

# *Comprehensive Sexual Health Education Instructional Materials Review 2022*

## Rights, Respect, Responsibility WA High School

**Year Published/Revised:** 2022 – Washington-specific version

**Publisher:** Advocates for Youth

**Website:** <https://www.3rs.org/download-3rs/>

**Full or Supplemental:** Full

**Grade Level:** 9-12

**Student Population:** General

**Duration/Number of Lessons:** Lower HS: 15 Lessons, 50 min. each  
Upper HS - 16 Lessons, 50 min. each

**Format and Features:** Downloadable materials, PDFs, PowerPoints; Supports for online or in-person learning

**Available in Multiple Languages:** English & Spanish

**Evidence-based/informed:** Yes

**National Standards Alignment:** National Health Education Standards; National Sexuality Education Standards

**Consistent with WA Health Education Standards?** Yes (this version)

**Consistent with Comprehensive Sexual Health Education Law?** Yes (this version)

**Consistent with AIDS Omnibus Act?** Yes

**Inclusive Materials/Strategies:** Yes

**Bias-Free Materials:** Yes



## Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
  - HIV/AIDS Prevention
  - Pregnancy Prevention
  - STD Prevention
  - Health Care and Prevention Resources
- Healthy Relationships (general)
  - Affirmative Consent
  - Bystander Training
  - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
  - The development of meaningful relationships and avoidance of exploitative relationships
  - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

## Reviewer Comments:

*(Note: changes were made by the publisher after this review, based on reviewer comments)*

### **Accuracy**

*Reviewer 223*

High school level curricula should include citations and sources. Several terms are poorly or incorrectly defined.

*Reviewer 224*

This source lacks citation for some statistics and comparative claims (i.e., x is more common than y). It is also best practice to provide references for general information such as facts about contraceptives. This can be done with relatively few citations (i.e., referencing CDC, WHO, etc.). In addition, there are some inaccurate claims, but relatively few compared to resources of similar scope.



## Correction of Inaccurate Claims

- The seminal vesicle produces fluid that contributes to semen not sperm as stated in the slides (Sexual systems power point (upper HS)).
- The primary function of the prostate is to secrete fluid important in semen and propel this fluid during ejaculation (Sexual systems power point (upper HS) slide 23).
- "Blue balls" is also known as epididymal hypertension. Extremely limited research has been done on the phenomenon, but case reports suggest that it is a phenomenon. Citation would be needed regardless (Sexual systems myth/fact power point (upper HS) slide 6,12)
- Viagra does have some benefit in increasing ejaculation latency (time to ejaculation) in some patients (Sexual systems myth/fact power point (upper HS) slide 6,12).

## Incomplete/Unspecific Information:

- With discussion of contraceptive options, it can be misleading to only give statistics for efficacy if the option is used 100% correctly, as this is not fully reflective of the real world (Know your options (lower HS)).

## Statistics/facts needing citation (not exhaustive list):

- Citations should be provided condom efficacy (Creating condom confidence (lower HS) page 2)
- Citations are needed on all myths/facts (Sexual systems myth/fact power point (upper HS) slide 6)
- The trivia lacks citations throughout. Citations are especially needed for claims comparing different STIs. For example, which activity is the riskiest facts need citations. Similarly, the statement that the most common symptom of an STD is no symptom lacks citation (STD smarts).

## Full

### *Reviewer 201*

These lessons are more scripted so while they would be good for any teacher, they would be especially helpful to new teachers and teachers who aren't as comfortable with the material. I really like that they have upper high school and lower high school lessons.

### *Reviewer 213*

There are parts of this curriculum that I would use in my classroom. However, I would not feel comfortable using it as a whole. One of the main reasons being that I think that some of the in-class and homework activities are not appropriate and/or would make majority of students very uncomfortable. This curriculum is inclusive of gender and sexual orientation and very sex positive. Which doesn't have to be negative, however, I do not feel that it includes enough content on the benefits of abstinence. Abstinence is merely mentioned here and there.



The curriculum is split into lower (9th, 10th) and upper (11th, 12th) high school lessons. However, several use the same exact lesson without much or any adjustments. The reproductive systems aren't introduced until the upper high school lessons which I think is a disservice to the 9th and 10th grade students.

On a positive note, if you are looking for something rather progressive, this could be a good fit. The lessons themselves are easy to follow and have all the resources you will need attached in the single document.

*Reviewer 217*

For most every question, I listed AGREE, but can point to a few details that are of note within some specific lessons that would have me responding with DISAGREE or STRONGLY AGREE. Overall, solid lessons, good, activities, content that builds on previous lessons, and inclusive content and language.

Grade 9 lesson 1 depicts only men as abusers with no conversation as to why or showing women as an abuser. Also only shows negative examples of what unhealthy relationships look like. Lesson 5 Understanding Gender doesn't include conversation about gender pronouns and leaves out non-binary folks. Lesson 7 covers great content about sexual readiness and consent. Grade 10 lesson 1 includes great video discussing consent in ways that are not simply sexual- also uses inclusive language. I wish grade 10, lesson 5 included more conversation about consent and technology. Grade 12, lesson 5 Fantasy or Reality has good information about what is accurate and inaccurately portrayed in the media, but the PowerPoint encourages youth in relationships to have an agreement if both parties can look at sexually explicit images- which kind of implies people should just get permission from partners to watch porn because otherwise it's cheating?"

*Reviewer 220*

3Rs has a lot of specific things you can say and possible student responses (and how to respond to those responses), so could be good for teachers who are less comfortable with the topics. The homework assignments seem legitimately useful and ask students to practice skills, like finding condoms in the real world or evaluating hotlines for sexual assault. It asks students to reflect on and share their emotions regarding various topics, which would be useful if teachers are trying to emphasize SEL in their classrooms. Activities are a range of types so students can engage with peers, work individually, etc. Emphasis on teens being respected, and an effort for students to educate their peers, too. Not much acknowledgement of supporting ELLs or students with IEPs, and not a ton of visuals. I didn't love the lesson on gender identity/sexual orientation; it focused more on assessing how various people/institutions influence our perceptions of gender/sexuality, rather than supporting students who may be negatively impacted by these.

