



Sexual Health Education Instructional Materials Review

Curriculum Title: It's Your Body, You're in Charge

Year Published: 2009

Publisher: Sunburst Visual Media

Website: www.hrmvideo.com

Full or Supplemental: Supplemental

Grade Level: K-2

Student Population: General

Duration/Number of Lessons: 20 Minute Video

Format and Features: 1 DVD, 1 CD-ROM

Evidence-based/informed: No

National Standards Alignment: No

Healthy Youth Act Compliance: No

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: No

Primary Topical Areas (Check all that apply)

- | | |
|--------------------------------------------------------|---------------------------------------------------------|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> HIV Prevention |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> Refusal Skills |
| <input checked="" type="checkbox"/> Consent | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Contraception | <input type="checkbox"/> Other |
| <input type="checkbox"/> Healthy relationships | |

Reviewer Comments:

Reviewer 201

This is a supplemental program for K-2, which does not have teacher supports. The scenarios are over simplified, and the song/music is dated and would not be received well by kids today. It does not include adequate diversity of ethnicity, gender, or developmental ability.

Reviewer 204

The video seems very dated.

Although it's called "It's your body - you're in charge" the first segment shows an older girl telling a younger girl "you need a hug" then hugging without checking first.

Proposes dangerous ideas such as:

- All hugs and kisses are "good touch" and everybody wants them
- All good touch feels good
- All bad touch feels bad or uncomfortable
- All touching while "helping to stay clean and healthy" is good touch
- All touch by a doctor is good touch

Reviewer 101

This is a very simple supplemental product that feels dated and out of touch with the survivor experience, modern language and norms. I would not use it or recommend it.

Reviewer 109

There are several points in the video that does not go far enough and are problematic. The video puts the responsibility of the child to voice a "No" if someone is doing something they are not comfortable with. It does not address that body language can indicate a "no" as well. Another area that is problematic is when it talks about medical providers touching private parts but does not address that a parent needs to be in the room and that a medical provider does not always need to touch a child's private parts. This material is very dated as well.

Reviewer 102

The video states that all touch by a doctor is okay and this is false! Also, the video is a bit outdated.

Reviewer 209

This material has several untrue, harmful, and/or inaccurate messages. It claims that good touch feels good, and bad touch feels bad, which is not necessarily true and an oversimplification. Inappropriate touch can cause arousal, which can feel good to people. This will cause confusion with students who have experienced abuse. It also does not address environmental factors associated with child sexual abuse and fails to even include the message that they also have a responsibility to not touch people without permission. It includes an image of Christopher Columbus, which is offensive to many people in the United States. It could use more gender inclusive language. Prevention at this age is more effective when you train teachers to support social norms that protect children against abuse and provide information to parents and caregivers. As opposed to the very specific message of "adults shouldn't touch you here," a better message is "No one has the right to touch you without asking, and you don't

have the right to touch anyone without asking." This reviewer recommends that educators avoid using this video.

Reviewer 202

I appreciate "It's Your Body" curriculum's emphasis on bodily autonomy; but, beyond that it falls incredibly short. Focused exclusively on risk reduction, it fails to explain and teach skills that would actually prevent sexual violence; such as, consent, respecting boundaries, developing empathy and dissecting gender roles (to name a few). This video would inevitably do more damage than good, enforcing stereotypes that lead to victim-blaming and the inability to practice good consent.

Reviewer 210

This content is supplemental.

Reviewer 103

It's Your Body: You're in Charge (Elementary) is a one-time child 20 to 30-minute sexual abuse curriculum video. However, it is not a curriculum I would recommend. This curriculum places the responsibility of ending sexual child abuse on potential victim(s) instead of changing stereotypes and strengthening socio-emotional skills which is the current most effective (research-based) form of child sexual abuse prevention. This curriculum is not inclusive to the LGBTQ2i population or show representation of persons with disabilities. The curriculum uses blanket statements and gives incorrect information regarding "good touch, bad touch." The curriculum uses racially oppressive subjects and enforces gender stereotypes.