

OSPI CNS School Meal Programs Reference Sheet

At-Risk Afterschool Meals (for Local Education Agencies)

The At-risk Afterschool Meals Program offers federal funding to afterschool programs that serve a meal and/or snack to children in low-income areas.

Requirements

- The program must be organized primarily to provide care for children after school.
- The program must be located in the attendance area of a school where at least 50% of enrolled children are eligible for free or reduced-price meals.
 - Reference the Area Eligibility Report
- The program must include regularly scheduled education and/or enrichment activities that are open to all children
 - Children receiving meals are not required to participate in the scheduled activity.
- The program is only available during the school year
 - "Non-school days" (weekends, holidays, vacation periods) during the school year are allowed
- Meals served must meet [NSLP Meal Patterns](#) or [CACFP Meal Patterns](#) and can use offer versus serve
- Snacks must contain two of the four components:

Milk 1 cup <small>*unflavored/flavored 1% OR unflavored/flavored fat free</small>	Meat/Meal Alt 1 oz eq	Grains 1 oz eq	Fruit / Vegetable or 100% juice $\frac{3}{4}$ cup
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- Meals and/or snacks must be consumed on-site. Sponsors may allow children to take one vegetable, fruit, or grain item off-site to eat at a later time.
- LEAs must review each site two times per year, using the On-Site Review Form
 - The first review must be conducted during the first four weeks of operation

Record Keeping / Meal Claiming:

- Daily attendance rosters / sign in sheets
- Point of service meal count records
- Production records (menus) for all meals demonstrating meal pattern requirements are met
- Vended meals: number of meal prepared and delivered



Reference:

- [7 CFR 226](#)
- [USDA At-Risk Afterschool Meals Handbook](#)
- [CACFP 04-2013](#)

Resource:

- [Meal Count / Menu Record](#)
- [NSLP At-Risk Afterschool Meals webpage](#)
- [Reimbursement Rates](#)

Acronym Reference

- CACFP – Child and Adult Care Food Program
- CFR – Code of Federal Regulations
- CNS – Child Nutrition Services
- OSPI - Office of Superintendent of Public Instruction
- USDA - United States Department of Agriculture