

Chicken Nuggets

Product Information



W code: W204
Tyson Foods #070364
Serving/case: 173
Net Weight: 32.81lb

Crediting Information per Serving:

Serving Size: 5 – 0.6 oz. pieces
Meat or M/A: 2oz
Grain: 1oz
Vegetables: -
Fruit: -
CN Label: Yes*
*Obtain from product package

Nutrition Facts

Serving Size: 5 Pieces (85g)

Amount Per Serving

Calories 240 Calories from Fat

Total Fat 14g

Sat. Fat 2.5g

Trans Fat 0g

Cholesterol 25mg

Sodium 440mg

Carbohydrates 16g

Dietary Fiber 3g

Sugars 1g

Protein 14g

Vitamin D 0%

Calcium 2%

Iron 10%

Potassium 15%

Preparation Instructions:

Bake: Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400 degrees F from frozen.

Convection: Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375 degrees F from frozen.

Ingredients:

Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in vegetable oil.

CONTAINS WHEAT, SOY