

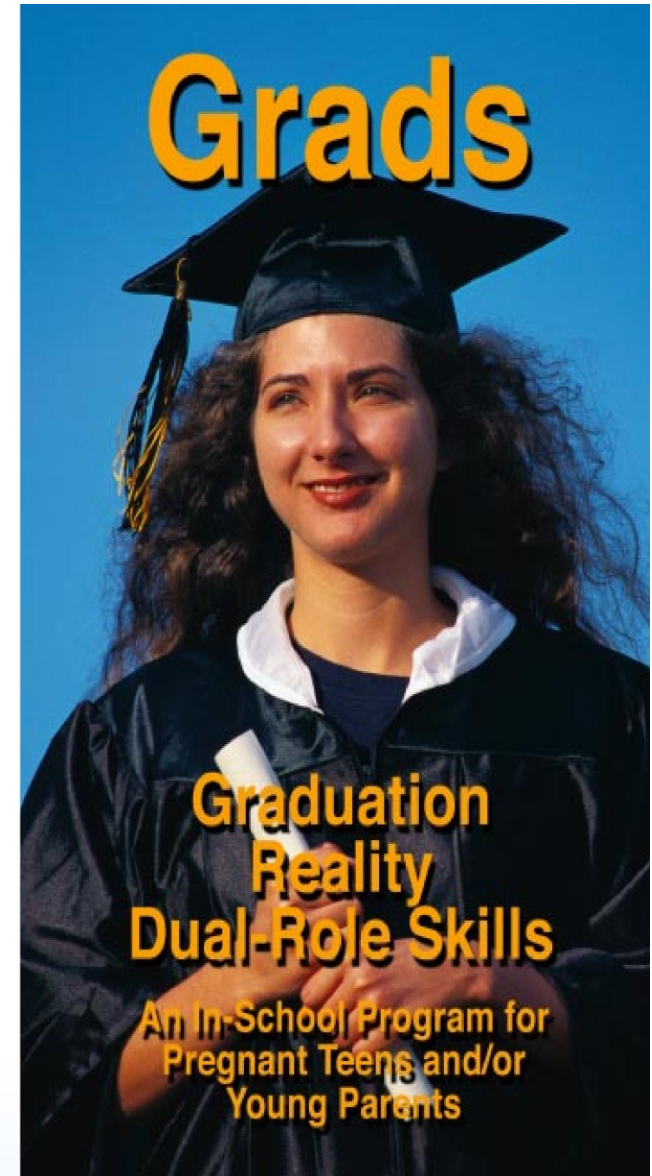
**The GRADS program,
designed for pregnant
teens and/or young
parents is offered in:**

- **Selected Washington
School Districts**
- **Urban, rural and
suburban schools**
- **High schools and
middle schools**

Coordination and leadership for
the GRADS program are
provided by the Office of
Superintendent of Public Instruction
Career and Technical Education
Family and Consumer Sciences Education

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An In-School Program for Pregnant Teens and/ or Young Parents

Program Goals are for Students to:

- Remain in school through graduation
- Demonstrate attainment of the Washington State Essential Academic Learning Requirements (EALRs) and Grade Level Expectations (GLEs)
- Appreciate the importance of prenatal care
- Learn practical parenting and human development skills
- Gain orientation to employment
- Set goals toward balancing work and family

What is GRADS?

Graduation, Reality and Dual-Role Skills

GRADS is an in-school, secondary program for pregnant students and young parents (male and female). GRADS courses focus on knowledge and skills related to:

- **Positive self**
 - Self formation
 - Communications
 - Relationships
 - Practical problem solving
 - Options and decisions
- **Pregnancy**
 - Wellness
 - Maternal and fetal development
 - Costs of parenthood
 - Labor and delivery
 - Postnatal care
- **Parenting**
 - Newborn expectations
 - Adjustments to parenting
 - Child development
 - Child-care
 - Child abuse and neglect
- **Economic independence**
 - Career exploration
 - Goal setting
 - Child care options
 - Job search and application
 - Balance in dual-role as parent and wage earner
 - Employability
 - Economic Resources

Key Elements of a GRADS Program

- Family and Consumer Sciences Education Teacher with GRADS Certification
- Curriculum is developed from the National Standards for Family and Consumer Sciences Education
- Advisory Committee
- Coordination of Learning Activities
- On-site Licensed Child Care including Infant Care
- Evaluation and Research.