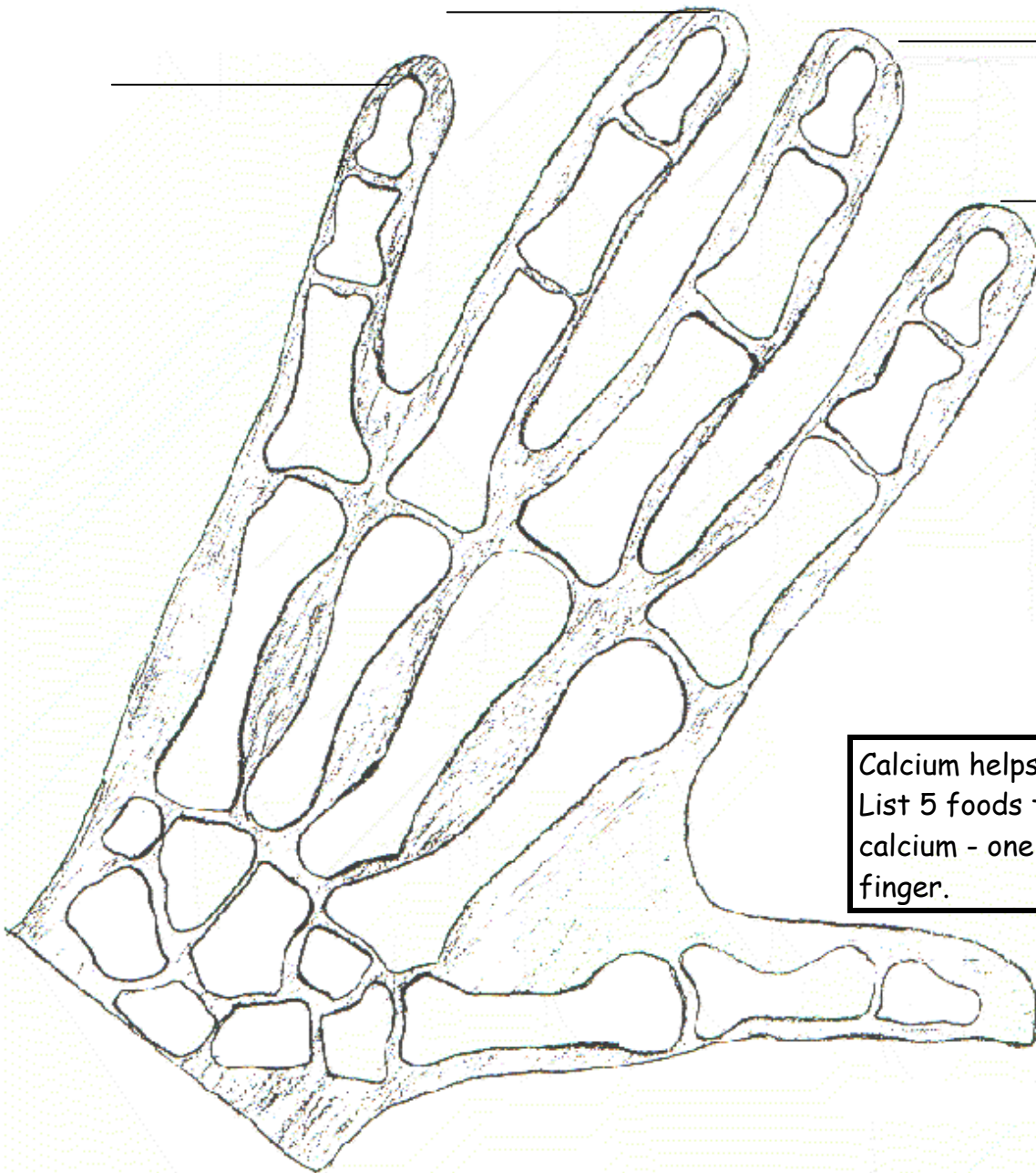


Them Bones

Look at your hand. Underneath the skin and muscle, there are 27 different bones that provide the structure to your hand. As you grow, your bones grow too. Place your hand on the picture below and trace your hand. How does your hand compare? See how much more your hand needs to grow to reach the size of this adult hand.



Calcium helps bones grow. List 5 foods that contain calcium - one for each finger.