

# Roasted Chicken 8 Piece Fully Cooked

## Product Information

W code: W215

Pilgrim's Pride: # 8820  
Serving/case: 88  
Net Weight: 30 lbs

## Crediting Information per Serving

Serving size: 1 breast, 1 thigh, or 1 drum  
and 1 wing combination  
Meat or M/A: 4.75 oz eq (1 breast)  
2.75 oz eq (1 thigh)  
2 oz eq (1 drum & 1 wing)  
Grain:  
Vegetable:  
Fruit:  
CN Label: No

## Nutrition Facts

Serving Size: 3 oz edible chicken

Amount Per Serving

**Calories 166** Calories from Fat 90

**Total Fat** 10 g

Sat. Fat 3.5 g

Trans Fat 0 g

**Cholesterol** 100 mg

**Sodium** 95 mg

**Carbohydrates** 0 g

Dietary Fiber 0 g

Sugars 0 g

**Protein** 19 g

Vitamin A 4%

Calcium 0%

Vitamin C 2%

Iron 6%

## Preparation Instructions

Heating instructions from frozen:  
Conventional Oven for 32-35 minutes at 375 F  
Convection Oven for 18-20 minutes at 350 F.  
Appliances vary, adjust cooking times accordingly.

## Ingredients

Chicken Parts, Water, Salt, Dextrose, Sodium Phosphates, and Citric Acid.