



Sexual Health Education Instructional Materials Review

Curriculum Title: Expect Respect

Year Published: 2015 (revised version to be published in Aug. 2019)

Publisher: SafePlace

Website: www.expectrespectaustin.org

Full or Supplemental: Supplemental

Grade Level: Secondary

Student Population: General (designed for implementation by a community agency, can be used by school staff)

Duration/Number of Lessons: 3 program components (youth leadership training, school-wide prevention campaign, support groups for at-risk youth)

Format and Features: Program manual (4 books with session/activity lesson plans and guides)

Evidence-based/informed: Not evident

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes

Primary Topical Areas (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Consent | <input checked="" type="checkbox"/> Other (Social and Emotional Skills) |
| <input type="checkbox"/> Contraception | |
| <input checked="" type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 209

This curriculum contains multiple components, including a youth educational group that is intended to be facilitated by an adult, a youth leadership curriculum designed to be implemented by youth with the assistance of adults, and a school wide prevention strategy guide intended for educators. It does not include a component for parents and/or caregivers. The curriculum recommends separating groups of youth into two groups by gender, which is not inclusive of people who identify as transgender or outside of the gender binary. If this occurs in a setting that is already designed around gender identity (such as at an organization that serves young women) then this can be effective, but if implemented with a mixed gender group, this reviewer recommends adapting the material and maintaining a mixed group. It is not very accessible to English language learners. While this curriculum addresses sexual violence, much of the material addresses healthy relationships and does not adequately address health sexuality or empathy. Overall, there are many great things about this curriculum, and it serves as a great starting point for educators who are willing to make additions and adaptations.

Reviewer 207

This program is extremely comprehensive; including curriculum for a 24-session group, curriculum for a youth leadership group and also school wide prevention strategies. The material is easy to understand and follow, it is organized very well. Various activities and assessments are included, increasing the likelihood that teens would be engaged and learn. This is definitely a program I would be interested in using in my sexual assault center.

Reviewer 205

The Expect Respect curriculum is suggested to be implemented by a community agency and can also be used by school personnel. The curriculum includes suggestions for how community-based agencies can work with schools, including sample school agreements and guidelines, a parent notification letter, and a student assent form. The curriculum is designed to be adapted to the specific needs and culture of the youth, school, and community. There are a variety of activity options for each session.

There are three components to the program: support groups for at-risk youth, youth leadership training, and a school-wide prevention campaign.

The Support Groups are designed to be implemented with at-risk youth in separate gender groups. It is suggested to be implemented at the school, but not in a classroom setting. The curriculum provides many facilitation skills and supports, such as group guidelines, check-ins, tips, activity options, discussion questions, examples, scenarios, role plays etc. Handouts are included on a CD with the curriculum. Includes an evaluation component.

The Youth Leadership component of the program is designed to be youth-led, in partnership with an adult. The intent is to educate and empower students to prevent violence and encourage bystander behaviors. The end of the curriculum includes the youth developing a Public Service Announcement and completing a service-learning activity.

The school-wide prevention campaign has three components: engaging teachers and parents, developing a school policy, and implementing an awareness campaign. There are multiple suggestions of how to implement these different components. The suggested

awareness campaign, Choose Respect, is no longer available online, but there are many examples in the curriculum that could be redesigned and adapted to your community.

Reviewer 201

This is a supplemental program for addressing violence in teen dating relationships. While designed for the school environment, this program does not take place in a class setting, but rather in same gender support groups at the school building. While the content appears effective, the separation of students into same gender groups and the binary emphasis is not inclusive, serves to isolate, does not foster healthy relationships and therefore is not appropriate for Washington State. It also does not include/address students with disabilities or learning challenges. The outdated signs for girls' and boys' bathrooms are boldly non-inclusive. Permitting only one member of a same gender couple in the support group is excluding and isolating.