



# Sexual Health Education Instructional Materials Review

## Sexual Identity

Year Published: Not available

Publisher: Human Relations Media

Website: <https://www.hrmvideo.com/> (Note: DVD no longer available from publisher)

Full or Supplemental: supplemental

Grade Level: 7 – college

Student Population: General

Duration/Number of Lessons: 17 minutes

Format and Features: DVD plus teacher resource book

Evidence-based/informed: Not available

National Standards Alignment: No

Consistent with Healthy Youth Act? No

Consistent with AIDS Omnibus Act? N/A

Bias Free Materials: No

### Primary Topical Areas (Check all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Abortion                      | <input checked="" type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence                    | <input type="checkbox"/> Online Safety                   |
| <input type="checkbox"/> Access to Services            | <input type="checkbox"/> Pregnancy & Reproduction        |
| <input type="checkbox"/> Anatomy and Physiology        | <input type="checkbox"/> Puberty/Adolescent Development  |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills                  |
| <input type="checkbox"/> Condom Use                    | <input type="checkbox"/> STD Prevention                  |
| <input type="checkbox"/> Consent                       | <input type="checkbox"/> Other                           |
| <input type="checkbox"/> Contraception                 |  |
| <input type="checkbox"/> Healthy relationships         |  |
| <input type="checkbox"/> HIV Prevention                |  |

## Reviewer Comments:

### *Reviewer 101: Grades 6-8, 9-12*

This video is heteronormative in its explanation of sexual identity. It also talks about only 3 sexual identities instead of pansexual, etc. etc. It also touches on HIV and STDs, but the primary purpose for its use is sexual identity. HIV and STDs seemed thrown in and not explained well with regard to transmission, treatment and/or prevention. Using this in a classroom, a teacher may be showing misguided or misinformed information to their classes.

### *Reviewer 102: Grades 6-8, 9-12*

This video provides basic overview information on sexual health, relationships and growth and development. There is limited and inaccurate information within the video pertaining to sexual orientation and gender identities. The information is provided in a non-inclusive manner and has a lot of stereotypes intermixed throughout the video.

### *Reviewer 103: Grades 6-8, 9-12*

Unfortunately, this video attempts to simply address complex concepts through a heteronormative perspective. The spectrums of gender identity and sexual orientation are diminished as one construct, sexual identity. The material is presented in a lecture format with limited context or specific examples. Visually, the written information is difficult to read.

### *Reviewer 105: Grades 6-8, 9-12*

I did not find this video to be engaging. It was just a lecture on video--it didn't really do anything that a teacher standing in front of a classroom couldn't do.

### *Reviewer 107: Grades 9-12*

This video presents a large amount of information quickly. It isn't very engaging for students, and I wouldn't recommend using it in my classroom. It keeps referring to "sex," but what is actually meant by sex isn't defined. At times it seems that "sex" only refers to intercourse. Also, while the title is Sexual Identity, it covers many topics quickly and without going into any meaningful depth. In addition, the video keeps mentioning "choices" when talking about sexual identity and orientation which I find problematic. While appearing to try to cover stereotypes, the presentation reinforces those same stereotypes. I would prefer more in-depth lessons that are engaging for my students.

### *Reviewer 109: Grades 6-8, 9-12*

Much of the writing on the screen is hard to read. Accents are very noticeable which will make some kids disconnect. I found the video boring and it did not keep my attention. The title of the movie was identity, but half of the movie was about sexual relationships. I also felt like there were times where they were "giving permission" for kids to have sex, which will not go over well with many parents.

### *Reviewer 111: Grades 6-8, 9-12*

I like the information but would rather teach the concepts to students myself (using lecture, discussion, activities). The video does not interview individuals of groups being talked about (which is preferred for any educational video). It only presents info. It is a hetero-normative piece of media that plays into stereotypes. There are limited definitions of sexual identity.

*Reviewer 112: Grades 6-8, 9-12*

The term "sexual identity" as used seemed confusing, as it included sexual orientation, gender roles and stereotypes, and inaccurate use of the term "gender identity." At the hand of addressing stereotypes, this product actually reinforced several stereotypes (boys on skateboards, girls in dresses, visual portrayal only of heterosexual romantic partners, etc.) The process of "coming out" was overly simplified, not fully recognizing the challenges and potential dangers inherent in the process.

*Reviewer 113: Grades 9-12*

Puberty, sexual identity, etc. Topics were all over the map, incomplete on every subject addressed. The "chirpy" presentation was bland, like something that might have been produced by early middle school students.

*Reviewer 114: Grades 6-8, 9-12*

As an educator with 23 years of experience, I would not choose this video for a number of reasons such as: language used is out of date, incomplete information requiring supplementation, misleading title as multiple topics are touched on, and a focus on traditional heterosexual norms. Overall, the information presented may have been good for the time but has not kept up with the times.

*Reviewer 115: Grades 6-8, 9-12*

The content included in this video is outdated. I appreciate some of the messaging does (example: explains what the term homophobia is, how judgement of another's sexual orientation or gender identity is prejudice) but other messaging was incorrect. I would not show this video in my classroom.

*Reviewer 116: Grades 6-8, 9-12*

This short film may have positive intent to affirm diverse student identities and potential sexual behaviors, however its content is sequenced in a confusing manner and is ultimately unclear. Stereotypes (related to gender) are portrayed in ways with no counter narratives and may unintentionally lead to reinforcement of those same stereotypes. The film has cultural components (such as narrator accent and some important sexual health terms) that may not feel relatable to most students in the United States.

*Reviewer 117: Grades 6-8, 9-12*

The video briefly covers several topics of sexual health in a short time. The video feels as though it is a forced response to an issue and does not genuinely discuss sexual identity. The video also does not appeal to a diverse audience and seems to reinforce gender stereotypes even when talking about them.

*Accuracy Analysis Reviewer 101*

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*Accuracy Analysis Reviewer 125*

There is another error mentioned although it is not a medical issue per se. The narrative states that there is no science about what makes us happy. That is erroneous - there are many studies that identify

parts of the brain, neuroreceptors, etcetera that impact happiness. But in this context, that would be overkill, in my opinion