

**Washington
2008 School Health Profiles Report
Unweighted Principal Results from Supplemental Questionnaire**

1. Percentage of schools that restricted school buses from idling (leaving the engine on) when picking up or dropping off students at school.*

	N	Percent	95% Confidence Interval
High Schools	102	44	35-54
Middle Schools	119	42	33-51
Junior/Senior High Schools	26	38	22-58
All Schools	259	41	36-49

* "Does not apply" responses are not included.

2. Percentage of schools that provided staff training on asthma symptoms, treatment or monitoring of students with asthma during the past two years.

	N	Percent	95% Confidence Interval
a. Asthma symptoms			
High Schools	111	38	29-47
Middle Schools	121	46	38-55
Junior/Senior High Schools	33	45	29-62
All Schools	265	43	37-49
b. Asthma treatment			
High Schools	111	28	20-37
Middle Schools	121	41	33-50
Junior/Senior High Schools	33	39	24-57
All Schools	265	35	30-41
c. Monitoring students with asthma			
High Schools	111	41	32-50
Middle Schools	121	50	41-58
Junior/Senior High Schools	33	42	27-60
All Schools	265	45	39-51
d. No asthma training			
High Schools	111	41	33-51
Middle Schools	121	36	27-45
Junior/Senior High Schools	33	39	24-57
All Schools	265	38	33-45

3. Percentage of schools or districts that have an Indoor Air Quality (IAQ) management plan.

	N	Percent	95% Confidence Interval
High Schools	102	43	34-53
Middle Schools	108	47	38-57
Junior/Senior High Schools	30	33	19-52
All Schools	240	44	38-50

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4. Percentage of schools that set health-related goals, objectives, or strategies as part of its School Improvement Plan (SIP).

	N	Percent	95% Confidence Interval
a. Nutrition			
High Schools	102	37	28-47
Middle Schools	115	23	17-32
Junior/Senior High Schools	32	34	20-52
All Schools	249	31	25-37
b. Physical activity			
High Schools	103	39	30-49
Middle Schools	114	35	27-44
Junior/Senior High Schools	32	38	23-55
All Schools	249	37	31-43
c. Tobacco use			
High Schools	103	35	26-45
Middle Schools	112	22	16-31
Junior/Senior High Schools	32	31	18-49
All Schools	247	29	23-35
d. Bullying, harassment			
High Schools	105	57	47-66
Middle Schools	117	73	64-80
Junior/Senior High Schools	32	63	45-77
All Schools	254	65	59-71
e. Chronic disease management (such as asthma, diabetes)			
High Schools	102	22	15-31
Middle Schools	111	9	5-16
Junior/Senior High Schools	32	16	7-33
All Schools	245	15	11-20
f. Teen pregnancy			
High Schools	104	26	18-35
Middle Schools	110	7	4-14
Junior/Senior High Schools	32	19	9-36
All Schools	246	17	12-22
g. Student absences related to illness			
High Schools	104	38	29-47
Middle Schools	112	29	22-39
Junior/Senior High Schools	31	23	11-41
All Schools	247	32	26-38

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5. Percentage of schools that use Healthy Youth Survey data to inform their SIP process.

	N	Percent	95% Confidence Interval
High Schools	107	62	52-70
Middle Schools	116	62	53-70
Junior/Senior High Schools	32	59	42-75
All Schools	255	62	55-67

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6. Percentage of schools that have or participate in the Teens Against Tobacco Use Program (TATU)? (TATU is an anti-tobacco peer education program where older students develop presentations and deliver them to younger students).

	N	Percent	95% Confidence Interval
High Schools	109	40	32-50
Middle Schools	118	45	36-54
Junior/Senior High Schools	33	27	15-45
All Schools	260	41	35-47

7. Percentage of schools that have places near school property where students gather and smoke or use tobacco).

	N	Percent	95% Confidence Interval
High Schools	108	58	49-67
Middle Schools	118	19	13-27
Junior/Senior High Schools	33	27	15-45
All Schools	259	36	31-42

8. Percentage of schools that actively enforce tobacco-free policies with students off school property (i.e., on adjacent property, or within sight, or going to and from school).

	N	Percent	95% Confidence Interval
High Schools	109	80	71-86
Middle Schools	117	85	77-90
Junior/Senior High Schools	33	73	55-85
All Schools	259	81	76-85

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9. Percentage of schools in which faculty and staff were offered personal wellness opportunities.

	N	Percent	95% Confidence Interval
a. Tobacco cessation services			
High Schools	109	26	18-35
Middle Schools	116	22	15-30
Junior/Senior High Schools	33	9	3-25
All Schools	258	22	17-27
b. Nutrition and dietary behavior counseling			
High Schools	107	22	15-31
Middle Schools	115	25	18-34
Junior/Senior High Schools	33	3	0-19
All Schools	255	21	17-27
c. Weight management support			
High Schools	105	30	22-39
Middle Schools	115	26	19-35
Junior/Senior High Schools	33	3	0-19
All Schools	253	25	20-30
d. Physical activity programs (such as aerobics classes, basketball leagues, walking or jogging clubs)			
High Schools	106	54	44-63
Middle Schools	116	39	30-48
Junior/Senior High Schools	32	25	13-43
All Schools	254	43	37-50
e. Stress management support			
High Schools	106	32	24-42
Middle Schools	115	31	23-40
Junior/Senior High Schools	33	15	6-32
All Schools	254	30	24-35
f. Health screening (such as blood pressure, or cholesterol)			
High Schools	107	33	24-42
Middle Schools	116	26	19-35
Junior/Senior High Schools	32	16	7-33
All Schools	255	27	22-33

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10. Percentage of schools that have policies establishing nutrition standards for foods that are sold or served.*

	N	Percent	95% Confidence Interval
a. Reimbursable meals			
High Schools	89	78	68-85
Middle Schools	90	76	66-83
Junior/Senior High Schools	23	78	57-91
All Schools	202	77	70-82
b. Cafeteria a la carte items			
High Schools	96	94	87-97
Middle Schools	97	84	75-90
Junior/Senior High Schools	20	90	67-98
All Schools	213	89	84-92
c. Snack bars/school stores			
High Schools	89	80	70-87
Middle Schools	85	72	61-80
Junior/Senior High Schools	18	78	53-91
All Schools	192	76	69-82
d. Class parties			
High Schools	90	42	32-53
Middle Schools	105	49	39-58
Junior/Senior High Schools	26	38	22-58
All Schools	221	45	38-51
e. Athletic events			
High Schools	87	39	29-50
Middle Schools	89	38	29-49
Junior/Senior High Schools	22	23	10-45
All Schools	198	37	30-44
f. Special events (e.g., parents night)			
High Schools	94	33	24-43
Middle Schools	99	35	27-45
Junior/Senior High Schools	27	22	10-42
All Schools	220	33	27-39
g. School or class fund raisers			
High Schools	93	49	39-60
Middle Schools	103	46	36-55
Junior/Senior High Schools	25	28	14-48
All Schools	221	45	39-52

* "Does not apply" responses are not included.

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11. Percentage of schools that have “healthy options” (low fat or low sugar items) with labels to clearly identify them.

	N	Percent	95% Confidence Interval
a. Reimbursable meals			
High Schools	70	40	29-52
Middle Schools	72	35	25-46
Junior/Senior High Schools	18	33	16-57
All Schools	160	37	30-45
b. Cafeteria a la carte items			
High Schools	77	51	40-62
Middle Schools	82	44	34-55
Junior/Senior High Schools	16	38	18-63
All Schools	175	46	39-54
c. In vending machines			
High Schools	74	45	34-56
Middle Schools	69	43	32-55
Junior/Senior High Schools	17	47	25-70
All Schools	160	44	37-52
d. Snack bars/school stores			
High Schools	69	36	26-48
Middle Schools	64	38	26-50
Junior/Senior High Schools	15	27	10-54
All Schools	148	36	28-44

* “Does not apply” responses are not included.

12. Percentage of schools with students or other groups that sell high-fat or high-sugar food/candy for fundraising purposes.

	N	Percent	95% Confidence Interval
High Schools	108	51	42-60
Middle Schools	114	46	37-56
Junior/Senior High Schools	33	48	32-65
All Schools	255	49	43-55

13. Percentage of schools that have a policy prohibiting teachers from using high-fat or high-sugar food/candy as a reward for students.

	N	Percent	95% Confidence Interval
High Schools	108	25	18-34
Middle Schools	115	36	27-45
Junior/Senior High Schools	32	31	18-49
All Schools	255	31	25-37

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14. Percentage of schools that have adopted a policy stating that, if food is served at student parties, after-school or extended day programs, or concession stands, “healthy options” (fruits, vegetables or other low-fat or low-sugar items) will be among the foods offered.

	N	Percent	95% Confidence Interval
High Schools	108	27	19-36
Middle Schools	112	33	25-42
Junior/Senior High Schools	33	39	24-57
All Schools	253	31	26-37

15. Percentage of schools that have commercial fast foods (e.g. Pizza Hut, McDonalds, Subway) routinely available. *

	N	Percent	95% Confidence Interval
a. Cafeteria a la carte items			
High Schools	98	8	4-16
Middle Schools	103	14	8-22
Junior/Senior High Schools	19	0	0
All Schools	220	10	7-15
b. In snack bars/school stores			
High Schools	95	5	2-12
Middle Schools	94	2	1-8
Junior/Senior High Schools	21	0	0
All Schools	210	3	2-7
c. In fund-raising			
High Schools	97	12	7-21
Middle Schools	99	7	3-14
Junior/Senior High Schools	22	23	10-45
All Schools	218	11	7-16

* “Does not apply” responses are not included.

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16. Percentage of schools that require the following number of physical education courses for students in grades 6 through 12..

	N	Percent	95% Confidence Interval
a. 0 courses			
High Schools	106	1	0-6
Middle Schools	113	0	0
Junior/Senior High Schools	33	6	2-21
All Schools	252	1	0-4
b. 1 course			
High Schools	106	7	3-13
Middle Schools	113	4	1-9
Junior/Senior High Schools	33	3	0-19
All Schools	252	5	3-8
c. 2-3 courses			
High Schools	106	38	29-47
Middle Schools	113	59	50-68
Junior/Senior High Schools	33	18	8-35
All Schools	252	45	39-51
d. 4-5 courses			
High Schools	106	35	26-44
Middle Schools	113	15	10-23
Junior/Senior High Schools	33	55	38-71
All Schools	252	29	23-34
e. 6-7 courses			
High Schools	106	15	9-23
Middle Schools	113	12	7-20
Junior/Senior High Schools	33	12	5-28
All Schools	252	13	10-18
f. 8 or more courses			
High Schools	106	5	2-11
Middle Schools	113	10	5-17
Junior/Senior High Schools	33	6	2-21
All Schools	252	7	5-11

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17. Percentage of schools that in which physical education curriculum includes the following topics.

	N	Percent	95% Confidence Interval
a. Assure that students are physically active the majority of class time			
High Schools	105	96	90-99
Middle Schools	115	98	93-100
Junior/Senior High Schools	31	87	70-95
All Schools	251	96	93-98
b. Incorporate fitness activities that can be practiced for a lifetime			
High Schools	106	98	93-100
Middle Schools	114	99	94-100
Junior/Senior High Schools	31	94	77-98
All Schools	251	98	95-99
c. Include assessments that allow students to understand their level of fitness			
High Schools	106	88	80-93
Middle Schools	114	95	89-98
Junior/Senior High Schools	31	68	50-82
All Schools	251	88	84-92

18. Percentage of schools that have a policy banning use of physical activity as a punishment.

	N	Percent	95% Confidence Interval
High Schools	105	35	27-45
Middle Schools	115	43	34-52
Junior/Senior High Schools	113	18	8-35
All Schools	253	36	31-43

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19. Percentage of schools where students pay a fee to participate in any after-school intramural activities or physical activity clubs.

	N	Percent	95% Confidence Interval
a. Yes			
High Schools	107	23	16-32
Middle Schools	115	35	27-44
Junior/Senior High Schools	33	24	13-42
All Schools	255	29	23-35
b. No			
High Schools	107	42	33-52
Middle Schools	115	45	36-54
Junior/Senior High Schools	33	36	22-54
All Schools	255	43	37-49
c. School does not have after-school intramural or physical activity clubs			
High Schools	107	35	26-44
Middle Schools	115	20	14-28
Junior/Senior High Schools	33	39	24-57
All Schools	255	29	23-35

20. Percentage of schools that promote walking or biking to and from school with the following activities.

	N	Percent	95% Confidence Interval
a. Promotional activities or campaigns			
High Schools	107	14	9-22
Middle Schools	115	15	9-23
Junior/Senior High Schools	32	9	3-26
All Schools	254	14	10-19
b. Designing safe routes to school			
High Schools	107	16	10-24
Middle Schools	114	30	22-39
Junior/Senior High Schools	32	25	13-43
All Schools	253	23	18-29
c. Having safe storage for bicycles and helmets			
High Schools	108	36	28-46
Middle Schools	115	64	55-73
Junior/Senior High Schools	33	42	27-60
All Schools	256	50	43-56

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21. Percentage of where students can use your school's physical activity facilities outside of school hours for recreational activity (evenings, weekends and school vacations).

	N	Percent & 95% CI	Percent & 95% CI	Percent & 95% CI	Percent & 95% CI
		Most times	Specific times	No time	Not available
a. Sports fields					
High Schools	105	64 (54-72)	25 (17-34)	1 (0-7)	10 (6-18)
Middle Schools	115	88 (80-93)	10 (5-17)	1 (0-6)	2 (0-7)
Junior/Senior High Schools	33	70 (52-83)	3 (0-19)	6 (2-21)	21 (10-38)
All Schools	251	75 (70-80)	15 (11-20)	2 (1-4)	8 (5-12)
b. Running/walking track					
High Schools	106	67 (57-75)	15 (9-23)	1 (0-6)	17 (11-25)
Middle Schools	112	75 (66-82)	7 (4-14)	1 (0-6)	17 (11-25)
Junior/Senior High Schools	33	45 (29-62)	6 (2-21)	3 (0-19)	45 (29-62)
All Schools	251	68 (62-73)	10 (7-15)	1 (0-4)	21 (16-26)
c. Tennis courts					
High Schools	105	63 (53-72)	9 (4-16)	2 (0-7)	27 (19-36)
Middle Schools	11	34 (26-44)	3 (1-8)	3 (1-8)	60 (51-69)
Junior/Senior High Schools	33	39 (24-57)	0	0	61 (43-76)
All Schools	249	47 (41-53)	5 (3-8)	2 (1-5)	46 (40-52)
d. Gymnasium					
High Schools	106	13 (8-21)	66 (56-74)	9 (5-17)	11 (7-19)
Middle Schools	112	15 (10-23)	62 (52-70)	19 (13-27)	4 (2-10)
Junior/Senior High Schools	33	15 (6-32)	58 (40-73)	6 (2-21)	21 (10-38)
All Schools	251	14 (11-19)	63 (57-69)	13 (9-18)	10 (6-14)
e. Weight room					
High Schools	106	8 (4-16)	66 (56-74)	10 (6-18)	15 (9-23)
Middle Schools	111	5 (2-10)	23 (16-32)	35 (27-45)	37 (28-46)
Junior/Senior High Schools	32	19 (9-36)	44 (28-61)	9 (3-26)	28 (15-46)
All Schools	249	8 (5-12)	44 (38-50)	21 (17-27)	27 (21-32)
f. Cardio room					
High Schools	106	6 (3-12)	24 (16-33)	10 (6-18)	60 (51-69)
Middle Schools	111	3 (1-8)	5 (2-10)	19 (13-27)	74 (65-81)
Junior/Senior High Schools	32	9 (3-26)	3 (0-19)	6 (2-22)	81 (64-91)
All Schools	249	5 (3-8)	12 (9-17)	14 (10-19)	69 (63-75)
g. Swimming pool					
High Schools	105	7 (3-13)	10 (6-18)	2 (0-7)	81 (72-87)
Middle Schools	111	0	3 (1-8)	5 (2-12)	92 (85-96)
Junior/Senior High Schools	33	3 (0-19)	0	3 (0-19)	94 (79-98)
All Schools	249	3 (2-6)	6 (3-9)	4 (2-7)	88 (83-91)