



Jr. Chef Club  
Lesson 2  
"Go" on Grains

# YELLOW STATION

Practice using a teaspoon measure.

1. Fill the teaspoon with flour and level it.
2. Pour the flour into a tablespoon.
3. How many teaspoons does it take to fill a tablespoon?
4. Now use a  $\frac{1}{2}$  teaspoon measure.
5. How many  $\frac{1}{2}$  teaspoon measures does it take to fill a teaspoon?

- -TURN OVER- -

6. How many  $\frac{1}{4}$  teaspoon measures does it take to fill a teaspoon?