LEARNING TECHNIQUES

LESSON 9-2 ▲ STUDY LIKE YOUR HAIR’S ON FIRE!

**LEARNING GOALS/OUTCOMES**

* Identify important study skills that transfer from high school to college.
* Describe ways to improve their present study skills so they are ready for college.

**MATERIALS NEEDED**

* **Student Handouts:**
* Advice from a College Admissions Counselor
* Journal Page

**CLASSROOM ACTIVITIES**

1. **Share with students that this lesson has one learning target – to pay attention to advice directly from an admissions counselor** about the study skills you need to develop in high school in order to be successful in college.
2. **Hand out the *Advice* sheet and ask students to read the handout and share three things with a partner that they thought was good advice.** Hold a class discussion around a) what study skills students think they have in place, and b) what students think is most important for them to add or increase.
3. **Follow the last bit of advice on the handout and have students do something with their learning –** create a chart, a presentation, a poster, or tell someone what they learned.
4. **Students reflect on their study strategies.** Distribute the *Journal Page* and ask students to answer these questions:

* Which two of the seven tips mentioned could I benefit from the most?
* How and for what class can I use one of these strategies for this week?

1. **To close,** **remind students of the systems in place in their high school to help them study effectively!**

**STUDENT PRODUCTS**

* **Completed *Journal Page***

**ADDITIONAL RESOURCES AND OTHER INFORMATION**

* **FACILITATOR NOTES**

This lesson is a less formal activity recognizing that many students find it hard to study at home. It is an opportunity to dialog with students about college expectations and how study skills in high school will transfer to college. It is hoped that the voice of a college admission counselor will carry some weight with students.

LEARNING TECHNIQUES

LESSON 9-2 HANDOUT

ADVICE FROM A COLLEGE ADMISSIONS COUNSELOR

Start now. Anything you're doing can be improved. Get ahead of the game. Whether you're a soccer player, thespian, or member of the marching band, you practice to improve your skills. Learning new stuff has the same feel.   
  
**Pick one or two study habits, refine and perfect them now**. College-level work is fast-paced, it's more, it's overwhelming...most importantly, and it’s manageable with a few easy updates to your current study skills.   
  
**Learn how to read for learning rather than memorizing**. Start with the intro and the summary. These are the main points, as indicated by their repetition. As you read through the chapter, pay close attention to those main ideas.   
  
**Set and stick to a schedule**. Learning new material needs constant practice. Space your learning practice over time, like Math for one hour each day or History for one hour every Monday, Wednesday, and Friday. Write it out in a weekly schedule.

Guess what...what you don’t know, you don't know. Get comfortable with that and **start testing yourself regularly.** It might seem like a waste of time now, but you’ll feel great when you're working' those tests over! Find the gaps in your knowledge and focus your study energy there.   
  
**Take quality, simplified notes**. Listen for hot phrases screaming "Hey! I'm going to be on the test!":

* “There are three ways...”
* “Most important...”
* “The key concept is...”

Have you ever wondered why you remember all the words to preschool songs but you can't remember what you had for dinner last night? Think of all the kids’ songs you know...do they have movement or sounds associated with them? Most do because **songs help us learn, rather than memorize, the words**.   
  
**Take your new info and do something with it**...map it out, make a chart, teach someone else, color code it...do something different to LEARN your new knowledge.   
  
Oh, and finally. **ASK. FOR. HELP**.

LEARNING TECHNIQUES

LESSON 9-2 STUDENT HANDOUT

JOURNAL PAGE

**DATE:**

**Lesson 9-2 | *Study Like Your Hair is on Fire***

***Q1:*** Which two of the seven tips mentioned could I benefit from the most?

***Q2:*** How and for what class can I use one of these strategies this week?

***Answers:***