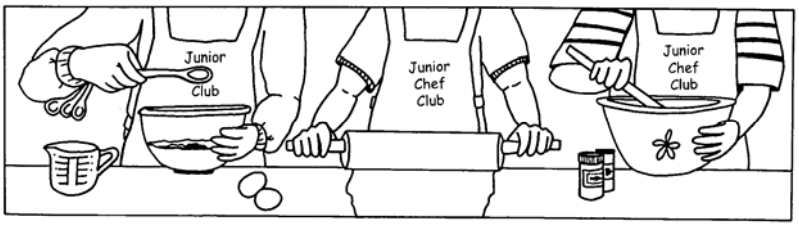
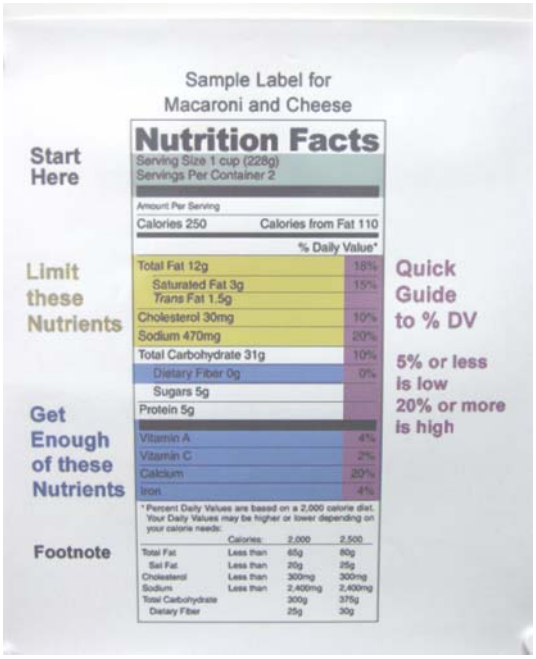
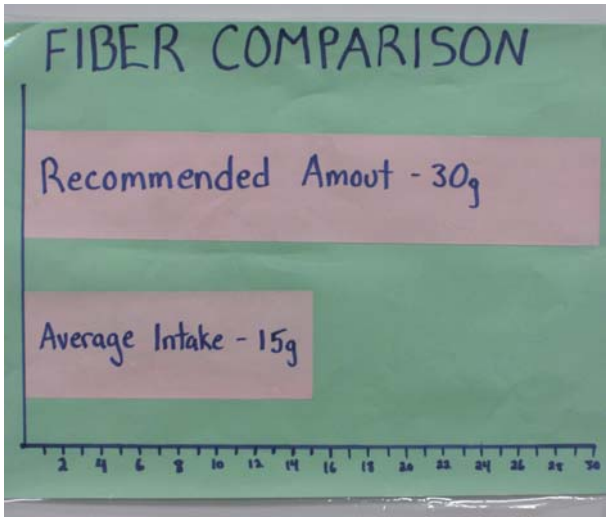


Jr. Chef Club
Convenience Foods
Lesson 8

Nutrition Facts Panel Poster:



Fiber Recommendation Poster:



Example Picture of a Boy: