



Sexual Health Education Instructional Materials Review

Sexuality Education for People with Developmental Disabilities

Year Published: 2018

Publisher: Elevatus Training

Website: <https://www.elevatustraining.com/workshops-and-products/sexuality-education-for-people-with-developmental-disabilities-curriculum/>

Full or Supplemental: Full

Grade Level: HS and adult

Student Population: Students with developmental disabilities

Duration/Number of Lessons: 22 lessons, 1.5 hours each

Format and Features: Instructor manual for customizing material for each class, lesson plans with scripts and handouts; online training available

Evidence-based/informed: Yes (evidence-informed, trauma-informed)

National Standards Alignment: No available

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? Yes (with modifications)

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

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| <input checked="" type="checkbox"/> Comprehensive Sexual Health | <input type="checkbox"/> HIV Prevention |
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Consent | <input type="checkbox"/> Other |
| <input type="checkbox"/> Contraception | |
| <input type="checkbox"/> Healthy relationships | |

Reviewer Comments:

Reviewer 103: Grades 9-12

This curriculum is well written and accessible to students with disabilities and would be appropriate for students without disabilities. Great care is taken to describe scripting to students and how to respond to some difficult questions that students might ask. My favorite component of this curriculum is how name tags are used to emphasize the topic for each lesson. This continues to show students how to be advocates for their own bodies and exemplifies what that looks like. There are great pictures and details to help provide students with this material in a variety of ways. The checklist at the beginning is also helpful, allowing the educator to know who this curriculum would be appropriate for. Overall, this is a well composed resource.

Reviewer 105: Grades 9-12

This curriculum has wonderful information that students with developmental disabilities absolutely need to learn. The only thing that it is lacking is information on youth-friendly sexual health services and specific steps on how to use a condom correctly. Other than those two subjects, I would definitely use this curriculum in my classroom.

Reviewer 106: Grades 6-8, 9-12

This is a thoughtfully prepared curriculum that addresses the needs of an incredibly marginalized group. Within the material it is obvious that has been taken to include the spectrum of expression and to provide guidance to teachers on how to communicate in a neutral way.

Reviewer 111: Grades 9-12

I do not teach special education. I am a health teacher for grades 9-12 (general population). There is a teacher in my department who does cover the material with a life skills class, and I am excited to recommend this curriculum to him! I am particularly impressed with the advice given at the beginning regarding the need for acknowledging the LGBTQIA+ students. There are great resources for brushing up on current terminology so that teachers can show students they understand and embrace ALL of their population. There is also great advice about teaching values-based curriculum in a non-biased and judgmental way. I would recommend all Sex Ed teachers refer to this section whether or not they are teaching students with disabilities. It is a great reminder about how to present information without inserting your own personal beliefs. The information regarding contraception and STI prevention is limited but easily enhanced with other supplemental resources available to teachers. The illustrations in the section on body parts seem a bit dated, but are effective nonetheless. I like how the curriculum is broken into two parts. The first being advice for the teacher on how to set up a class and include parents in the process (an important factor when dealing with the diversity of a special education group). The second part is a series of 22 lesson plans that can be used as part of a whole or selected as stand-alone pieces. I am always looking for things that I can use part of without having to use all of something... this curriculum fits that bill. There are a lot of group learning activities which is GREAT! However, there may be reason to have independent work for students who aren't comfortable collaborating. This is easily doable as well. I am glad to see a strong emphasis on consent. This is something I am always looking out for in new curriculum. I recommend this. It is well-presented.

Reviewer 113: Grades 9-12

Good quality materials, simplified for intended audience; some activities also could easily and effectively be used in content for regular ed students' sex ed.

Accuracy Analysis Reviewer 101

Information needs to be corrected with regard to Hepatitis C treatment and cure. HIV Prevention methods need to be addressed other than condoms and information about PrEP and PEP needs to be incorporated somehow. The addition of needle use as a way of contracting HIV seemed to be thrown into the lesson without talking about what is involved with sharing needles. It should be further digested into why and HOW HIV/STIs are transmitted through exchange of needles. I'm not sure that I would rely wholly on this curriculum for sex ed, but it's a good foundation to base it off of, with the addition of supplemental materials to have a fully robust unit on sexual education.

Accuracy Analysis Reviewer 125

STIs and birth control are mentioned in many earlier modules yet the modules that really discuss what STIs and birth control methods are, do not appear until the very end. This seems out of place and makes me wonder in those earlier modules if students can even appreciate the risks without knowing more information on these topics up front.