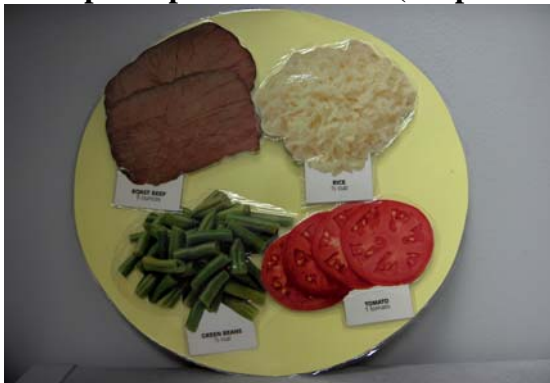


Jr. Chef Club Veggies & Minerals Lesson 5

MyPyramid Poster:



Example Paper Plate Model (1/2 plate is vegetables):



Example Vegetable Gradient Poster:

