

Thermy™



"IT'S SAFE
TO BITE
WHEN THE
TEMPERATURE
IS RIGHT!"

Temperature Rules!

... for cooking foods at home.

- 145 °F** Beef, lamb & veal steaks & roasts, medium rare (medium—160 °F)
- 160 °F** Ground beef, pork, veal & lamb
Pork chops, ribs & roasts
Egg dishes
- 165 °F** Ground turkey & chicken
Stuffing & casseroles
Leftovers
- 170 °F** Chicken & turkey breasts
- 180 °F** Chicken & turkey
whole bird, legs, thighs & wings

FSIS

Food Safety and Inspection Service
U.S. Department of Agriculture
www.fsis.usda.gov
E-mail: mph hotline.fsis@usda.gov

USDA Meat and Poultry Hotline
1-888-MPHotline (1-888-674-6854)
TTY: 1-800-256-7072