior/Senior Combined	33	31	94	88 - 100
Overall	182	176	97	95 - 99
Violence prevention (such as bullying, fighting, or homicide)				
High School	76	65	86	79 - 92
Middle School	75	66	88	82 - 95
Junior/Senior Combined	34	29	85	75 - 96
Overall	185	160	87	83 - 91

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4. Teachers tried to improve each of the following student skills in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Accessing valid health information, products, and services				
High School	76	65	86	80 - 92
Middle School	75	63	84	76 - 91
Junior/Senior Combined	32	23	72	57 - 86
Overall	183	151	82	77 - 87
Advocating for personal, family, and community health				
High School	74	61	82	76 - 88
Middle School	75	55	72	64 - 80
Junior/Senior Combined	32	24	74	61 - 88
Overall	181	140	76	71 - 81
Analysis of media messages				
High School	73	63	86	80 - 92
Middle School	75	56	74	65 - 83
Junior/Senior Combined	33	27	83	71 - 95
Overall	181	146	80	75 - 86
Communication				
High School	75	70	93	88 - 98
Middle School	75	66	88	81 - 94
Junior/Senior Combined	32	30	94	87 - 100
Overall	182	166	91	87 - 95
Decision making				
High School	77	71	92	87 - 98
Middle School	76	71	93	88 - 98
Junior/Senior Combined	33	31	94	88 - 100
Overall	186	173	93	90 - 96
Goal setting				
High School	76	73	96	92 - 100
Middle School	76	72	95	91 - 99
Junior/Senior Combined	33	30	91	83 - 100
Overall	185	175	95	92 - 98
Conflict resolution				
High School	74	66	90	85 - 95
Middle School	76	65	85	78 - 92
Junior/Senior Combined	33	29	88	79 - 98
Overall	183	160	88	84 - 92

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4. Teachers tried to improve each of the following student skills in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Resisting peer pressure for unhealthy behaviors (i.e., refusal skills)				
High School	76	70	92	86 - 98
Middle School	76	74	97	95 - 100
Junior/Senior Combined	34	31	91	83 - 100
Overall	186	175	94	91 - 97
Stress management				
High School	76	69	90	85 - 96
Middle School	75	62	82	74 - 90
Junior/Senior Combined	33	27	83	72 - 94
Overall	184	158	85	81 - 90

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5. Teachers used each of the following teaching methods in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Group discussions				
High School	77	70	90	85 - 94
Middle School	76	76	100	100 - 100
Junior/Senior Combined	33	29	89	79 - 98
Overall	186	175	94	91 - 96
Cooperative group activities				
High School	77	69	89	83 - 94
Middle School	76	73	96	93 - 100
Junior/Senior Combined	33	27	83	72 - 94
Overall	186	169	91	87 - 94
Role play, simulations, or practice				
High School	75	58	76	68 - 85
Middle School	75	63	84	77 - 91
Junior/Senior Combined	32	21	66	51 - 81
Overall	182	142	78	72 - 83
Language, performing, or visual arts				
High School	75	56	74	65 - 83
Middle School	75	52	69	60 - 79
Junior/Senior Combined	32	18	57	43 - 70
Overall	182	126	69	63 - 75
Pledges or contracts for behavior change				
High School	75	39	53	43 - 62
Middle School	74	34	47	37 - 56
Junior/Senior Combined	32	10	32	17 - 48
Overall	181	83	46	40 - 53
Peer educators				
High School	74	47	63	55 - 72
Middle School	74	43	57	48 - 67
Junior/Senior Combined	33	19	56	40 - 72
Overall	181	109	59	53 - 65
The Internet				
High School	77	71	92	87 - 97
Middle School	76	57	74	66 - 83
Junior/Senior Combined	33	27	82	70 - 93
Overall	186	155	83	78 - 87
Computer-assisted instruction				
High School	75	42	55	46 - 65
Middle School	75	32	42	33 - 51
Junior/Senior Combined	32	7	21	9 - 33
Overall	182	81	43	38 - 49

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6. Teachers used each of the following teaching methods to highlight diversity or the values of various cultures in a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Use textbooks or curricular materials reflective of various cultures				
High School	75	60	81	73 - 88
Middle School	76	49	64	55 - 74
Junior/Senior Combined	32	22	70	57 - 83
Overall	183	131	72	66 - 77
Use textbooks or curricular materials designed for students with limited English proficiency				
High School	75	21	27	18 - 35
Middle School	74	16	21	14 - 29
Junior/Senior Combined	32	7	22	9 - 35
Overall	181	44	24	18 - 29
Ask students to share their own cultural experiences related to health topics				
High School	75	52	69	60 - 77
Middle School	74	43	57	47 - 67
Junior/Senior Combined	32	23	72	59 - 86
Overall	181	118	65	59 - 71
Teach about cultural differences and similarities				
High School	75	48	64	55 - 73
Middle School	75	49	65	56 - 75
Junior/Senior Combined	32	24	74	62 - 87
Overall	182	121	66	61 - 72
Modify teaching methods to match students' learning styles, health beliefs, or cultural values				
High School	77	71	93	88 - 98
Middle School	76	66	87	80 - 94
Junior/Senior Combined	32	28	87	77 - 97
Overall	185	165	89	85 - 93

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7. Teachers asked students to participate in each of the following activities as part of a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Perform volunteer work at a hospital, a local health department, or any other community organization that addresses health issues				
High School	76	22	29	21 - 37
Middle School	75	8	11	5 - 18
Junior/Senior Combined	33	9	27	13 - 40
Overall	184	39	21	16 - 26
Participate in or attend a school or community health fair				
High School	76	19	25	16 - 34
Middle School	75	9	12	6 - 18
Junior/Senior Combined	34	5	14	3 - 25
Overall	185	33	18	13 - 22
Gather information about health services that are available in the community				
High School	75	46	62	51 - 72
Middle School	76	28	37	29 - 44
Junior/Senior Combined	33	12	35	22 - 49
Overall	184	86	46	41 - 52
Visit a store to compare prices of health products				
High School	77	16	21	12 - 30
Middle School	75	14	19	12 - 26
Junior/Senior Combined	33	4	12	2 - 22
Overall	185	34	18	13 - 23
Identify potential injury sites at school, home, or in the community				
High School	76	34	45	36 - 54
Middle School	75	26	34	25 - 43
Junior/Senior Combined	33	8	24	13 - 35
Overall	184	68	36	31 - 42
Identify and analyze advertising in the community designed to influence health behaviors or health risk behaviors				
High School	75	46	61	52 - 70
Middle School	74	50	67	58 - 76
Junior/Senior Combined	34	18	53	39 - 67
Overall	183	114	62	56 - 68

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7. Teachers asked students to participate in each of the following activities as part of a required health education course in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Advocate for a health-related issue				
High School	75	42	56	47 - 65
Middle School	73	33	45	34 - 55
Junior/Senior Combined	33	7	19	8 - 30
Overall	181	82	44	38 - 50
Complete homework assignments with family members				
High School	76	60	79	71 - 86
Middle School	74	61	82	74 - 89
Junior/Senior Combined	33	20	61	47 - 74
Overall	183	141	76	71 - 82

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8. Teachers taught each of the following tobacco use prevention topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Short- and long-term health consequences of cigarette smoking (such as stained teeth, bad breath, heart disease, and cancer)				
High School	75	71	95	90 - 99
Middle School	76	73	96	92 - 100
Junior/Senior Combined	33	31	94	88 - 100
Overall	184	175	95	92 - 98
Benefits of not smoking cigarettes (including long- and short-term health benefits, social benefits, environmental benefits, and financial benefits)				
High School	75	70	93	89 - 97
Middle School	75	72	96	92 - 100
Junior/Senior Combined	33	30	91	83 - 99
Overall	183	172	94	91 - 97
Risks of cigar or pipe smoking				
High School	75	58	76	69 - 83
Middle School	75	65	87	79 - 94
Junior/Senior Combined	34	25	74	61 - 87
Overall	184	148	80	75 - 85
Short- and long-term health consequences of using smokeless tobacco				
High School	74	69	93	88 - 98
Middle School	75	71	95	90 - 99
Junior/Senior Combined	33	31	94	88 - 100
Overall	182	171	94	91 - 97
Benefits of not using smokeless tobacco				
High School	75	68	90	85 - 95
Middle School	75	70	93	88 - 98
Junior/Senior Combined	33	28	85	75 - 96
Overall	183	166	90	87 - 94
Addictive effects of nicotine in tobacco products				
High School	75	71	95	90 - 99
Middle School	76	72	95	90 - 99
Junior/Senior Combined	34	30	89	80 - 98
Overall	185	173	93	90 - 97
How many young people use tobacco				
High School	75	64	85	78 - 91
Middle School	75	66	87	82 - 92
Junior/Senior Combined	33	23	71	59 - 83
Overall	183	153	83	79 - 87

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8. Teachers taught each of the following tobacco use prevention topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
The number of illnesses and deaths related to tobacco use				
High School	74	69	93	89 - 97
Middle School	75	67	89	83 - 95
Junior/Senior Combined	33	28	85	74 - 95
Overall	182	164	90	86 - 94
Influence of families on tobacco use				
High School	75	68	90	85 - 96
Middle School	75	64	85	78 - 91
Junior/Senior Combined	33	26	80	68 - 92
Overall	183	158	86	82 - 90
Influence of the media on tobacco use				
High School	73	65	88	82 - 94
Middle School	76	69	90	85 - 95
Junior/Senior Combined	34	28	83	73 - 94
Overall	183	162	88	84 - 92
Social or cultural influences on tobacco use				
High School	72	61	85	78 - 92
Middle School	75	58	77	70 - 85
Junior/Senior Combined	33	28	86	75 - 96
Overall	180	147	82	77 - 86
How to find valid information or services related to tobacco use cessation				
High School	74	58	78	71 - 85
Middle School	74	52	70	62 - 78
Junior/Senior Combined	33	25	76	65 - 87
Overall	181	135	74	69 - 79
Making a personal commitment not to use tobacco				
High School	72	48	66	57 - 76
Middle School	75	51	67	59 - 75
Junior/Senior Combined	34	21	62	47 - 76
Overall	181	120	66	60 - 72
How students can influence or support others to prevent tobacco use				
High School	74	63	86	79 - 92
Middle School	75	64	84	77 - 92
Junior/Senior Combined	33	26	78	66 - 91
Overall	182	153	84	79 - 88

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8. Teachers taught each of the following tobacco use prevention topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
How students can influence or support others in efforts to quit using tobacco				
High School	74	64	86	79 - 93
Middle School	75	64	85	78 - 91
Junior/Senior Combined	33	26	78	66 - 91
Overall	182	154	84	80 - 89
How to say no to tobacco use				
High School	73	67	91	86 - 96
Middle School	76	72	95	90 - 99
Junior/Senior Combined	33	28	85	75 - 95
Overall	182	167	92	88 - 95
The health effects of environmental tobacco smoke (ETS) or second-hand smoke				
High School	75	70	93	88 - 98
Middle School	75	69	92	86 - 97
Junior/Senior Combined	33	28	86	76 - 96
Overall	183	167	91	87 - 95

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9. Teachers taught each of the following HIV prevention topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Abstinence as the most effective method to avoid HIV infection				
High School	75	72	96	92 - 100
Middle School	73	71	97	94 - 100
Junior/Senior Combined	33	30	91	83 - 99
Overall	181	173	96	93 - 98
How HIV is transmitted				
High School	76	73	96	92 - 100
Middle School	75	72	96	91 - 100
Junior/Senior Combined	33	31	94	88 - 100
Overall	184	176	95	93 - 98
How HIV affects the human body				
High School	75	72	96	92 - 100
Middle School	75	72	96	92 - 100
Junior/Senior Combined	33	30	91	83 - 100
Overall	183	174	95	92 - 98
How to correctly use a condom				
High School	74	40	54	44 - 63
Middle School	75	25	33	23 - 42
Junior/Senior Combined	32	18	57	41 - 72
Overall	181	83	45	39 - 52
Condom efficacy, that is, how well condoms work and do not work				
High School	75	63	83	78 - 89
Middle School	75	54	72	64 - 80
Junior/Senior Combined	33	22	67	52 - 81
Overall	183	139	75	70 - 80
Influence of alcohol and other drugs on HIV-related risk behaviors				
High School	76	74	98	95 - 100
Middle School	75	71	94	91 - 97
Junior/Senior Combined	33	29	88	79 - 98
Overall	184	174	94	92 - 97
Social or cultural influences on HIV-related risk behaviors				
High School	74	60	81	74 - 88
Middle School	75	62	82	75 - 89
Junior/Senior Combined	33	27	83	72 - 94
Overall	182	149	82	77 - 86

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9. Teachers taught each of the following HIV prevention topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
The number of young people who get HIV				
High School	75	67	89	85 - 94
Middle School	76	66	86	80 - 92
Junior/Senior Combined	33	25	77	65 - 89
Overall	184	158	86	82 - 90
How to find valid information or services related to HIV or HIV testing				
High School	75	67	90	84 - 95
Middle School	75	57	75	67 - 83
Junior/Senior Combined	33	25	76	63 - 90
Overall	183	149	81	76 - 86
Compassion for persons living with HIV or AIDS				
High School	74	58	78	71 - 85
Middle School	75	61	81	73 - 89
Junior/Senior Combined	33	26	80	69 - 91
Overall	182	145	80	75 - 85

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10. Teachers taught each of the following nutrition and dietary topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
The benefits of healthy eating				
High School	74	72	97	94 - 100
Middle School	72	70	97	93 - 100
Junior/Senior Combined	33	31	95	90 - 100
Overall	179	173	97	95 - 99
Identifying Food Guide Pyramid food groups and serving recommendations				
High School	73	66	91	85 - 97
Middle School	74	64	86	79 - 93
Junior/Senior Combined	33	30	92	84 - 100
Overall	180	160	89	85 - 93
Using food labels				
High School	74	67	90	83 - 96
Middle School	74	62	84	76 - 91
Junior/Senior Combined	33	29	89	80 - 98
Overall	181	158	87	83 - 92
Aiming for a healthy weight (balancing food intake and physical activity)				
High School	73	66	90	84 - 96
Middle School	73	66	90	83 - 96
Junior/Senior Combined	33	31	95	90 - 100
Overall	179	163	91	87 - 95
Choosing a variety of grains daily, especially whole grains				
High School	73	66	90	84 - 96
Middle School	75	60	80	72 - 88
Junior/Senior Combined	33	29	89	79 - 98
Overall	181	155	86	81 - 90
Choosing a variety of fruits and vegetables daily				
High School	73	69	95	90 - 99
Middle School	75	64	85	78 - 92
Junior/Senior Combined	33	29	89	79 - 98
Overall	181	162	89	86 - 93
Choosing a diet low in saturated fat and cholesterol and moderate in total fat				
High School	73	69	94	90 - 99
Middle School	74	64	86	80 - 93
Junior/Senior Combined	33	29	89	79 - 98
Overall	180	162	90	86 - 94

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10. Teachers taught each of the following nutrition and dietary topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Moderating intake of sugars				
High School	73	66	90	84 - 96
Middle School	74	61	82	75 - 90
Junior/Senior Combined	33	29	89	79 - 98
Overall	180	156	87	82 - 91
Choosing and preparing foods with less salt				
High School	73	58	79	70 - 87
Middle School	74	52	70	62 - 78
Junior/Senior Combined	34	23	67	54 - 81
Overall	181	133	73	67 - 78
Choosing more calcium-rich foods				
High School	72	59	81	73 - 89
Middle School	75	55	73	64 - 81
Junior/Senior Combined	34	24	70	59 - 82
Overall	181	138	75	70 - 80
Keeping food safe to eat				
High School	72	50	70	60 - 79
Middle School	75	50	67	58 - 76
Junior/Senior Combined	34	26	77	64 - 89
Overall	181	126	70	64 - 76
Preparing healthy meals and snacks				
High School	73	62	85	77 - 92
Middle School	75	55	73	66 - 81
Junior/Senior Combined	34	30	89	80 - 98
Overall	182	147	81	76 - 85
Risks of unhealthy weight control practices				
High School	73	63	86	79 - 93
Middle School	72	66	91	86 - 96
Junior/Senior Combined	33	30	92	84 - 100
Overall	178	159	89	85 - 93
Accepting body size differences				
High School	74	64	85	79 - 92
Middle School	73	65	88	82 - 95
Junior/Senior Combined	33	30	92	85 - 100
Overall	180	159	88	84 - 92
Eating disorders				
High School	74	67	90	84 - 96
Middle School	74	65	87	80 - 94
Junior/Senior Combined	33	29	89	80 - 98
Overall	181	161	88	84 - 93

*Among those schools that required a health education course for students in any of grades 6 through 12.

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11. Teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
The physical, psychological, or social benefits of physical activity				
High School	72	66	91	86 - 96
Middle School	70	67	95	91 - 100
Junior/Senior Combined	34	33	98	94 - 100
Overall	176	166	94	92 - 97
Health-related fitness (i.e. cardiovascular endurance, muscular endurance, muscular strength, flexibility, and body composition)				
High School	74	66	90	84 - 95
Middle School	70	67	96	92 - 100
Junior/Senior Combined	34	31	92	85 - 100
Overall	178	164	93	90 - 96
Phases of a workout (i.e., warm-up, workout, and cool down)				
High School	74	56	76	67 - 84
Middle School	72	59	82	74 - 90
Junior/Senior Combined	34	29	87	79 - 95
Overall	180	144	80	76 - 85
How much physical activity is enough (i.e., determining frequency, intensity, time, and type of physical activity)				
High School	72	55	76	67 - 84
Middle School	72	58	80	73 - 88
Junior/Senior Combined	34	25	75	63 - 87
Overall	178	138	77	73 - 82
Developing an individualized physical activity plan				
High School	70	47	67	58 - 76
Middle School	74	51	69	58 - 79
Junior/Senior Combined	34	24	71	57 - 86
Overall	178	122	68	62 - 75
Monitoring progress toward reaching goals in an individualized physical activity plan				
High School	73	47	64	54 - 74
Middle School	73	50	68	58 - 77
Junior/Senior Combined	34	23	68	53 - 83
Overall	180	120	66	60 - 73

*Among those schools that required a health education course for students in any of grades 6 through 12.

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11. Teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.*

	Number	Response	Percent	95% Confidence
Overcoming barriers to physical activity				
High School	71	45	63	52 - 73
Middle School	72	44	61	50 - 71
Junior/Senior Combined	34	20	58	43 - 73
Overall	177	109	61	54 - 68
Decreasing sedentary activities such as television watching				
High School	71	57	80	73 - 87
Middle School	69	60	86	79 - 94
Junior/Senior Combined	34	28	82	70 - 93
Overall	174	145	83	78 - 88
Opportunities for physical activity in the community				
High School	73	48	65	58 - 73
Middle School	72	53	74	66 - 83
Junior/Senior Combined	34	22	64	51 - 77
Overall	179	123	69	63 - 74
Preventing injury during physical activity				
High School	72	59	82	75 - 89
Middle School	72	57	80	71 - 88
Junior/Senior Combined	34	24	71	58 - 84
Overall	178	140	79	74 - 84
Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)				
High School	73	52	71	63 - 80
Middle School	70	49	71	62 - 80
Junior/Senior Combined	34	17	49	37 - 62
Overall	177	118	67	61 - 72
Dangers of using performance-enhancing drugs, such as steroids				
High School	72	62	86	80 - 91
Middle School	68	56	83	75 - 91
Junior/Senior Combined	34	22	65	54 - 77
Overall	174	140	80	76 - 85

*Among those schools that required a health education course for students in any of grades 6 through 12.

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12. Information on tobacco use prevention was provided in the following grades.

	Number	Response	Percent	95% Confidence
Sixth grade				
High School				. - .
Middle School	60	46	76	67 - 86
Junior/Senior Combined	23	17	74	60 - 88
Overall	95	74	77	70 - 84
Seventh grade				
High School				. - .
Middle School	93	75	80	73 - 88
Junior/Senior Combined	30	25	84	72 - 95
Overall	138	113	82	76 - 87
Eighth grade				
High School				. - .
Middle School	91	77	84	77 - 91
Junior/Senior Combined	31	25	82	70 - 93
Overall	138	115	83	78 - 89
Ninth grade				
High School	71	62	87	81 - 94
Middle School				. - .
Junior/Senior Combined	38	31	82	72 - 93
Overall	123	104	85	79 - 90
Tenth grade				
High School	80	62	79	71 - 86
Middle School				. - .
Junior/Senior Combined	35	24	68	55 - 82
Overall	120	89	75	68 - 82
Eleventh grade				
High School	75	43	59	51 - 66
Middle School				. - .
Junior/Senior Combined	32	20	63	49 - 78
Overall	111	64	59	52 - 65
Twelfth grade				
High School	75	43	59	51 - 67
Middle School				. - .
Junior/Senior Combined	33	21	65	51 - 79
Overall	112	66	60	53 - 68

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13. Required tobacco use prevention units or lessons are taught in each of the following courses.

	Number	Response	Percent	95% Confidence
Science				
High School	77	12	16	8 - 23
Middle School	101	29	29	20 - 37
Junior/Senior Combined	38	5	13	4 - 22
Overall	216	46	21	16 - 26
Home economics or family and consumer education				
High School	85	35	41	32 - 49
Middle School	96	16	16	10 - 22
Junior/Senior Combined	38	11	29	17 - 41
Overall	219	62	28	23 - 32
Physical education				
High School	83	27	32	24 - 41
Middle School	101	33	32	25 - 39
Junior/Senior Combined	37	19	51	37 - 66
Overall	221	79	36	31 - 41
Family life education or life skills				
High School	80	36	45	36 - 54
Middle School	96	22	23	16 - 29
Junior/Senior Combined	39	17	45	32 - 58
Overall	215	75	35	30 - 40
Special education				
High School	78	18	22	14 - 29
Middle School	97	8	8	4 - 12
Junior/Senior Combined	36	8	24	12 - 35
Overall	211	34	16	12 - 20
Social studies				
High School	75	2	2	0 - 5
Middle School	97	3	3	0 - 6
Junior/Senior Combined	38	1	3	0 - 8
Overall	210	6	3	1 - 5

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14. Required HIV prevention units or lessons are taught in each of the following courses.

	Number	Response	Percent	95% Confidence
Science				
High School	80	25	31	22 - 39
Middle School	102	55	54	45 - 62
Junior/Senior Combined	39	12	32	20 - 43
Overall	221	92	41	36 - 47
Home economics or family and consumer education				
High School	83	34	41	33 - 48
Middle School	97	13	13	7 - 18
Junior/Senior Combined	39	12	30	18 - 42
Overall	219	59	26	22 - 31
Physical education				
High School	84	22	25	17 - 34
Middle School	99	23	23	15 - 31
Junior/Senior Combined	39	16	40	27 - 54
Overall	222	61	27	22 - 32
Family life education or life skills				
High School	86	39	44	36 - 53
Middle School	93	17	18	12 - 25
Junior/Senior Combined	40	17	44	31 - 57
Overall	219	73	33	28 - 38
Special education				
High School	77	22	27	19 - 36
Middle School	96	10	10	5 - 15
Junior/Senior Combined	38	7	19	10 - 29
Overall	211	39	18	14 - 22
Social studies				
High School	78	16	19	12 - 26
Middle School	95	5	5	1 - 9
Junior/Senior Combined	39	4	11	2 - 20
Overall	212	25	11	8 - 15

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15. Health education staff worked with each of the following groups on health education activities.

	Number	Response	Percent	95% Confidence
Physical education staff				
High School	93	56	59	51 - 66
Middle School	104	72	69	61 - 77
Junior/Senior Combined	39	25	66	53 - 78
Overall	236	153	64	59 - 69
School health services staff (e.g., nurses)				
High School	92	59	63	54 - 72
Middle School	99	62	63	55 - 71
Junior/Senior Combined	40	31	77	67 - 88
Overall	231	152	65	60 - 71
School mental health or social services staff (e.g., psychologists, counselors, and social workers)				
High School	92	61	65	56 - 73
Middle School	99	57	57	49 - 66
Junior/Senior Combined	41	29	71	57 - 84
Overall	232	147	63	57 - 68
Food service staff				
High School	88	16	18	10 - 25
Middle School	96	15	16	9 - 23
Junior/Senior Combined	39	9	24	11 - 36
Overall	223	40	18	13 - 23
Community members				
High School	91	50	52	44 - 61
Middle School	96	47	48	39 - 57
Junior/Senior Combined	39	13	33	21 - 44
Overall	226	110	47	41 - 52
Teachers in other subject areas				
High School	92	52	56	47 - 65
Middle School	98	55	57	48 - 65
Junior/Senior Combined	40	21	52	37 - 67
Overall	230	128	55	50 - 61

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16. The school did each of the following activities.

	Number	Response	Percent	95% Confidence
Provided families with information on the health education program				
High School	92	68	73	66 - 79
Middle School	101	79	77	70 - 84
Junior/Senior Combined	39	24	61	47 - 75
Overall	232	171	73	68 - 77
Met with a parents' organization such as the PTA or PTO to discuss the health education program				
High School	92	18	19	12 - 26
Middle School	100	28	28	20 - 36
Junior/Senior Combined	39	1	2	0 - 6
Overall	231	47	20	15 - 25
Invited family members to attend a health education class				
High School	89	31	34	26 - 42
Middle School	101	39	38	29 - 47
Junior/Senior Combined	40	11	28	14 - 42
Overall	230	81	35	29 - 40

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17. During the past 2 years, teachers received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics.

	Number	Response	Percent	95% Confidence
Accident or injury prevention				
High School	91	39	43	35 - 51
Middle School	99	34	35	26 - 43
Junior/Senior Combined	40	14	35	23 - 48
Overall	230	87	38	33 - 43
Alcohol or other drug use prevention				
High School	91	34	36	27 - 45
Middle School	101	37	36	28 - 44
Junior/Senior Combined	41	11	27	16 - 37
Overall	233	82	34	29 - 40
Consumer health				
High School	89	9	10	4 - 15
Middle School	99	12	12	6 - 18
Junior/Senior Combined	39	5	12	3 - 21
Overall	227	26	11	8 - 15
CPR (cardiopulmonary resuscitation)				
High School	95	82	86	80 - 92
Middle School	100	72	73	66 - 79
Junior/Senior Combined	40	28	71	60 - 81
Overall	235	182	77	73 - 82
Death and dying				
High School	91	15	16	9 - 23
Middle School	98	7	7	3 - 11
Junior/Senior Combined	39	4	10	2 - 19
Overall	228	26	11	7 - 15
Dental and oral health				
High School	90	10	10	5 - 16
Middle School	98	8	8	3 - 13
Junior/Senior Combined	39	5	13	3 - 22
Overall	227	23	10	6 - 13
Emotional and mental health				
High School	94	33	35	27 - 44
Middle School	99	18	18	11 - 25
Junior/Senior Combined	41	21	52	39 - 66
Overall	234	72	31	26 - 36
Environmental health				
High School	93	19	20	13 - 27
Middle School	96	10	10	5 - 15
Junior/Senior Combined	40	5	13	6 - 20
Overall	229	34	15	11 - 18

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17. During the past 2 years, teachers received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics.

	Number	Response	Percent	95% Confidence
First aid				
High School	95	80	85	78 - 92
Middle School	101	74	74	66 - 81
Junior/Senior Combined	40	30	75	63 - 86
Overall	236	184	78	73 - 83
Growth and development				
High School	90	19	21	14 - 29
Middle School	98	19	20	13 - 27
Junior/Senior Combined	40	10	25	15 - 35
Overall	228	48	21	17 - 26
HIV (human immunodeficiency virus) prevention				
High School	93	55	58	51 - 66
Middle School	100	57	56	49 - 64
Junior/Senior Combined	40	22	55	41 - 68
Overall	233	134	57	52 - 62
Human sexuality				
High School	91	33	36	28 - 45
Middle School	100	30	30	22 - 38
Junior/Senior Combined	40	8	21	11 - 31
Overall	231	71	31	26 - 35
Immunization and vaccinations				
High School	91	18	19	12 - 26
Middle School	98	12	13	7 - 18
Junior/Senior Combined	40	8	20	9 - 31
Overall	229	38	17	12 - 21
Nutrition and dietary behavior				
High School	91	28	29	21 - 37
Middle School	99	24	25	16 - 33
Junior/Senior Combined	40	11	28	16 - 40
Overall	230	63	27	22 - 32
Personal hygiene				
High School	90	9	9	4 - 15
Middle School	98	9	9	4 - 15
Junior/Senior Combined	39	5	13	6 - 21
Overall	227	23	10	7 - 13
Physical activity and fitness				
High School	90	32	34	26 - 42
Middle School	101	36	36	27 - 45
Junior/Senior Combined	40	14	36	22 - 50
Overall	231	82	35	30 - 41

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17. During the past 2 years, teachers received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following health education topics.

	Number	Response	Percent	95% Confidence
Pregnancy prevention				
High School	90	22	24	17 - 31
Middle School	98	13	13	7 - 19
Junior/Senior Combined	40	5	13	3 - 22
Overall	228	40	17	13 - 21
STD (sexually transmitted disease) prevention				
High School	93	43	45	37 - 53
Middle School	99	32	32	25 - 40
Junior/Senior Combined	39	13	34	22 - 45
Overall	231	88	37	33 - 42
Suicide prevention				
High School	93	28	30	21 - 39
Middle School	98	17	17	11 - 23
Junior/Senior Combined	40	18	46	31 - 60
Overall	231	63	27	22 - 32
Sun safety or skin cancer prevention				
High School	90	10	11	6 - 16
Middle School	98	7	7	3 - 12
Junior/Senior Combined	40	2	6	5 - 7
Overall	228	19	8	6 - 11
Tobacco use prevention				
High School	92	28	29	22 - 37
Middle School	100	35	35	26 - 43
Junior/Senior Combined	40	12	31	18 - 44
Overall	232	75	32	27 - 37
Violence prevention (such as bullying, fighting, or homicide)				
High School	91	41	45	36 - 54
Middle School	102	55	53	44 - 62
Junior/Senior Combined	41	26	64	50 - 77
Overall	234	122	52	46 - 58

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18. Teachers wanted to receive staff development on each of the following health education topics.

	Number	Response	Percent	95% Confidence
Accident or injury prevention				
High School	83	27	32	22 - 42
Middle School	97	42	43	35 - 51
Junior/Senior Combined	38	13	35	24 - 47
Overall	218	82	38	32 - 43
Alcohol or other drug use prevention				
High School	85	58	68	58 - 77
Middle School	98	69	69	62 - 76
Junior/Senior Combined	38	23	61	47 - 75
Overall	221	150	67	62 - 72
Consumer health				
High School	83	42	49	39 - 58
Middle School	98	48	49	41 - 57
Junior/Senior Combined	38	16	43	29 - 56
Overall	219	106	47	42 - 53
CPR (cardiopulmonary resuscitation)				
High School	84	37	45	35 - 55
Middle School	98	51	51	43 - 60
Junior/Senior Combined	37	16	44	29 - 59
Overall	219	104	47	41 - 54
Death and dying				
High School	87	45	52	42 - 61
Middle School	98	49	50	41 - 59
Junior/Senior Combined	39	17	45	31 - 58
Overall	224	111	50	44 - 55
Dental and oral health				
High School	85	19	22	14 - 30
Middle School	98	31	32	24 - 40
Junior/Senior Combined	38	9	24	12 - 36
Overall	221	59	27	22 - 32
Emotional and mental health				
High School	88	53	60	51 - 69
Middle School	100	66	66	57 - 75
Junior/Senior Combined	38	20	54	39 - 69
Overall	226	139	61	56 - 67
Environmental health				
High School	85	40	46	36 - 56
Middle School	98	49	51	41 - 60
Junior/Senior Combined	39	17	45	33 - 58
Overall	222	106	48	42 - 54

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18. Teachers wanted to receive staff development on each of the following health education topics.

	Number	Response	Percent	95% Confidence
First aid				
High School	84	37	45	34 - 55
Middle School	98	53	53	45 - 61
Junior/Senior Combined	37	14	39	24 - 53
Overall	219	104	47	41 - 53
Growth and development				
High School	85	35	40	32 - 49
Middle School	97	48	49	40 - 57
Junior/Senior Combined	38	12	33	18 - 48
Overall	220	95	43	37 - 48
HIV (human immunodeficiency virus) prevention				
High School	85	47	54	46 - 63
Middle School	97	60	61	53 - 70
Junior/Senior Combined	38	17	46	33 - 59
Overall	220	124	56	50 - 61
Human sexuality				
High School	84	42	49	40 - 58
Middle School	97	58	59	51 - 68
Junior/Senior Combined	38	10	28	14 - 41
Overall	219	110	50	44 - 55
Immunization and vaccinations				
High School	83	29	35	25 - 45
Middle School	97	32	32	25 - 39
Junior/Senior Combined	37	9	25	14 - 36
Overall	217	70	32	27 - 37
Nutrition and dietary behavior				
High School	89	56	62	52 - 71
Middle School	99	69	69	62 - 77
Junior/Senior Combined	38	18	49	33 - 64
Overall	226	143	63	57 - 68
Personal hygiene				
High School	86	28	33	23 - 42
Middle School	97	40	41	33 - 50
Junior/Senior Combined	38	11	29	16 - 43
Overall	221	79	36	30 - 42
Physical activity and fitness				
High School	86	39	44	34 - 54
Middle School	98	64	65	57 - 73
Junior/Senior Combined	38	14	38	24 - 51
Overall	222	117	52	47 - 58

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18. Teachers wanted to receive staff development on each of the following health education topics.

	Number	Response	Percent	95% Confidence
Pregnancy prevention				
High School	85	47	54	45 - 64
Middle School	98	50	50	43 - 58
Junior/Senior Combined	38	15	40	25 - 54
Overall	221	112	50	44 - 55
STD (sexually transmitted disease) prevention				
High School	86	53	61	51 - 70
Middle School	96	59	61	52 - 69
Junior/Senior Combined	37	16	43	28 - 57
Overall	219	128	57	52 - 63
Suicide prevention				
High School	85	56	65	55 - 74
Middle School	99	66	66	59 - 73
Junior/Senior Combined	39	23	60	44 - 75
Overall	223	145	64	59 - 70
Sun safety or skin cancer prevention				
High School	86	36	41	31 - 51
Middle School	98	41	42	33 - 51
Junior/Senior Combined	37	12	34	22 - 45
Overall	221	89	40	34 - 46
Tobacco use prevention				
High School	88	50	56	47 - 65
Middle School	99	56	56	47 - 65
Junior/Senior Combined	38	17	46	30 - 62
Overall	225	123	54	49 - 60
Violence prevention (such as bullying, fighting, or homicide)				
High School	89	58	64	55 - 74
Middle School	99	69	70	63 - 77
Junior/Senior Combined	39	25	64	49 - 79
Overall	227	152	67	61 - 72

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19. During the past two years, teachers received staff development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following teaching methods.

	Number	Response	Percent	95% Confidence
Teaching students with physical or cognitive disabilities				
High School	92	32	35	27 - 44
Middle School	100	33	32	24 - 41
Junior/Senior Combined	39	22	57	43 - 71
Overall	231	87	38	33 - 43
Teaching students of various cultural backgrounds				
High School	93	36	39	30 - 48
Middle School	101	32	31	23 - 39
Junior/Senior Combined	39	19	49	35 - 63
Overall	233	87	37	32 - 43
Teaching students with limited English proficiency				
High School	92	20	22	15 - 29
Middle School	101	21	21	13 - 28
Junior/Senior Combined	40	9	22	10 - 33
Overall	233	50	21	17 - 26
Using interactive teaching methods such as role plays or cooperative group activities				
High School	92	42	47	39 - 55
Middle School	99	43	43	36 - 51
Junior/Senior Combined	40	13	33	20 - 46
Overall	231	98	43	38 - 48
Encouraging family or community involvement				
High School	92	32	35	27 - 42
Middle School	101	31	31	22 - 39
Junior/Senior Combined	38	11	29	19 - 39
Overall	231	74	32	27 - 37
Teaching skills for behavior change (e.g. communication, decision making, etc.)				
High School	91	36	41	33 - 49
Middle School	101	43	42	34 - 51
Junior/Senior Combined	40	16	41	28 - 53
Overall	232	95	41	36 - 47

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20. Teachers wanted to receive staff development on each of the following teaching methods.

	Number	Response	Percent	95% Confidence
Teaching students with physical or cognitive disabilities				
High School	86	43	49	40 - 59
Middle School	98	57	57	50 - 65
Junior/Senior Combined	38	15	40	25 - 54
Overall	222	115	51	45 - 57
Teaching students of various cultural backgrounds				
High School	87	44	49	40 - 59
Middle School	96	55	57	48 - 67
Junior/Senior Combined	39	22	57	45 - 70
Overall	222	121	54	48 - 60
Teaching students with limited English proficiency				
High School	89	47	52	42 - 62
Middle School	97	47	48	40 - 56
Junior/Senior Combined	39	15	39	27 - 51
Overall	225	109	48	42 - 54
Using interactive teaching methods such as role plays or cooperative group activities				
High School	87	48	54	44 - 63
Middle School	96	53	55	46 - 64
Junior/Senior Combined	38	22	59	47 - 71
Overall	221	123	55	49 - 61
Encouraging family or community involvement				
High School	87	52	59	50 - 69
Middle School	97	57	58	51 - 65
Junior/Senior Combined	38	22	58	43 - 74
Overall	222	131	58	53 - 64
Teaching skills for behavior change (e.g., communication, decision making, etc.)				
High School	88	61	68	60 - 77
Middle School	98	70	71	63 - 79
Junior/Senior Combined	40	30	76	64 - 88
Overall	226	161	71	66 - 76

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21. The major emphasis of professional preparation was on the following.

	Number	Response	Percent	95% Confidence
Health and physical education combined				
High School	79	22	27	19 - 35
Middle School	89	23	25	18 - 32
Junior/Senior Combined	37	3	8	0 - 16
Overall	205	48	22	18 - 27
Health education				
High School	79	4	5	1 - 9
Middle School	89	6	6	3 - 10
Junior/Senior Combined	37	2	5	0 - 12
Overall	205	12	6	3 - 8
Physical education				
High School	79	11	14	7 - 21
Middle School	89	15	17	10 - 23
Junior/Senior Combined	37	5	15	5 - 25
Overall	205	31	15	11 - 19
Other education degree				
High School	79	4	6	1 - 11
Middle School	89	14	16	11 - 22
Junior/Senior Combined	37	12	32	17 - 46
Overall	205	30	16	11 - 20
Kinesiology				
High School	79	3	4	0 - 7
Middle School	89	1	1	0 - 3
Junior/Senior Combined	37	0	0	0 - 0
Overall	205	4	2	0 - 3
Exercise science or exercise physiology				
High School	79	0	0	0 - 0
Middle School	89	0	0	0 - 0
Junior/Senior Combined	37	0	0	0 - 0
Overall	205	0	0	0 - 0
Home economics or family and consumer science				
High School	79	17	20	14 - 27
Middle School	89	6	6	3 - 10
Junior/Senior Combined	37	6	15	5 - 26
Overall	205	29	13	10 - 16

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21. The major emphasis of professional preparation was on the following.

	Number	Response	Percent	95% Confidence
Science				
High School	79	2	3	0 - 6
Middle School	89	9	10	5 - 14
Junior/Senior Combined	37	2	5	0 - 10
Overall	205	13	6	3 - 9
Nursing				
High School	79	2	3	0 - 6
Middle School	89	5	6	2 - 11
Junior/Senior Combined	37	1	3	0 - 7
Overall	205	8	4	2 - 7
Counseling				
High School	79	3	5	0 - 9
Middle School	89	1	1	0 - 3
Junior/Senior Combined	37	2	6	0 - 13
Overall	205	6	3	1 - 6
Public health				
High School	79	0	0	0 - 0
Middle School	89	0	0	0 - 0
Junior/Senior Combined	37	0	0	0 - 0
Overall	205	0	0	0 - 0
Other				
High School	79	11	15	8 - 21
Middle School	89	9	11	6 - 16
Junior/Senior Combined	37	4	11	2 - 21
Overall	205	24	12	9 - 16

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22. Teachers hold a current teaching license, certificate, or endorsement in health education recognized by the state department of education.

	Number	Response	Percent	95% Confidence
Yes				
High School	93	64	67	58 - 75
Middle School	103	61	58	51 - 66
Junior/Senior Combined	39	16	42	28 - 55
Overall	235	141	58	53 - 64

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23. The number of years teachers have taught health education.

	Number	Response	Percent	95% Confidence
1 year				
High School	88	3	4	0 - 7
Middle School	98	12	12	7 - 18
Junior/Senior Combined	40	7	18	7 - 29
Overall	226	22	10	7 - 13
2 to 5 years				
High School	88	30	34	26 - 42
Middle School	98	34	34	25 - 42
Junior/Senior Combined	40	15	37	24 - 51
Overall	226	79	35	29 - 40
6 to 9 years				
High School	88	11	13	7 - 19
Middle School	98	14	14	9 - 19
Junior/Senior Combined	40	5	12	3 - 21
Overall	226	30	13	9 - 17
10 to 14 years				
High School	88	13	14	8 - 20
Middle School	98	15	16	9 - 23
Junior/Senior Combined	40	5	13	3 - 22
Overall	226	33	15	11 - 19
15 years or more				
High School	88	31	35	26 - 43
Middle School	98	23	24	17 - 31
Junior/Senior Combined	40	8	20	9 - 31
Overall	226	62	27	22 - 32