

## Product Information



W code: W278  
Cargill: #40497  
Serving/case: 100  
Net Weight: 18.12

## Crediting Information per Serving:

Serving Size: 2.9 oz  
Meat or M/A: 1 oz  
Grain: 1.5 oz  
Vegetables: -  
Fruit: -  
CN Label: N/A\*  
\*Obtain from product package

## Nutrition Facts

Serving Size: 2.9 oz.

### Amount Per Serving

**Calories 210** Calories from Fat

**Total Fat** 7g

Sat. Fat 2.5g

Trans Fat 0g

**Cholesterol** 105mg

**Sodium** 300mg

**Carbohydrates** 28g

Dietary Fiber 2g

Sugars 8g

**Protein** 8g

Vitamin D 2%

Calcium 4%

Iron 10%

Potassium 2%

## Preparation Instructions:

**Thaw:** Quick thaw (24 hours): Unpack and place on sheet pans in refrigerator

**Prep:** Place on sheet pan with liner or non-stick spray. Cover with foil.

**Heat:** 350 degree for 10 minutes. If frozen, increase heat time to 12 minutes.

## Ingredients:

Whole Wheat Bread [Whole Wheat Flour, Water, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folate), Sugar, Wheat Gluten, Yeast, Soybean Oil, Salt, Calcium Propionate (to retard spoilage), Dough Improver: (Malted Wheat Flour, Enzymes, and 2% or less of Ascorbic Acid)]. French Toast Batter (Whole Egg, Sugar, Salt). Cinnamon Sugar Glaze [Sugar, Vegetable Shortening (Soybean Oil and Fully Hydrogenated Soybean Oil), Soybean Oil, Ground Cinnamon, Sunflower Lecithin, Salt, Natural Flavor, Citric Acid]. **ALLERGENS:** Eggs, Wheat, Sesame.